

SENIOR CITIZEN'S ROUNDTABLE NEWS

AUGUST 2012

Published by Greene County Department for the Aging since 1976

INFORMATION BULLETIN

TO: First Responders

FROM: New York State Sheriffs' Association



Look for the **YELLOW DOT**



Yellow Dot is a life-saving program, started in Connecticut in 2002 by People's United Bank, which has spread across the country. The New York State Sheriffs' Association is spearheading an effort to establish the Yellow Dot program across New York State by making it available to all County Sheriffs.

Yellow Dot kits are available for free. Request one at:
www.nysheriffs.org/yellowdot

Or stop in the Greene County Department for the Aging's office & pick-up one.



Yellow Dot is a free program designed to help first responders provide life-saving medical attention during that first "golden hour" after a crash or other emergency.

The **Yellow Dot** kit contains a medical information card and a Yellow Dot decal. Participants:

- Complete the card in pencil.
- Attach a recent photo.
- Place it in car's glove compartment.
- Place the Yellow Dot decal on the rear driver's side window.



At home, participants:

- Place a Yellow Dot decal near the front door
- Place a completed card in the freezer compartment of the refrigerator.

At the scene of a vehicle emergency, look for the Yellow Dot on the rear driver's side window and find vital medical information in the glove compartment. Transport the card with the patient to the hospital.



At the scene of an emergency in a home, look for the Yellow Dot on or near the front door and find vital medical information in the freezer. Transport the card with the patient to the hospital.

Spread The Word

Yellow Dot only works if first responders know to look for it. Please share this information with your colleagues. You can also go to www.nysheriffs.org/yellowdot for more information.

Senior Service Center Activities

SENIOR CITIZEN'S ROUNDTABLE NEWS

is published monthly
for senior citizens by
**GREENE COUNTY
DEPARTMENT
FOR THE AGING**
a department of
Greene County government.

Free copies are distributed
throughout the County.

**If you would like to receive
via e-mail,
please send a note to:
aging@discovergreene.com**

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for the Aging
is funded by
Greene County;
The Older Americans Act;
NYS Community Services
for the Elderly,
Supplemental Nutrition
Assistance,
Expanded In-Home
Services Programs,
Health Insurance
Information, Counseling &
Assistance, and the
Corporation for National and
Community Service

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Toll-free (877)794-9266
FAX # 719-3798
aging@discovergreene.com

**Executive Director
Therese McGee Ward**

Director of Aging Services
Connie Bentley

Nutrition Services
Tezera Hoovler

Greene County Department for
the Aging has five congregate
senior service centers through-
out the county:

* **Acra Senior Service Center**
Acra Community Center,
Old Rte. 23B, Acra
(518) 622-9898

* **Catskill Meal Site**
*At Washington Irving Senior
Center*
15 Academy Street, Catskill
(518) 943-5820

* **Coxsackie Senior Center**
Mansion Street, Coxsackie
(Former Knights of Columbus
Hall)
(518) 731-8901

* **Jewett Senior Service
Center**
Jewett Municipal Building
Route 23C, Jewett
(518) 263-4392

* **Rivertown Senior Center**
2nd & Warren St., Athens
(518) 945-2700

CONGREGATE MEALS

Each senior service center
serves a hot noon-time lunch,
Monday— Friday for a sug-
gested donation of \$3.00.

All congregate meals include:

- Hot Entrée
- Vegetable & Fruit
- Whole grain bread
- Dessert

We ask that you call at least
one day ahead to make sure
you are included in the lunch
count

ACTIVITIES:

- DFA Outreach
- Exercise Classes
- Crafts
- Blood pressure monitoring
- Cards & Games
- Holiday brunches

PROGRAMS FROM D. R. EVARTS LIBRARY at RIVERTOWN SENIOR CENTER, ATHENS

TAKING LIBERTIES

“**Four Stories High**” is a female storytelling quartet
formed over 20 years ago. The quartet will be your guide
to “Taking Liberties” - stretching time, breaking barriers,
suspending beliefs and helping to become free.

