



THANK YOU!!!!

We have been trying to think of the right words to thank everyone that participated in the 2021 Senior Angels Campaign. It just doesn't seem that the words "Thank you" are enough.

The overwhelming response we received this year allowed us to brighten up 267 seniors' holidays.

This year with all of the issues - the pandemic, people out of work and events being cancelled, thanks to all of you, we managed to still raise \$16,008.06. An amazing, no an outstanding amount of money.

We especially want to thank the Athens Community Foundation for providing a \$2,500.00 grant towards our 2022 Thanksgiving Dinner.

What a way to kick off the New Year!!!

So whether you donated money, your time (wrapping), your time (helping with ordering gifts through Amazon, thank you Tanya and Erin), giving a donation at the Victorian Stroll or buying a lollipop or Angel Pendant, we say from the bottom of our hearts, thank you for everything you have done for us this year.

God Bless,

The Senior Angels Committee

Tami Bone, Mary Jean Pomilla, Rachel Wright and Ken Brooks



For Your Donations to the 2021 Senior Angels Program

Athens Senior Citizens Club

Cairo Crafters

Catskill Regional Women's Club

Diane Capobianco

Margaret M. Donahue

Harry Feineis

Margaret Hernandez, Greene Meadows Nursing Home

Helping Hands 12015

Honeyford Memorial American Legion Auxiliary Unit #110

Ellen Keifer

Kiskatom Reformed Church Veronika & Wayne Marquoit

Terry McGee Ward

Mountain Top Golden Agers

Karen & Bill Ormerod

Rotary Club of Greenville

Senior Citizens of Cossackie Club

Shook Insurance Agency LLC

Robin W. Smith

Tom & MaryAnn Tompkins

Jean & Clesson Bush

Catskill BPOE #1341

Catskill Silver Linings Senior Club

Cossackie-Athens Rotary Club

Joyce and Larry Federman

Tom & Linda Gentalen

Peggy Hester

Robert & Dena Lawrence

McGee - Ward Families

National Bank of Cossackie

Greggor Petrovic & Steve Goldberg

P. Schneider & Associates PLLC

Charles & Frances Serro

Gail E. Smith

Dee Sutherland

In Honor Of

Mrs. Renee Mathis for all she does

All the Senior Angels

In Honor and In Memory of Family and Friends

FEBRUARY IS BLACK HISTORY MONTH

with information from "National Today"

Black History Month, which is celebrated each year during February, is a chance for Americans to learn details of their nation's history that, unfortunately, are far too often neglected and pushed to the wayside. As the saying goes, black history *is* American history — and it's a varied and rich history. A wise nation honors and learns from its past. It refuses to let the most important facts about our shared and collective memory disappear into the depths of forgotten history. What happened in the past shapes and informs where we are heading in the future, and it's of paramount importance to set aside a month for learning as much as we can about Black history.

HISTORY OF BLACK HISTORY MONTH

Black History Month had its origins in 1926. It originally was only a week long. Famous historian Carter G. Woodson proclaimed the second week of February as the time to reflect and remember. Woodson chose February specifically because it covered the birthdays of Frederick Douglass (February 14) and Abraham Lincoln (February 12).

Since the inception of this event, the main focus was to encourage the teaching of the history of Black Americans in educational institutes, particularly at the primary level. The departments of education of Delaware, North Carolina, and West Virginia were very cooperative. The overall reception however was lukewarm.

In February 1969, the idea for Black History Month was promoted by Black students and educators at Kent State University, followed by the first celebration of Black History Month on campus and local surroundings one year later. Fast forward six years and Black History Month was widely being celebrated across the country, and not only in schools, colleges, and community centers. In 1976, President Gerald Ford praised Black History Month, urging all citizens to "seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history."

Through history, there have been numerous prominent black Americans. Martin Luther King, Jr., who fought for equal rights for Black people during the 1950s and '60s; Rosa Parks and Mamie Till-Mobley, two Black females who fought for social justice, civil rights and made their mark on American history; Thurgood Marshall, the first African American justice appointed to the United States Supreme Court in 1967; Mae Jemison, who became the first female African American astronaut to travel to space in 1992; Colin Powell, the first African American Secretary of State and served as United States national security advisor from 1987 to 1989 and as chairman of the Joint Chiefs of Staff from 1989 to 1993, and Barack Obama, who was the first African-American president of the U.S.

