

GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS OVER 60 (and spouses) ARE INVITED TO ATTEND - SUGGESTED DONATION IS \$4.00

SERVED DAILY: BREAD (unless otherwise noted) with PROMISE SPREAD, MILK, COFFEE & TEA

LUNCH RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HAPPY NEW YEAR 2017</p> <p>JAN. 2 - 6</p>	 <p>MAIN OFFICE & ALL SENIOR SERVICE CENTERS CLOSED NO MEALS SERVED OR DELIVERED</p>	<p>BAKED HAM <i>(Low Salt Diet Subst.: Fresh Roast Pork)</i></p> <p>STEAMED CABBAGE</p> <p>MASHED SWEET POTATOES</p> <p>PINEAPPLE CHUNKS</p>	<p>VEGETABLE LASAGNA</p> <p>CORN SALAD</p> <p>SPINACH</p> <p>HOMEMADE COOKIES</p>	<p>CHICKEN BREAST</p> <p>LEMON GARLIC GREEN BEANS & RED POTATOES</p> <p>APPLE CRISP</p>	<p>OVEN BAKED FISH</p> <p>RICE PILAF</p> <p>FRESH SALAD</p> <p>CALIFORNIA MIXED VEGETABLES</p> <p>CHOCOLATE PUDDING</p>
<p>JAN 9 - 13</p>	<p>SWEDISH MEATBALLS</p> <p>HOT BEETS</p> <p>KALE & MASHED POTATO</p> <p>HOMEMADE COOKIES</p>	<p>TORTELLINI w/ CHICKEN</p> <p>SPINACH</p> <p>PEARS</p>	<p>ROAST BEEF w/ Gravy</p> <p>MASHED POTATOES</p> <p>GARLIC CARROTS</p> <p>PEACH CRISP</p>	<p>PULLED PORK w/ Hamburger Bun</p> <p>COLESLAW</p> <p>CAULIFLOWER</p> <p>HOMEMADE RICE PUDDING</p> <p><i>Diet Dessert: Sugar Free Pudding</i></p>	<p>BAKED CHICKEN w/ Gravy</p> <p>ORIENTAL MIXED VEGETABLES</p> <p>FRESH SALAD</p> <p>BUTTERNUT SQUASH</p> <p>RISOTTO & MUSHROOMS</p>
<p>JAN 16 - 20</p>	 <p>MARTIN LUTHER KING JR HOLIDAY</p> <p>MAIN OFFICE & ALL SENIOR CENTERS CLOSED NO MEALS SERVED OR DELIVERED</p>	<p>TUNA NOODLE CASSEROLE</p> <p>BROCCOLI</p> <p>FRUIT COCKTAIL</p>	<p>BEEF POT ROAST w/ Gravy</p> <p>ROASTED POTATOES</p> <p>CARROTS</p> <p>LEMON PUDDING</p> <p><i>Diet Dessert: Sugar Free Pudding</i></p>	<p>ASIAGO CHICKEN w/ Sun Dried Tomato</p> <p>RED POTATOES</p> <p>SPINACH</p> <p>APPLE/CRANBERRY CRISP</p>	<p>SALISBURY STEAK w/ Gravy</p> <p>WAX BEANS</p> <p>FRESH SALAD</p> <p>BAKED POTATO</p> <p>APRICOTS</p>
<p>JAN 23 - 27</p>	<p>WHITE CHICKEN CHILI</p> <p>BRAISED KALE</p> <p>PEACHES</p>	<p>BEEF BURGUNDY w/ Noodles</p> <p>HONEY BALSAMIC BRUSSEL SPROUTS</p> <p>APRICOT CRISP</p>	<p>ROASTED PORK CHOP in Apple sauce</p> <p>V-8 JUICE</p> <p>THYME ROASTED WINTER SQUASH</p> <p>BIRTHDAY CAKE</p>	<p>SALMON w/ Dill Sauce</p> <p>FRESH SALAD</p> <p>BARSLEY BOILED POTATO</p> <p>BROCCOLI</p> <p>FRESH FRUIT</p>	<p>SPAGHETTI w/ Meatballs</p> <p>ITALIAN MIXED VEGETABLES</p> <p>FRESH SALAD</p> <p>HOMEMADE TAPIOCA PUDDING</p> <p><i>Diet Dessert: Sugar Free Pudding</i></p>
<p>JAN 30 - 31</p>	<p>MACARONI & CHEESE w/ Winter Squash</p> <p>3 BEAN SALAD</p> <p>STEWED TOMATOES</p> <p>COOKIES</p>	<p>ROASTED CHICKEN THIGHS</p> <p>BEET SALAD</p> <p>LEMON ROSEMARY</p> <p>ROASTED POTATO</p> <p>PUMPKIN PUDDING</p> <p><i>Diet Dessert: Sugar Free Pudding</i></p>			