Friday August 17 at 1pm



2012 DRIVER SAFETY PROGRAMS

Carroll Watson, AARP Instructor

Questions?

Call Carroll at 945-3301

Become a safer driver!

Possible discount on auto insurance premium!

Must be age 50 or older
and possess a valid **NYS** drivers license

**To register for any class,
call Maureen Sullivan 943-3291**

FALL DATES

Tues Sept 4/Wed Sept 5	Jewett Senior Center
Thurs Sept 18/Fri Sept 19	Coxsackie Senior Center
Mon Oct 15/Tues Oct 16	Rivertown Sr. Center, Athens
Thurs Oct 18/Fri Oct 19	Acra Senior Center

CLASS DATES/LOCATIONS

All Classes are 1 – 4 pm

COST FOR COURSE:

\$17.00—AARP members

\$19.00—Non-members



SENIOR SERVICE CENTERS ACTIVITIES CALENDAR

**ACRA SENIOR CENTER
OLD ROUTE 23B, ACRA
622-9898**

DFA Outreach:
2nd monthly Weds
11 am

Cairo Crafters:
1st & 3rd monthly Weds.
1 pm

**RIVERTOWN SENIOR CENTER
2ND & WARREN STS.
ATHENS
945-2700**

DFA Outreach:
2nd Mon, 11am

BINGO:
Wednesdays, 10:30 am

Blood Pressure:
3rd Thurs, 10:30

Crafters:
2nd & 4th Tues, 1pm

Exercise Class:
Tues & Fri, 10:30

Games & Cards:
Thurs: 1:15—4pm

**JEWETT SR. SERVICE CENTER
JEWETT MUNICIPAL BUILDING
ROUTE 23C, JEWETT
263-4392**

DFA Outreach:
4th monthly Fri - 11 am

Blood Pressure:
2nd monthly Tues - 11 am

**WASHINGTON IRVING
SENIOR CENTER
15 ACADEMY STREET, CATSKILL
DINING ROOM 943-5820**

2nd Thurs of month:
DFA Outreach

MAIN OFFICE PHONE 943-1343

Weekly Activities

Mon: Crafters - 1 pm

Tues:
Line Dancing - 10:30 am
Weight Watchers - 11 am
Cards & Games - 1 pm

Wed:
Water Colors - 10am
BINGO - 10:30 am
Movie of Week - 1pm

Fri:
Exercise Class - 11 am

Monthly Birthdays
celebrated:
2nd Tues. of month
11am



The Coxsackie-Athens Rotary Club recently donated a pergola, as well as a picnic table to the Rivertown Senior Center. In above photo, Richard Golden (C-A Rotary), Athens seniors Catherine Esposito, Marge Gildersleeve, Emily Brunner, Tami Bone (Senior Center manager), Ed Bloomer (C-A Rotary) and Rivertown volunteer Bertha Jurcik. Rivertown Senior Center extends a special thank you to Richard and Ed for being gracious enough to not only deliver the unit, but also to assemble them.

**COXSACKIE SENIOR CENTER
127 MANSION STREET, COXSACKIE
731-8901**

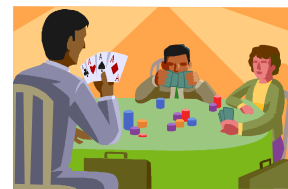
DFA Outreach:
3rd monthly Mon, 11 am

Blood Pressure:
2nd monthly Mon., 11 am

Exercise Class:
Tuesday & Thursday, 10:30 am

Knitting:
Tuesday, 11am

Line Dancing:
Friday, 10am




SENIOR FUN & GAMES DAY
Cards & other games
Wednesday August 8th
1:30pm - 4:00pm
Coxsackie Senior Center