Here in Greene County, we have been honored to have several area African-American residents not only unselfishly serve the community but have been a support to this Department:



Ernie Armstead – Not only has Ernie given to Greene County, he is a retired FDNY EMT who was present at 9-11. Today he serves his church, as a RSVP volunteer and is a member of the Greene County Advisory Council to the Greene County Department for the Aging

Ernie Harris – Former member of the Greene County Advisory Council to the Greene County Department for the Aging, as well as President of Catskill senior citizens clubs. In his younger days, Ernie could be seen on the ball field playing softball.



Rebecca Shields - Rebecca served this Department for several years as an Ombudsman to area nursing homes. Prior to being certified for the title, she had to complete a 36-hour training. Rebecca was once quoted as saying “It does not matter what color the hand I hold, what matters is reaching out a hand to others.” In 2014, she was named Greene County Senior Citizen of the Year.

Though they have since passed away, we could not forget to mention:

Mae Jaycox – Mae was a strong supporter of RSVP and served as a dedicated volunteer. In 1997, she was named Greene County Senior Citizen of the Year.



Gloria Jones – Gloria was another strong supporter of RSVP and dedicated medical transportation driver after she retired. In 2007, she received the Martin Luther King Jr Community award in Greene County

We thank these local “heroes” for their service to Greene County, and know that they are just a few. It is hoped that others will see them as role models and be inspired to follow in their footsteps.



Volunteer Services

Americans 55+ have a lifetime of experience to share and the desire to make a real difference in their world. Now they are ready to put their unique talents and expertise to work in their communities, and enrich their own lives in the process. AmeriCorps Seniors can help them connect with others that need them the most.

Senior volunteers make a contribution that suits their talents, interests and availability. Some serve in teams while others go it alone. Everyone has unique gifts to share and our volunteers make significant contributions by putting their best talents to work. The high number of senior volunteers and their level of commitment make them an essential resource in meeting critical community needs.

AmeriCorps Seniors volunteers must be 55 years of age or older. They can choose how, where, and when they want to serve, with time commitments starting from as little as an hour a week. As a volunteer, you will receive pre-service orientation and training for your volunteer station. AmeriCorps Seniors volunteers can be reimbursed for mileage expenses incurred.

When you volunteer, you're not just helping others - you're helping yourself. Volunteering leads to new discoveries and new friends. Studies have shown that volunteering helps you live longer, promotes a positive outlook on life as it leads to lower rates of depression in individuals 65 and older. Helping others makes people healthier and happier. Of course, please note, we welcome volunteers of any age!

Through the Department of Human Services, AmeriCorps Seniors offers the following volunteer opportunities:

Homebound Meal Delivery

Telephone Reassurance

Rivertown Thrift Shop Crafters' Groups

Homebound Transportation Driver

Congregate meal sites volunteer

Greene County Youth Bureau

We also have numerous volunteer opportunities with other agencies in the community:

AARP Athens Cultural Center Catholic Charities Community Hospice

Community Action of Greene County Greene County Council of the Arts

Greene Medical Arts Center Area Nursing Homes

The Department of Human Services sponsors the county's AmeriCorps Seniors and is always looking for new volunteers. Giving of your time to help others is extremely satisfying. Volunteers play a vital role in area communities by contributing their talents and experience.

If you think you may be interested in becoming a volunteer, take the next step. You can find our registration application on the department's web site under Volunteer Services/Forms. Please complete it & return to our mailing address or email address. Once we have received your application, it will be reviewed and a background check will be completed. Or you can call, Ruth Pforte, RSVP Volunteer Coordinator, at 518-719-3555. Shortly thereafter, you will be notified of the decision to accept you as a volunteer for the Greene County Department of Human Services, AmeriCorps Seniors.

WANTED

**GREENE COUNTY DEPARTMENT
OF HUMAN SERVICES
IS DESPERATELY LOOKING
FOR VOLUNTEER DRIVERS
TO ASSIST HOMEBOUND
SENIOR CITIZENS
BY DELIVERING MEALS AND/OR
PROVIDE TRANSPORTATION
TO MEDICAL APPOINTMENTS.**

**VOLUNTEERS CAN TELL US WHAT
DAYS AND/OR TIMES AVAILABLE
AND WE WILL SCHEDULE
APPROPRIATELY.**

**CONTACT RUTH PFORTE,
GREENE COUNTY
RSVP VOLUNTEER COORDINATOR
518-719-3555**

PRICELESS REWARD!



