

GREENE COUNTY SENIOR NUTRITION PROGRAM

All Persons 60 and older are invited to attend - Suggested donation \$4.00

Served Daily: Whole Grain Bread unless otherwise noted w/Promise Spread; 1% Milk; Coffee or Tea

Tartar Sauce served on fish days

Reservations are required at least one day in advance by calling the appropriate center

	Monday	Tuesday	Wednesday	Thursday	Friday
DEC. 1 - 2				HUNGARIAN GOULASH over Noodles WHOLE BABY CARROTS AMBROSIA <i>(Diet Dessert Subst.)</i>	STUFFED PEPPER over Rice CORN ROMAINE SALAD SALAD BAR AVAILABLE AT ALL CENTERS FRESH SEASONAL FRUIT
DEC. 5 - 9	GRILLED SALMON w/ Lemon Sauce RICE PILAF CALIFORNIA BLEND VEGETABLES CRANBERRY JUICE CHOCOLATE MOUSSE <i>(Diet Dessert Subst)</i>	TURKEY DIVAN BROWN RICE OLD FASHIONED VBEGETABLES V-8 JUICE FRUIT COCKTAIL	MEATLOAF w/ Gravy BAKED POTATO SPINACH SMORES BROWNIE <i>(Diet Dessert Subst)</i>	ROAST PORK w/Gravy & Applesauce OVEN BROWNED POTATOES WINTER SQUASH RYE BREAD ICE CREAM SUNDAES (In Center Only) HDM: JELL-O w/Whipped Topping <i>(Diet Dessert Subst)</i>	BAKED MANICOTTI ITALIAN MIXED VEGETABLES TOSSED SALAD SALADS BAR @ CENTERS FRESH APPLE
DEC. 12 - 16	STUFFED CABBAGE RICE OLD FASHIONED MIXED VEGETABLES PINEAPPLE CHUNKS	BAKED HAM w/ Pineapple Sauce <i>(Low-Salt Diet Subst)</i> FRESH SWEET POTATOES BRUSSELS SPROUTS MANDARIN ORANGES	FISH SANDWICH w/ Lettuce, Tomato & Tartar Sauce COLESLAW POTATO PUFFS VANILLA MOUSSE <i>(Diet Dessert Subst)</i>	RELISH TRAY ROAST BEEF w/ Gravy MASHED POTATOES GLAZED WHOLE BABY CARROTS CANNOLI PIE <i>(Diet Dessert Subst)</i>	PORK CHOW MEIN ORIENTAL MIXED VEGETABLES FRUIT SEASONAL FRUIT
DEC. 19 - 23	LEMON PEPPER FISH RICE PILAF TUSCAN VEGETABLES MANDARIN ORANGES	MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD CRANBERRY JUICE APRICOTS	BIRTHDAY CELEBRATION  MEATLOAF BAKED POTATO SPINACH BIRTHDAY CAKE <i>(Diet Dessert Subst)</i>	CHICKEN PARMESAN LINGUINE POTATOES ITALIAN VEGETABLES V-8 JUICE SUGAR COOKIES <i>(Diet Dessert Subst)</i>	COOK'S CHOICE TOSSED SALAD SALADS BAR @ CENTERS FRESH FRUIT
DEC. 26 - 30	 D. H. S. DEPARTMENT & ALL NUTRITION SITES CLOSED NO HOME DELIVERED MEALS	CHICKEN DIJON MASHED POTATOES CALIFORNIA BLEND VEGETABLES CINNAMON APPLESAUCE	PORK CHOPS w/Gravy SCALLOPED POTATOES ORIENTAL VEGETABLES BREAD PUDDING <i>(Diet Dessert Subst)</i>	HOT DOGS w/ SAUERKRAUT BAKED BEANS CARROTS BUTTERSCOTCH PUDDING <i>(Diet Dessert Subst)</i>	COOK'S CHOICE TOSSED SALAD SALADS BAR @ CENTERS FRESH FRUIT