*Sponsored by
Senior Citizens of Coxsackie Club*

GREENE COUNTY SENIOR SERVICE CENTERS NUTRITION PROGRAM

ALL PERSONS OVER AGE 60 CAN ATTEND LUNCH at ANY of OUR SITES - SUGGESTED DONATION IS \$3.00

All meals include Whole Grain Bread with Promise spread; Milk; Coffee and Tea

	Monday	Tuesday	Wednesday	Thursday	Friday
AUG. 1 - 3		SPECIAL 40TH ANNIVERSARY DINNER MENU: ROAST TURKEY w/ Cranberry Sauce MASHED POTATOES PEAS w/Pearl Onions DINNER ROLL 40 th ANNIVERSARY CAKE	ROAST PORK w/Gravy FRESH SWEET POTATO BROCCOLI CARROT BIRTHDAY CAKE <i>Diet Dessert Subst 2" plain cake</i>	CHICKEN CAESAR SALAD POTATO SALAD GARDEN VEGETABLE SALAD TROPICAL FRUIT	CHEESE LASAGNA ITALIAN BLEND VEGETABLES TOSSED GREEN SALAD ITALIAN BREAD WATERMELON
AUG. 6 - 10	BAKED HAM PINEAPPLE SAUCE <i>Low-Salt Diet Subst: Low Salt Turkey</i> FRESH BAKED SWEET POTATO BROCCOLI PARMESAN FRESH PLUMS	CHICKEN SALAD Over Romaine Lettuce PASTA VEGETABLE SALAD TOMATO WEDGES ORANGE JUICE STRAWBERRY JELLO w/Sliced Strawberries & Bananas <i>Diet Dessert Subst</i>	BROCCOLI CHEESE FISH FILLET w/Tartar Sauce POTATOES O'BRIEN ASPARAGUS CUTS V-8 JUICE CHOCOLATE PUDDING w/whipped topping <i>Diet Dessert Subst</i>	CHICKEN TERI- YAKI over BROWN RICE SCANDANAVIAN BLEND CHINESE FRUIT CUPS <i>Diet Dessert Subst</i>	CHILI DOGS w/onions <i>Low-Salt Diet Subst: Hamburger</i> BAKED BEANS CARROTS GERMAN CUCUMBER SALAD HOTDOG BUN ORANGE JUICE HONEYDEW MELON
AUG. 13 - 17	SEAFOOD SCAMPI w/Linguini SPINACH ORANGE JUICE FRESH PEARS	BBQ CHICKEN OVEN ROASTED POTATOES w/Rosemary CARROT COINS APRICOT NECTAR LEMON MOUSSE <i>Diet Dessert subst</i>	40th Anniversary Dinner @ Acra	FRESH BAKED TILAPIA w/Butter Sauce & Tartar Sauce RICE PILAF CALIFORNIA MIXED VEGGIES BROWNIE <i>Diet Dessert subst</i>	40th Anniversary Dinner @ Jewett
AUG. 20 - 24	MACARONI & CHEESE ITALIAN VEGETABLES STEWED TOMATOES CHOCOLATE MOUSSE <i>Diet Dessert subst</i>	TUNA SALAD PLATE POTATO SALAD CARROT RAISIN SALAD MANDARIN ORANGES & PINEAPPLE	PORK CHOPS STUFFING APPLESAUCE MASHED POTATOES SPINACH TROPICAL FRUIT	40th Anniversary Dinner @ Catskill, Rivertown & Cossackie	ITALIAN SPAGHETTI PIE FRENCH GREEN BEANS TOSSED ROMAINE SALAD w/Shredded Carrot CINNAMON GRAPE DESSERT
AUG. 27 - 31	TURKEY BURGERS w/Peppers & Onions SCALLOPED POTATOES SPINACH WHOLE WHEAT BUN NECTARINES	CHICKEN CAESAR SALAD POTATO SALAD GARDEN VEGETABLE SALAD CRANBERRY JUICE DINNER ROLL CHOCOLATE CHIP COOKIE <i>Diet Dessert subst</i>	BEEF POT ROAST WHIPPED POTATOES SLICED CARROTS ORANGE JUICE LEMON VELVET DESSERT	CHICKEN PARMESAN w/Rotini ITALIAN BLEND VEGETABLES ITALIAN BREAD PEACHES	MEATLOAF w/Gravy BAKED POTATO BRUSSEL SPROUTS WATERMELON

NUTRITION NOTES



IT'S FARMERS MARKET SEASON

Farmers Markets are an integral part of the urban/farm and have continued to rise in popularity, mostly due to the growing consumer interest in obtaining fresh products directly from the farm. Farmers markets allow consumers to have access to locally grown, farm fresh produce, enables farmers the opportunity to develop a personal relationship with their costumers, and cultivate consumer loyalty with the farmers who grow the produce. Direct marketing of farm products through farmers markets continues to be an important sales outlet for agricultural producers nationwide. As of mid-2011, there were 7,175 farmers markets operating throughout the U.S. This is a 17% increase from 2010.