GREENE COUNTY VETERANS SERVICE AGENCY **HONOR A VET PROGRAM**

GREENE COUNTY HONOR A VET (MAY)

Deadline to Nominate: 3rd Tuesday in March

Ceremony will typically be on Armed Forces Day (Saturday prior to Memorial Day Weekend)

GREENE COUNTY HONOR A VET VETERAN OF THE YEAR CEREMONY (NOV)

Deadline to Nominate: Tuesday after Labor Day

Ceremony will typically be on 1st Saturday of November

ELIGIBILITY AND INSTRUCTIONS

RESIDENCY: Nominee shall be a long-term resident of Greene County who has continued to maintain strong ties to the county up to date of nomination.

MILITARY SERVICE: Veteran must have served honorably in any branch of U.S. Military on Active Duty or activated with the Guard or Reserves.

PROFILE: The packet includes a three-page profile form and two (2) additional lined pages to write out a brief biography of the candidate's military service. Fill in the profile form completely; and, use the blank lined pages to elaborate on the details of the candidate's military career and community service, if applicable: e.g., how he/she decided to join, or if they were drafted, where they went through training, what they did in the military: their job title and description of their duties, geographical locations they went to, war(s) or war era(s) they served in, experiences they had, and an account of how they received any medals or awards; did they participate in community organizations such as the American Legion or VFW, or the Elks, Rotary Club etc. Did they work with youth? Volunteer at Church? You may add any other information you feel is pertinent.

Please ensure that all information provided is true and accurate. Verification must be submitted of military service and all awards, medals, honors etc. that you have claimed to be true and accurate. Any award that cannot be verified by documentation will be omitted from the application before submitted to the Committee for selection. Any application found or known to contain notable inaccuracies will not be submitted to the Committee for selection.

NOMINATIONS: Please send all nominations directly to Greene County Veterans Service Agency at 159 Jefferson Heights, Suite D-303, Catskill, NY 12414, in person, or by mail. Submissions may also be uploaded and e-mailed to veterans@discovergreene.com. For questions or clarification of instructions, please call Greene County Veterans Service Agency at (518) 943-3703. Dates are subject to change



FEBRUARY NUTRITION NOTES



By Nicole Gehman, MS, RD, CD-N

American Heart Month is here again. February is a time to enhance our knowledge and raise awareness about cardiovascular health. Year round, we can focus on prevention, as well as maintaining heart health. Heart disease is still the leading cause of death in America. High blood pressure, also referred to as hypertension, is a major risk factor for cardiovascular events.

Controlling sodium in the diet can help regulate blood pressure. If you have been diagnosed with hypertension, your medical doctor or registered dietitian may recommend the DASH Diet, or Dietary Approaches to Stop Hypertension. It is a diet rich in fruits and vegetables, whole grains, lean protein, and low-fat dairy. In addition, there are several dietary strategies to maintain a lower sodium diet.

Limit processed foods, or foods that are canned, frozen, or packaged. Salt is added to increase the shelf life of these foods. If buying canned foods, look for “no salt added” on the label. Rinsing canned items such as vegetables will also reduce the salt content. Packaged or boxed items are high in sodium. A tip- shop the outer perimeter of the grocery store. Most packaged foods are within the inner aisles.

A teaspoon of table salt is about 2300 milligrams of sodium (which is a typical target for a heart healthy diet). When we eat foods that naturally have sodium or salt added, and routinely add salt to food, the amount can get excessive. Try salt free seasonings like Mrs. Dash and cook with herbs and other spices for aromatics. Decrease salt from the shaker.

Familiarize yourself with how to read nutrition facts labels. Salt is referred to as sodium on the label. The amount of sodium per serving is required to be listed. A “low sodium” product will contain less than 140 mg per serving.

Cured meats such as sausage, bacon, hotdogs, ham, deli meat, and corned beef are extremely high in salt. Limit these things to special occasions or enjoy a very small portion. Fresh meat, fish, poultry, low-sodium tuna fish, eggs and egg whites are all OK and very low in sodium.

