





GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS OVER 60 ARE INVITED TO ATTEND

SUGGESTED DONATION IS \$4.00

Served Daily: Bread w/Promise Spread; Low-fat milk; Coffee or Tea. Tartar sauce served on fish days.

	Monday	Tuesday	Wednesday	Thursday	Friday
APRIL 1 - 3			POT ROAST w/Gravy OVEN BROWNED POTATOES CALIFORNIA MIXED VEGETABLES BROWNIE <i>(Diet Dessert Subst)</i>	BAKED HAM w/Pineapple Sauce WHIPPED POTATOES ASPARAGUS LEMON MERINGUE PIE	LEMON PEPPER FISH SCALLOPED POTATOES BROCCOLI FRESH SEASONAL FRUIT
APRIL 6 - 10 	TURKEY BURGER w/Peppers & Onions SCALLOPED POTATOES OLD FASHIONED MIXED VEGETABLES APPLESAUCE	PORK CHOP w/Gravy STUFFING FRESH SWEET POTATO GREEN BEANS CRANBERRY JUICE TROPICAL FRUIT	CHICKEN QUARTERS w/Gravy WHIPPED POTATOES CALIFORNIA MIXED VEGETABLES BIRTHDAY CAKE <i>(Diet Dessert Subst)</i>	HUNGARIAN GOULASH over Noodles WHOLE BABY CARROTS AMBROSIA <i>(Diet Dessert Subst)</i>	STUFFED PEPPERS over Rice CORN ROMAINE LETTUCE FRESH SEASONAL FRUIT
APRIL 13 - 17	HOT DOGS w/Sauerkraut <i>(Low-salt Diet Subst)</i> BAKED BEANS CARROTS FRUIT COCKTAIL	CHICKEN PICCATA MASHED POTATOES CARROTS MANDARIN ORANGES	BROCCOLI CHEESE FISH RICE PILAF OLD FASHIONED MIXED VEGETABLES TROPICAL FRUIT	ROAST PORK w/Gravy SPICED APPLE RING BROCCOLI FRESH SWEET POTATO BREAD PUDDING <i>(Diet Dessert Subst)</i>	CHEESE LASAGNA CALIFORNIA BLEND VEGETABLES ROMAINE SALAD FRESH SEASONAL FRUIT
APRIL 20 - 24	CHICKEN DIJON WHIPPED POTATOES CARROTS PINEAPPLE CHUNKS	BAKED HAM w/Pineapple sauce <i>(Low-salt Diet Subst)</i> FRESH SWEET POTATO BRUSSEL SPROUTS MANDARTIN ORANGES	SHEPHERD'S PIE BROCCOLI SPICE CAKE <i>(Diet Dessert Subst)</i>	CHICKEN PARMESAN ITALIAN MIXED VEGETABLES TROPICAL FRUIT	CHEF'S CHOICE 
APRIL 27 - 30	LEMON PEPPER FISH BAKED POTATO ZUCCHINI, CARROTS & GREEN BEANS TANGERINE	CHICKEN & BISCUITS WHIPPED POTATOES BROCCOLI V-8 JUICE CHOCOLATE MOUSSE <i>(Diet Dessert Subst)</i>	MEATLOAF w/Gravy MASHED POTATOES SPINACH BIRTHDAY CAKE <i>(Diet Dessert Subst)</i>	MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD APRICOTS	ROAST TURKEY and STUFFING w/Gravy & Cranberry Sauce MASHED POTATOES CALIFORNIA MIXED VEGETABLES FRESH SEASONAL FRUIT



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	Monday	Tuesday	Wednesday	Thursday	Friday
MAY 1				5 th Annual Senior Citizens Day It's a Lu'au Friday May 15 12pm - 2pm The Point, Catskill	ROAST TURKEY w/Gravy & Cranberry Sauce DRESSING MASHED POTATOES CALIFORNIA MIXED VEGGIES FRESH SEASONAL FRUIT
MAY 4-8	CHILI CON CARNE w/Rice CORN ORANGE JUICE APRICOTS	CHICKEN QUARTERS w/Gravy WHIPPED POTATOES SPINACH ORANGE BLOSSOM PUDDING <i>Diet Dessert Subst</i>	BEEF TIPS w/Mushrooms over Egg Noodles CARROT COINS TROPICAL FRUIT	ROAST PORK w/Gravy OVEN BROWNED POTATOES WINTER SQUASH STRAWBERRIES, PINEAPPLE & BANANA w/Jell-O <i>Diet Dessert Subst</i>	CHEESE LASAGNA OLD FASHIONED MIXED VEGETABLES TOSSED GREEN SALAD FRESH SEASONAL FRUIT
MAY 11-15 	KNOCKWURST <i>Low-salt Diet subst</i> w/Sauerkraut BAKED BEANS CARROTS TROPICAL FRUIT	CHICK EN DIJON MASHED POTATOES CALIFORNIA BLEND VEGETABLES APPLE SAUCE w/2 small cookies <i>Diet Dessert Subst</i>	SALISBURY STEAK w/Gravy POTATOES O'BRIEN CARROTS & PEAS BANANA PUDDING <i>Diet Dessert Subst</i>	BAKER ZITA SPINACH MANDARIN ORANGES	<u>SENIOR DAY</u> <u>AT THE POINT</u> <u>ALL SENIOR CENTERS</u> <u>CLOSED</u> NO CONGREGATE MEALS OR HOME DELIVERED MEALS
MAY 18-22	BROCCOLI CHEESE FISH FILET w/Tartar Sauce RICE PILAF CALIFORNIA BLEND VEGETABLES CRANBERRY JUICE FRUIT COCKTAIL	SHEPHERD'S PIE BROCCOLI PEACHES	BAKED HAM <i>Low-salt Diet Subst</i> w/Raisin Sauce FRESH SWEET POTATO CAULIFLOWER AU GRATIN OATMEAL RAISIN COOKIE <i>Diet Dessert subst</i>	CHICKEN CACCIATORE over Linguine OLD FASHIONED MIXED VEGETABLES PEARS	ROAST BEEF w/Gravy MASHED POTATOES WHOLE BABY CARROTS W/ORANGE GLAZE FRESH SEASONAL FRUIT
MAY 25-29	<u>MEMORIAL DAY</u> ALL SENIOR CENTERS NO CONGREGATE OR HOME DELIVERED MEALS	CHICKEN DIVAN over Rice CARROTS & PEAS PEACHES	PORK CHOP RED CABBAGE OVEN BROWNED POTATOES WINTER SQUASH CINNAMON APPLESAUCE	ROAST TURKEY w/Gravy & Cranberry Sauce STUFFING MASHED POTATOES PINEAPPLE UPSIDE DOWN CAKE <i>Diet Dessert subst</i>	VEGGIE LASAGNA ITALIAN VEGETABLES TOSSED SALAD FRESH SEASONAL FRUIT