Each summer, the New York State Farmers' Market Nutrition Program (FMNP) provides a booklet containing twenty dollars (five/\$4) worth of coupons to low-income Greene County senior citizens through the Senior Nutrition Program. They can be redeemed at any participating NYS Farmers Market.

The Greene County Department for the Aging announces that the Senior Farmers Market Nutrition Program checks are now available for this year.

To be eligible, applicants must be at least 60 years of age with a household monthly income less than \$1,722 for an individual or \$2,333 for a couple and cannot receive Farmers Market checks from any other location. In addition, seniors receiving benefits through SSI, Public Assistance, or Section 8 Housing are eligible. **Checks must be picked up in person at a designated location.** They will not be delivered to a home or through the mail.

The following is a list of Farmers Markets in Greene County. **Consumers are reminded that coupons are not**

accepted by all farmers at the markets. When wishing to use a FMNP coupon, look for the sign that states the booth is a participating farmer or be sure to ask if there is no sign.

CAIRO MARKET DAYS
Cairo Elementary School, Main Street
Wed. 9am – 2pm

CATSKILL FARMERS MARKET
Corner of Bridge & Water Streets
Sat 9:30am – 1:30pm

COXSACKIE FARMERS MARKET
Riverside Park
Wed. 4:30pm – 7pm

GREENVILLE FARMERS & CRAFT MARKET
Greenville Cultural Center, Route 32
Sat. 9am – 1pm

LEXINGTON FARMERS MARKET
Lexington Town Building,
8/24;9/14 & 10/6 5pm – 7pm

NEW BALTIMORE FARMERS MARKET
Cecil Hallock Memorial Park,
Cnty Rte 54, Hannacroix
Sat 9am – 12pm

A visit to a Farmers Market can prove to be a wonderful experience. There is a huge array of locally grown fruits, vegetables and more. What a great way to support local growers and revamp the creative juices.

With the summer produce season in full swing, how better to celebrate by cooking up some fun new vegetable dishes? Today we'll focus on preparing fresh vegetables in two ways - roasting in the oven and cooking on the grill. Whether the weather is perfect or anything but, you'll have a fun way to prep veggies at your fingertips. Roasting or grilling vegetables is easy, low in fat and produces a seriously rich flavor.

GRILL 'EM

When in doubt, grill it out!

- Coat large slices of vegetable, such as eggplant or sweet potatoes, with a bit of olive oil and place them straight on the grill. Remember to flip them a few times.
- For smaller vegetables, thread pieces onto skewers or place chunks of veggies in a grilling basket. It is a good idea to place the skewered veggies on foil. Rotate the skewers occasionally and be sure to toss the veggies in the basket from time to time to ensure even cooking.

ROAST 'EM

Try these simple tricks for perfect roasted veggies every time.

- There are two ways to roast vegetables in your oven. You can either roast them quickly by placing them directly under a hot broiler, or you can take things slow by assembling your veggies on a baking sheet and putting them in a hot oven.
- Make sure your veggies are completely dry after you wash them. This will ensure that they roast, rather than steam.
- When possible, make sure that none of the veggies are touching any others. The space allows them to roast more evenly.

Grilled Potato Salad

Serves: 6 | Serving Size: 1 cup
1/2 pound each of small potatoes, zucchini & yellow squash
1 large red bell pepper
3 tablespoons fresh lemon juice
2 tablespoons each of minced red onion, chopped parsley & olive oil

Cut potatoes in half, leaving peel on. Boil them in water until tender, about 10 minutes; drain. Cut zucchini and yellow squash on the diagonal into thick discs. Cut the red pepper into strips. Heat grill. Combine lemon, onion, parsley and olive oil in large bowl. Toss veggies in this dressing and then grill all until tender. Place them on a large platter as they are done cooking and serve immediately.