Ask your local grocery store if they have a registered dietitian you can speak to about low sodium options. Or you can always call the main office at (518) 719-3555 to request an individual nutrition referral. Your dietitian is always available.



GREENE COUNTY SENIOR SERVICE CENTERS

Each site serves the noon-time menu item for the day, Monday - Friday, for a suggested contribution of \$4.00. All meals include: Meat/Alternative Entrée, Vegetables & Fruit, Bread, Milk & Dessert. Menu is subject to change based on product availability and circumstance. Centers are closed on legal holidays and inclement weather.

If you wish lunch from any of the nutrition sites, you must make sure to sign-up or call the center at least a day in advance. We also ask if you have signed up and become unable to show, please call us as soon as you can to cancel. This helps to reduce our food waste. Also, if you have been receiving a home delivered meal due to COVID & now decide to go to a center for lunch, please be sure to notify the center to make the change.

If you would like lunch at either Athens or Catskill & need transportation, please call Rose at the main office to schedule.

ACRA

Acra Community Center,
Old Rte. 23, Acra
(518) 622-9898

Anna Thurman
Meal Site Manager
Elaine Cherrington

ATHENS

Rivertown Senior Center
39 Second Street, Athens
(518) 945-2700

Shane Dillon,
Senior Center Manager
JoJo Rouse,
Central Kitchen Manager

JEWETT

Jewett Municipal Building
3547 Route 23C, Jewett
(518) 263-4392

Gayle Ruvolo
Meal Site Manager
Sal Alberti

CATSKILL

Robert C. Antonelli
Senior Center
15 Academy Street,
Catskill



COXSACKIE




Town of Coxsackie
Senior Center
127 Mansion Street,
Coxsackie



GREENE COUNTY SENIOR NUTRITION PROGRAM

**ALL PERSONS, AGE 60 & OLDER (AND SPOUSES) ARE INVITED TO RECEIVE - SUGGESTED DONATION IS \$4.00
SERVED DAILY: BREAD WITH PROMISE SPREAD - TARTAR SAUCE SERVED WITH FISH
LUNCH RESERVATIONS FOR TAKE-OUT ARE REQUIRED AT LEAST A DAY IN ADVANCE
BY CALLING THE APPROPRIATE CENTER**

MENU IS SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY AND CIRCUMSTANCE.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 CHICKEN DIJON MASHED POTATOES BROCCOLI PEARS	2 SEAFOOD FLORENTINE SAUTÉED MIXED VEGETABLES GREEN BEANS WHITE RICE RICE PUDDING w/ Raisins	3 RAVIOLI MARINARA w/ Meatball ITALIAN MIXED VEGETABLES SPINACH FRESH FRUIT	4 CHICKEN & BISCUITS w/ Gravy PEAS/CARROTS MASHED POTATOES FRESH FRUIT
7 SLOPPY JOES CAULIFLOWER/BROCCOLI MEDLEY POTATO SALAD TROPICAL FRUIT	8 BAKED SALMON w/ Dill Sauce PEAS/CARROTS V8 JUICE BROWN RICE PILAF CHOCOLATE CHIP BANANA BREAD	9 ROAST PORK w/ Gravy APPLESAUCE BRAISED CABBAGE SPICED APPLE RINGS	10 MEATLOAF w/ Gravy MASHED POTATOES CARROT COINS CHOCOLATE MOUSE MIXED BERRIES	11 MACARONI & CHEESE 3 BEAN SALAD STEWED TOMATOES FRESH FRUIT
14 CHICKEN DIVAN MONACO VEGETABLE MIX WHITE RICE MANDARIN ORANGES	15 TACO TUESDAY CORN TOMATOES/BEANS SPANISH RICE CHOCOLATE BIRTHDAY CUPCAKE	16 PORK CHOP w/ Gravy APPLESAUCE SWEET POTATOES GREEN BEANS BANANA MOUSSE	17 VEGETABLE LASAGNA w/ White Sauce GARDEN SALAD ITALIAN VEGETABLES BROWNIE	18 HUNGARIAN GOULASH MIXED VEGETABLES EGG NOODLES FRESH FRUIT
21 MAIN OFFICE & ALL SENIOR NUTRITION SITES CLOSED 	22 BBQ CHICKEN THIGHS BAKED BEANS COLLARD GREENS PINEAPPLE CHUNKS	23 SEAFOOD SCAMPI LINGUINI SPINACH WAX BEANS COOKIES	24 CHICKEN PARMESAN w/ Penne TOSSED SALAD GREEN BEANS CHOCOLATE MOUSSE	25 BEER BATTERED FISH MONACO VEGETABLE MIX RICE PILAF FRESH FRUIT
28 BAKED MANICOTTI SAUSAGE GREEN BEANS ITALIAN MIXED VEGETABLES PEARS				

