## GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD WITH PROMISE SPREAD, MILK, COFFEE & TEA - TARTAR SAUCE SERVED WITH FISH

CONGREGATE DINING RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
HELLO			1 ROAST PORK LOIN W/ Gravy & Applesauce Mashed Potatoes GREEN BEANS WATERMELON	2 CHICKEN SALAD PLATE MIXED GREENS w/ Cucumbers & Tomatoes MACARONI SALAD MIXED BERRIES w/ Whipped Topping
5 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRUIT COCKTAIL	6 CHICKEN DIVAN MONACO VEGETABLE MIX WHITE RICE TROPICAL FRUIT	7 FISH FLORENTINE SONOMA VEGETABLES MASHED POTATOES CHOCOLATE MOUSSE	8 ROAST BEEF W/ Gravy BAKED POTATO PEAS & CARROTS BROWNIE	9 CHICKEN CAESAR SALAD MEXICALI SALAD POTATO SALAD FRESH FRUIT
12 CHILI DOGS BAKED BEANS CARROTS TROPICAL FRUIT	13 CHICKEN PARMESAN ITALIAN GREEN BEANS WHOLE WHEAT PASTA PEARS	14 SALMON W/ Dill Sauce BRUSSELS SPROUTS RICE PILAF BANANA PUDDING	15 MEATLOAF W/ GRAVY BAKED POTATO CALIFORNIA VEGETABLE MIX CARROT CAKE  Nutrition Ed: Jewett site	16 SEAFOOD PASTA SALAD MIXED GREENS COLESLAW MACARONI SALAD CRANBERRY JUICE FRESH FRUIT
19 SLOPPY JOES BROCCOLI WHITE RICE TROPICAL FRUIT	20 TURKEY BURGER W/ Peppers & Onions PASTA SALAD CARROT COINS CHOC. CHIP COOKIES	21 PORK CHOP W/ Gravy MASHED POTATOES PEAS & CARROTS FRUITED JELL-O Nutrition Ed: Catskill	22 TORTELLINI W/SAUSAGE ZUCCHINI & DICED TOMATOES FRESH FRUIT	23 CRANBERRY CHICKEN SALAD MIXED GREENS BEET SALAD MACARONI SALAD FRESH FRUIT
26 BEER BATTERED FISH CALIFORNIA MIXED VEGETABLES POTATOES AU GRATIN PEARS	27 SWEET & SOUR CHICKEN ORIENTAL MIXED VEGETABLES WHITE RICE MANDARIN ORANGES & PINEAPPLE	28 SAUSAGE & PEPPERS SUB ITALIAN MIXED VEGETABLES ITALIAN PASTA SALAD BLONDIES	29 CHICKEN DIJON MASHED POTATOES BRUSSELS SPROUTS YOGURT PARFAIT	30 CHEF SALAD W/ HAM & SWISS POTATO SALAD COLD BEAN SALAD FRESH FRUIT