**QUESTIONS & ANSWERS
ABOUT MEDICARE
for CAREGIVERS**

Who is eligible for Medicare? Generally, Medicare is available for people who are 65 or older, those younger than 65 but with certain disabilities, and people with End Stage Renal Disease (permanent kidney failure requiring dialysis or a transplant).

How do people apply for Medicare? Apply for Medicare online at www.medicare.gov or make an appointment to apply in person by calling (800) 772-1213. People who are already receiving Social Security benefits will automatically be enrolled in Medicare Parts A and B, but can decide not to take Part B, which requires paying a monthly premium.

Does Medicare cover home health services? People with Medicare are covered for home health care services if they meet all of the following condition:

1. A doctor has both determined the need for medical care at home and outlined a plan for that care.
2. They require skilled nursing care, physical therapy, speech-language therapy, or continued occupational therapy.
3. They are being cared for by a Medicare-certified home health agency.
4. They must be homebound—meaning that leaving home is a major effort.

Does Medicare pay for home health aides? Medicare Parts A and B will cover home health services such as nursing care or other therapy on a part-time or intermittent basis for people who are eligible for home health services. Home health aides typically provide help with basic tasks such as bathing, using the bathroom, and dressing and are not usually covered by Medicare.

Does Medicare cover long-term care and skilled nursing care? Generally, Medicare does not pay for long-term care - a term used to describe non-skilled personal care such as help with activities such as bathing, dressing, eating, getting in/out of bed, and using the bathroom. It does pay for medically necessary skilled care, which is usually available for a short time after hospitalization. Skilled care refers to a level of care that includes service that can only be performed safely and correctly by a licensed nurse (either a registered nurse or a licensed practical nurse).

Does Medicare cover care in a nursing home? Medicare Part A only covers skilled care in a certified nursing facility for individuals who meet certain conditions.

Does Medicare cover hospice care? Medicare pays for hospice care.

What medical supplies does Medicare cover? Medicare Part B helps pay for oxygen, catheters, and diabetic supplies

(Part D pays for insulin). It also helps pay for equipment such as oxygen machines, wheelchairs, walkers and other medically necessary equipment a doctor prescribes for use in the home. Some equipment must be rented and some must be purchased.

Is help in paying for care available? Help with Medicare premiums and other expenses is available through numerous sources.

Where can people with Medicare get answers to billing questions? Questions about billing should first be directed to the health care providers who delivered the care or services. If the question isn't resolved, call (800)633-4227.

For further information on Medicare, go to www.medicare.gov/caregivers. This site offers information on enrolling in Medicare, choosing a prescription drug plan, finding state and local resources to support caregiving tasks, accessing in-home services, and a free e-newsletter with the latest Medicare updates.

Expanded In-Home Services for the Elderly Program (EISEP)

WHAT IS EISEP?

The Expanded In-Home Services for the Elderly Program is designed to provide **non-medical** services to older persons to allow them to remain at home.

HOW CAN EISEP HELP?

The three types of services provided under EISEP are:

- Case Management
- In-Home Aide Services
- Personal Emergency Response System (PERS)

WHO IS ELGIBLE?

All residents of Greene County who are 60 years of age or older and functionally impaired in at least *one* of the following:

- | | |
|-----------|--------------|
| Bathing | Dressing |
| Toileting | Transferring |
| Mobility | Eating |

or *two* of the following:

- Housekeeping
- Shopping
- Preparing Meals
- Laundry

WHAT IS THE COST?

There is no cost for the assessment and case management aspects of the program. The in-home services may require cost-sharing on a sliding scale basis.

CASE MANAGEMENT

The Case Manager assesses, monitors, coordinates and adjusts appropriate non-medical in-home services. This includes interviewing the person(s) in the home to identify needs. A financial inquiry is made to determine the amount of cost-share, if any. A service plan is then prepared for each person.

IN-HOME AIDE SERVICES

Housekeeping/chore services provide help with cleaning, shopping, errands, laundry, etc.