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Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>1</i></p> CHICKEN DIJON MASHED POTATOES BROCCOLI PEACHES	<p><i>2</i></p> SALMON w/ Dill Sauce SCALLOPED POTATOES CAULIFLOWER PEANUT BUTTER COOKIES 	<p><i>3</i></p> MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD FRESH FRUIT	<p><i>4</i></p> SEAFOOD SCAMPI LINGUINI SPINACH TOMATOES/ZUCCHINI FRESH FRUIT
<p><i>7</i></p> CHICKEN DIVAN CARROTS BROWN RICE FRUIT COCKTAIL	<p><i>8</i></p> STUFFED SHELLS MARINARA w/ MEATBALL BROCCOLI CAULIFLOWER TROPICAL FRUIT	<p><i>9</i></p> BBQ PULLED PORK COLE SLAW BAKED BEANS COLLARD GREENS CHOCOLATE MOUSSE	<p><i>10</i></p> HUNGARIAN GOULASH MONACO MIXED VEGETABLES EGG NOODLES FRESH FRUIT	<p><i>11</i></p> FISH FLORENTINE SAUTÉED MIXED VEGETABLES GREEN BEANS RICE PILAF RICE PUDDING w/ Raisins
<p><i>14</i></p> BEEF CHILI MIXED VEGETABLES BROWN RICE PEARS	<p><i>15</i></p> SWEET & SOUR CHICKEN PINEAPPLE ORIENTAL VEGETABLES WHITE RICE MANDARIN ORANGES	<p><i>16</i></p> ROASTED CHICKEN QUARTERS w/ Gravy CORN MASHED POTATOES CHOCOLATE CHIP COOKIES	<p><i>17</i></p> CORNED BEEF & CABBAGE* CARROTS BOILED POTATOES IRISH SODA BREAD CHOCOLATE CAKE w/ Andes Mints * Low Sodium Diet Subst: Grilled Chicken Thigh 	<p><i>18</i></p> BEER BATTERED FISH COLESLAW BROCCOLI SCALLOPED POTATOES FRESH FRUIT
<p><i>21</i></p> SLOPPY JOES CAULIFLOWER CORN TROPICAL FRUIT	<p><i>22</i></p> CHICKEN DIJON ITALIAN MIXED VEGETABLES MASHED POTATOES PINEAPPLES	<p><i>23</i></p> HOT TURKEY DINNER w/ Gravy CRANBERRY SAUCE GREEN BEANS MASHED POTATOES PUMPKIN PIE	<p><i>24</i></p> PORK CHOP w/ Gravy & Applesauce SWEET POTATOES PEAS & CARROTS FRESH FRUIT	<p><i>25</i></p> EGGPLANT PARMESAN ITALIAN MIXED VEGETABLES TOSSED SALAD LINGUINI FRESH FRUIT
<p><i>28</i></p> CHICKEN & BISCUITS CALIFORNIA VEGETABLE MIX MASHED POTATOES LEMON PUDDING w/ Graham Cracker Crumbs	<p><i>29</i></p> TACO BAKE CORN/TOMATOES & LIMA BEAN MEDLEY SPANISH RICE BUTTERSCOTCH PUDDING	<p><i>30</i></p> TURKEY BURGER w/ Peppers & Onions CARROTS SCALLOPED POTATOES FRUITED JELL-O	<p><i>31</i></p> CHICKEN PARMESAN TOSSED SALAD ITALIAN MIXED VEGETABLES ROTINI FRESH FRUIT	

Thank you to the Carolers from the Robert C. Antonelli Senior Center for visiting the Greene County office building back during the Christmas holiday and entertaining all with a few carols. It helped make the season merry & bright.