Homemaking/personal care services provide any of the above services plus assistance with bathing, dressing, toileting, walking, etc.

Personal Emergency Response System

By simply pushing a button, you can get emergency help 24 hours a day. A PERS consists of a base unit that is connected to your existing phone line and a small "button" which is worn either as a necklace or a bracelet.





RSVP

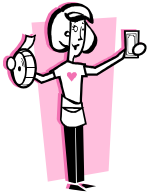
Lead With Experience

NICKEL SOCIAL

Sponsored by RSVP Advisory Council

August 11, 2012

Doors open 12pm Drawings begin at 1 pm



**Freightmasters Building
Historic Catskill Point**

1 Main St. Catskill, NY

*Parking at Dutchman's Landing
with complimentary shuttle service.*

Refreshments will be available to purchase.

Proceeds will benefit volunteer mileage reimbursement for Homebound Delivered Meal & Transportation Programs

Dear Volunteers,

It's hard to believe that it has been almost a year since "Irene" hit our secure little communities. How time flies. Now that life is back on a more even keel for most of our residents I just wanted to once more thank all of the volunteers who jumped in to help in so many different jobs and locations. I think many of the people who were volunteering really were not able to relax and read a paper during the first few months after "Irene" when I sent out a thank you. I'm sure that many of you were spending your every free moment thinking about the next way to assist the victims of "Irene".

One terrific part of my job is to see the amazing things that volunteers can accomplish. It is also wonderful to see that out of the havoc that "Irene" caused has come a community of people who have remembered to pull together and help their neighbors. None of us are in this world all alone. We all need someone else's help.

Keep up the terrific work volunteers; you make me proud to be part of Greene County.

Ruth

MOUNTAIN TOP SENIOR HEALTH DAY

Sponsored by Greene County Department for the Aging RSVP

September 12, 2012 10:00am - 4:00pm

Hunter Mountain Ski Bowl
Main Lodge (Colonel's Hall)
Route 23A, Hunter, NY



For more information or to register for a table; contact Ruth Pforte (518)719-3555

Rpforte@discovergreene.com by August 30th

This is an educational, non-solicitive outreach event, whose mission is to improve our community's quality of life, by providing knowledge of resources & supportive services that encourage health, safety, and well being.



"Everyone is gifted – but some people never open their package"

Would you like to open one of your packages?

FRIENDLY VISITORS:

Visit homebound clients in their homes on a regular schedule to chat, play cards, discuss the news, etc. This program provides companionship to clients who would otherwise be alone for great lengths of time.

HOMEBOUND TRANSPORTATION:

Do you enjoy driving? Would you like to help homebound seniors get to appointments? Volunteer drivers choose the trips that they are available to do - be it local or long distance trips. We offer mileage reimbursement to our volunteers to help defray expenses.

"On Judgement Day, God won't ask what kind of car you drove. He'll ask how many people you drove without transportation"

READING PROGRAM VOLUNTEERS:

Needed for elementary grade students. Volunteers are needed for a program called Jelly Beans that will start in October. The program will be an afterschool program meeting one day a week. Interested volunteers need to be enrolled prior to September so that the program can be in place for the October start date.

NEW HOME DELIVERED MEALS DURHAM ROUTE

If seven volunteers can be located for the Town of Durham, there is a possibility of a new Home Delivered Meals route for the area. One volunteer would be needed for each day of the week Monday - Friday, plus a couple of volunteers to provide additional coverage as needed. Meals would most likely be picked up at the Greenville Library at 12:30pm. Generally a meal route takes less than one hour to complete. If you would be interested in volunteering for this possible placement, call Ruth Pforte at the Department for the Aging.

These are just a few of the many volunteer opportunities we have to offer. If you are interested in volunteering, please call Ruth Pforte, Volunteer Services Coordinator, at the Greene County Department for the Aging at 719-3555.

WELCOME

Barbara Galanty
Angeline Holland

Kathryn Hackney
Ann Medynski

The newest volunteers to the Department for the Aging!

WE TREASURE OUR VOLUNTEERS!

SAVE THE DATE
RSVP Recognition Luncheon
October 4, 2012

Reminder: You need to send in your volunteer hours in order to receive an invitation.





**A TIME TO REMEMBER.
A TIME TO PREPARE.**

September is National Preparedness Month and the Greene County Department for the Aging encourages families, businesses, communities and organizations to participate. This annual campaign seeks to transform awareness into action by encouraging citizens to take the necessary steps to ensure that families, homes, workplaces and communities are prepared for disasters and emergencies of all kinds. With this in mind, the September issue of the RoundTable News will be devoted to the topic of being prepared.

Individuals can make a difference in their own community. Research on personal preparedness indicates that individuals who believe they are prepared for disasters often are not as prepared as they think. In addition, some admit they do not plan to prepare at all. Our nation's emergency managers, firefighters, law enforcement officers, EMT/paramedics, and other emergency responders do an incredible job of keeping us safe, but they cannot do it alone. We must all embrace our personal responsibility to be prepared – in doing so we contribute to the safety and security of our communities as well.

The likelihood that you and your family will recover from an emergency tomorrow often depends on the planning and preparation done today. While each person's abilities and needs are unique, every individual can take steps to prepare for all kinds of emergencies from fires and floods to potential terrorist attacks. By evaluating your own personal needs and making an emergency plan that fits those needs, you and your loved ones can be better prepared. Commonsense measures can guide individuals that are aged, have disabilities or access and functional needs, and the people who assist and support them before an emergency occurs. Preparing makes sense for all.



**IMPORTANT
ANNOUNCEMENT**

On June 20, 2012, the Greene County Legislature unanimously passed resolution 212-12 merging the Greene County Department for the Aging and the Greene County Youth Bureau. This will create a multi-purpose agency called Greene County Department of Human Services with an Aging division and a Youth division.

You might be wondering how will this affect our area seniors. The answer is not one bit! Though our name is changing, we will continue to provide distinct services designed to meet the needs of the more than 9800 residents of Greene County who are 60 years of age or older. Our goal continues to be to assist the County's senior residents to maintain their dignity and independence within their communities.

These services are offered through a combination of sub-contracted programs and direct services provided by the Department staff and volunteers. We run six locations situated throughout the County to ensure maximum accessibility to services. Services demand and usage have increased steadily over the past several years and are projected to continue at an even greater rate.

Did you know you can find information about our services on the Greene County web site? Go to

www.discovergreene.com

and click on Departments then Aging. From there you have many options to choose from regarding our services that you or a loved one might be need.

In addition, our office is always looking for volunteers. Interested parties and registered volunteers can now go to the web page to obtain blank copies of paperwork required by the department.

**GREENE COUNTY
SENIOR CITIZEN
CLUBS**



ATHENS:

ATHENS SR. CITIZENS
2nd & 4th Monday, 1:15pm
Rivertown Senior Center

CAIRO:

CAIRO GOLDEN AGERS
2nd & 4th Wednesday, 1:30pm
Acra Community Center

CATSKILL

CATSKILL SENIOR FELLOWSHIP
3rd Thursday, 1:00pm
Washington Irving Center

RIP VAN WINKLE SR. CITIZENS

2nd Thursday, 1:00pm
Washington Irving Center

COXSACKIE:

***BETHANY VILLAGE
TENANTS ASSOC.***

3rd Wednesday, 1:15pm
Van Heest Hall

COXSACKIE AREA SENIORS

2nd & 4th Wednesday, 1:15pm
Van Heest Hall,
Bethany Village

SR. CITIZENS of COXSACKIE

1st & 3rd Monday, 1:30pm

GREENVILLE:

GREENVILLE GOLDEN YEARS

1st Wednesday, 1:30pm
American Legion Hall

MOUNTAIN-TOP:

MTN. TOP GOLDEN AGERS

4th Thursday, 1:30pm
Tannersville Village Hall

NOTE:

**Meeting Date Changes:
November—Nov. 15**

W-A-J-P-L GOLDEN AGERS

1st & 3rd Monday, 1:30pm
Hensonville Town Bldg.