CHRISTMAS LUNCHEON AT RIVERTOWN



GREENE COUNTY DEPARTMENT of HUMAN SERVICES
CONTRIBUTIONS POLICY



For services under the Older Americans Act and in Community Services for the Elderly and Expanded In-Home Services for the Elderly projects which propose contributions, such contributions must be used for costs allowable under applicable regulations and incurred during the budget period that contributions were received. The suggested contributions will not be more than the actual cost of the service. The purpose is to offer participants the opportunity to contribute and to increase the units of services, particularly to those in greatest need. Envelopes are provided to participants that desire to make voluntary and confidential contributions.

Services will not be denied to anyone unable or unwilling to make a contribution.

CONSULTATION and ASSISTANCE: This includes such client assistance activities as case assistance, HIICAP, help with public benefit applications, etc. The suggested level is \$5.00 per office visit (*Actual cost \$20.00/hour*).

IN-HOME SERVICES: This is discussed with the client by the case manager at the time of assessment. The suggested level of contribution is \$3.00 per hour (*Actual cost \$21.56/hour*).

LEGAL SERVICES: The suggested level of contribution is \$10.00 per consultation (*Actual cost \$149.00/hour*).

NUTRITION:

Senior Congregate Meal or Home Delivered Meals: The suggested level of contribution is \$4.00 (*Actual cost \$15.00/meal*).

Nutrition Counseling: Clients requesting diet counseling from the Registered Dietitian are provided with an opportunity to contribute. The suggested level of contribution is \$5.00. (*Actual cost \$65.00/hour*).

TRANSPORTATION:

Senior Center Transportation: The suggested contribution is \$1.00 for round trip (*Actual cost: \$7.34/one way*).

Medical (Homebound) Transportation: The suggested contribution for this service is a sliding scale based on mileage

0 – 10 miles	\$3.00 round trip
11 – 20 miles	\$5.00 round trip
21 – 40 miles	\$9.00 round trip
41+ miles	\$15.00 round trip

(Actual cost is \$29.62 one-way trip, maximum mileage)

Remember to make checks payable to Greene County Department of Human Services & note in memo the service.

THANK YOU FOR YOUR SUPPORT

As the number of seniors grows, so does the need for our vast array of services. The Department of Human Services encourages and appreciates donations. If you or your family are in a position to do so, please fill out the form below. One hundred percent of your contribution will be used to provide service to another older adult in need.

NAME: _____

ADDRESS: _____

I designate a \$ _____ donation in appreciation for services **OR**

In memory of _____ to the following:

_____ Round Table News _____ In-home services _____ Senior Angels Program
_____ Nutrition Program/Home-delivered Meals _____ Round Table News
_____ Homebound transportation _____ Where most needed

Make checks payable & mail to:
Greene County Dept. of Human Services
411 Main Street
Catskill, N.Y. 12414



THANK YOU ATHENS SENIOR CITIZENS CLUB

The Greene County Department of Human Services Senior Angels Committee would like to thank the members of the Athens Senior Citizens Club for their donation. Seen in photo is Club President Al Ramm presenting the donation to Senior Angels Co-Chairman Ken Brooks.



LOW-INCOME SUBSIDY (LIS) LIMITS ANNOUNCED FOR 2022

Center for Medicaid and Medicare Services (CMS) has released the resource limits for the Low Income Subsidy (LIS) program for 2022. There are two levels of assistance, full and partial LIS.

In 2022, for a single person, the resource limit will be \$9,900 for full LIS and \$15,510 for partial LIS. For a married person, the limit will be \$15,600 for full LIS and \$30,950 for partial LIS. These numbers include a \$1,500 deduction allowed to be made if beneficiaries notify SSA that they expect to use some resources for burial expenses.

As a reminder, if a beneficiary is enrolled in the Medicare Savings Program (MSP), they should already automatically receive LIS, whether or not they are eligible for LIS as an independent program. LIS is a federal program, whereas the MSP operates on a state level, so MSP (in NYS) does not have a resource limit while LIS does. Even if a beneficiary exceeds the resource limit for LIS, if they are enrolled in the MSP, they would automatically receive full LIS

Types of Medicare Savings Programs

Low-Income Subsidy (LIS)

- ★ Federal assistance program to help low-income Medicare beneficiaries
- ★ Provides reduced Part A, Part B, and/or Part D premiums, deductibles, and copays
- ★ Amounts vary depending on income and resource limits



like us on
facebook®



All of our events may be found on the [NYSOFA Upcoming Events Page!](#)

GREENE COUNTY SENIOR CITIZENS CLUBS



ATHENS
ATHENS SENIOR CITIZENS
2nd & 4th monthly Monday
1:15 p.m.
Rivertown Senior Center

CAIRO:
CAIRO GOLDEN AGERS
2nd & 4th monthly Wednesday
1:30 p.m.
Acra Community Center

CATSKILL:
CATSKILL SILVER LININGS
2nd monthly Thursday
1:00 p.m.
Robert C. Antonelli Senior Center

COXSACKIE AREA SENIORS
2nd & 4th monthly Wednesday
1:00 p.m.
Van Heest Hall, Bethany

COXSACKIE:
SENIOR CITIZENS of COXSACKIE
1st & 3rd monthly Monday
2:00 p.m.
Town of Coxsackie Senior Center

GREENVILLE
GREENVILLE GOLDEN YEARS
1st monthly Wednesday
1:00 p.m.
American Legion Hall

MOUNTAIN-TOP:
MOUNTAIN TOP GOLDEN AGERS
4th monthly Thursday
1:30 p.m.
Tannersville Fire Hall

W-A-J-P-L GOLDEN AGE CLUB
1st & 3rd Monday
1:00 p.m.
Windham Town Building

News From the Greene County Youth Bureau

NOMINATIONS SOUGHT for 2022 YOUTH OF THE YEAR AWARD

The Greene County Children, Youth & Community Advisory Board is again sponsoring the annual Greene County Youth Awards (Youth of the Year, Chairman's Choice, and Director's Choice). The purpose of the awards are to recognize the outstanding contributions and achievements of Greene County youth who have made outstanding contributions in serving his/her community through leadership, knowledge, skill and/or service. The dedication of these young people help make Greene County a better place for us all.

If you know a young person, in Grade 9 -12, who deserves this recognition, you can find a nomination form available on our web site:

<https://www.greenegovernment.com/departments/human-services/youth>

or you can contact the Greene County Department of Human Services at (518) 719-3555. From the nominations received, the youth will be evaluated by the selection committee to determine this year's winner.

Any inquiries for further information may also be directed to the department. Deadline for entries is March 31, 2022.

**YOUTH
RECOGNITION
AWARDS**

JANUARY 3, 2022

GREENE COUNTY YOUTH BUREAU 2022 FUNDING

We are requesting proposals for the Greene County Youth Bureau Funding for youth programs sponsored by any 501(c)(3) (Non-profit tax-exempt charitable organization per IRS).

The deadline for this RFP is Friday, February 25, 2022.

The application must include:

- List of current Board members with contact information and employer noted
- List of board members or staff who are authorized to sign claims.
- OCFS-5001 Program Application (*Municipalities are to be signed by Chief Elected Official*).
- OCFS-5002 Program Profile
- OCFS-5003 Program Components
- OCFS-5005 Program Budget

If your application packet will be the same as in the past, kindly send us an email & state you wish your 2021 grant "recycled". In this case, we will only require Form OCFS-5001 with an original signature mailed to: Greene County Human Services (Youth Bureau), 411 Main Street, Catskill N. Y. 12414. Response must be made to mmurphy@discovergreene.com.

All applications are to include **only one** Life Area with the goals & objective for the program. In addition, the Services, Opportunities & Supports (SOS) & Performance Measures must be entered on the application.

Historically, the average grant award has been between \$1,000 and \$3,000.

All OCFS forms are available on the web site,
<http://greenegovernment.com/departments/human-services/youth-resources>

No 2022 grant application will be reviewed if the 2021 grant Program Annual Report and the Expenditure Summary Reports (OCFS 3125, 3126-3129 as applicable) w/ supporting documentation have not been submitted.

Please call (518) 719-3555 for assistance.

888-677-1199

Monday-Friday
9 a.m. to 8 p.m. ET

Or email
[DIAL@usaging
anddisability.org](mailto:DIAL@usaginganddisability.org)

DISABILITY INFORMATION AND ACCESS LINE (DIAL)

COVID-19 vaccination support for people with disabilities



Help finding
local vaccination
locations



Assistance with
vaccination
appointments



Connecting
callers to local
support services



Answering
common vaccine
questions



Locating
resources to
address concerns

CONNECT WITH ESSENTIAL SERVICES

The hotline can also connect callers to services that promote independent living and address fundamental needs like food, housing, and transportation.

DIAL was created through a partnership between the Administration for Community Living (ACL) and the Centers for Disease Control and Prevention (CDC) to help older adults and people with disabilities get COVID-19 vaccines. It is run as a collaboration between USAging and a group of organizations serving people with disabilities, including:

- Association of Programs for Rural Independent Living (APRIL)
- Association of University Centers on Disabilities (AUCD)
- Independent Living Research Utilization (ILRU)
- National Association of Councils on Developmental Disabilities (NACDD)
- National Council on Independent Living (NCIL)
- National Disabilities Rights Network (NDRN)
- The Partnership for Inclusive Disaster Strategies

Learn more about DIAL at [ACL.gov/dial](https://acl.gov/dial).



ACL is an operating division of the U.S. Department of Health and Human Services.



Like or follow the Disability Information and Access Line (DIAL) on [Facebook](#) and [Twitter](#)!

DIAL is the only national call center that is dedicated to supporting people with disabilities and their families on issues related to COVID-19. Callers can correspond with staff in any language at 888-677-1199 from 9:00 am to 8:00 pm ET, Monday-Friday or by sending an email to DIAL@usaginganddisability.org for help and access to local resources. DIAL is administered by USAging.



AFFORDABLE CONNECTIVITY PROGRAM

WHAT IS IT?

The Affordable Connectivity Program is an FCC program that helps connect families and households struggling to afford internet service.

The benefit provides:

- Up to \$30/month discount for internet service;
- Up to \$75/month discount for households on qualifying Tribal lands; and
- A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.

WHO IS ELIGIBLE?

A household is eligible if one member of the household meets at least one of the criteria below:

- Has an income that is at or below 200% of the Federal Poverty Guide lines;
- Participates in certain assistance programs, such as SNAP, Medicaid, Federal Public Housing Assistance, SSI, WIC, or Lifeline;
- Participates in Tribal specific programs, such as Bureau of Indian Affairs General Assistance, Tribal TANF, or Food Distribution Program on Indian Reservations;
- Is approved to receive benefits under the free and reduced-price school lunch program or the school break fast program, including through the USDA Community Eligibility Provision;
- Received a Federal Pell Grant during the current award year; or
- Meets the eligibility criteria for a participating broadband provider's existing low-income program.

TWO STEPS TO ENROLL

1

Go to [ACPBenefit.org](https://www.fcc.gov/acpbenefit) to submit an application or print out a mail-in application.

2

Contact your preferred participating provider to select an eligible plan and have the discount applied to your bill.

Some providers may have an alternative application that they will ask you to complete.

Eligible households must both apply for the program and contact a participating provider to select a service plan.

LEARN MORE

 Call 877-384-2575, or

 Visit [fcc.gov/acp](https://www.fcc.gov/acp)





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(518) 719-3555 Toll Free (877) 794-9266

aging@discovergreene.com

EXECUTIVE DIRECTOR - THÉRÈSE MCGEE WARD

BUSINESS MANAGER: Ken Brooks

AGING DEPARTMENT COORDINATORS:

Aging Services - Connie Bentley

Nutrition - Tezera Pulice

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CASEWORKERS:

AGING

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Tami Bone

YOUTH

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AGING SERVICES AIDE:

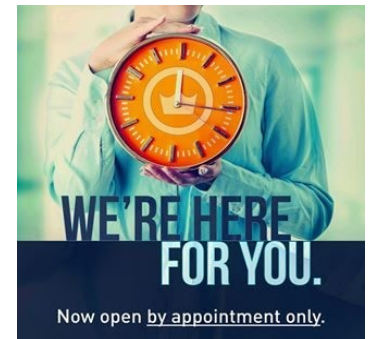
Rose Bundy

RECEPTIONIST:

Mary Jean Pomilla

CHAUFFEUR:

Patrick Murphy



The office is open 8:30 a.m. - 5:00 p.m. Monday thru Friday, though staff are unavailable between 12:00 p.m. and 1:00 p.m. Agency staff specialize in a variety of subjects. **Staff are available by appointment only. Please call our main office to schedule an appointment if you need to meet with a staff member.**

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For individuals with disabilities or language interpretation needs, requests for reasonable accommodations should be made with at least five days notice.

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