

GREENE COUNTY SENIOR NUTRITION PROGRAM ALL PERSONS OVER 60 ARE INVITED TO ATTEND SUGGESTED DONATION IS \$4.00 .

SUGGESTED DONATION IS \$4.00 Served Daily: Bread w/Promise Spread; Low-fat milk; Coffee or Tea. Tartar sauce served on fish days.								
2015	Monday	Tuesday	Wednesday	Thursday	Friday			
MARCH 2-6	LEMON PEPPER FISH BAKED POTATO ZUCCHINI, CARROTS & GREEN BEANS TANGERINE	MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD APRICOTS	MEATLOAF w/Gravy MASHED POTATOES SPINACH BIRTHDAY CAKE (Diet Dessert Subst)	CHICKEN & BISCUITS WHIPPED POTATOES BROCCOLI V-8 JUICE CHOCOLATE MOUSSE (Diet Dessert Subst)	CHEESE LASAGNA OLD FASHIONED MIXED VEGETABLES TOSSED SALAD FRESH SEASONAL FRUIT			
March 9-13	KNOCKWURST (Low-salt Diet Subst) SAUERKRAUT BAKED BEANS CARROTS TROPICAL FRUIT	CHICKEN DIJON MASHED POTATOES CALIFORNIA BLEND VEGETABLES APPLESAUCE & COOKIES (Diet Dessert Subst)	SALISBURY STEAK w/Gravy POTATOES O'BRIEN CARROTS & PEAS BANANA PUDDING (Diet Dessert Subst	ROAST PORK w/gravy OVEN BROWNED POTATOES WINTER SQUASH STRAWBERRIES, BANANAS & PINEAPPLE in Jell-O (Diet Dessert Subst)	BAKED ZITI SPINACH FRESH SEASONAL FRUIT			
March 16 - 20	CHICKEN CACCIATORE over Linguine OLD FASHIONED MIXED VEGETABLES PEARS	CORNED BEEF w/ CABBAGE PARSLEY POTATOES CARROTS CHOCOLATE MINT PUDDING w/Whipped Topping Diet Dessert Subst	PORK CHOP w/gravy FRESH SWEET POTATO CAULIFLOWER Au GRATIN PINEAPPLE DELIGHT (Diet Dessert Subst)	ROAST BEEF w/Gravy MASHED POTATOES GLAZED WHOLE BABY CARROTS OATMEAL RAISIN COOKIE (Diet Dessert Subst)	BROCCOLI CHEESE FISH RICE PILAF CALIFORNIA BLEND VEGETABLES CRANBERRY JUICE FRESH SEASONAL FRUIT			
MARCH 23 - 27	CHICKEN DIVAN CARROTS & PEAS TROPICAL FRUIT	PORK CHOP w/Gravy RED CABBAGE OVEN BROWNED POTATO WINTER SQUASH CINNAMON APPLESAUCE	BEEF STEW GREEN BEANS ORANGE JUICE PINEAPPLE UPSIDE DOWN CAKE (Diet Dessert Subst)	ROAST TURKEY w/Gravy & Cranberry Sauce STUFFING MASHED POTATOES OLD FASHIONED MIXED VEGETABLES PEACHES	VEGETABLE LASAGNA ITALIAN VEGETABLES TOSSED SALAD FRESH SEASONAL FRUIT			
March 30 - 31	VEAL PARMESAN w/Linguini SPINACH PEARS	CHICKEN CHOW MEIN over Rice ORIENTAL MIXED VEGETABLES PEACHES	"St. Patrick's	Day in the Momin	ng."			



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	Monday	Tuesday	Wednesday	Thursday	Friday
			POT ROAST	BAKED HAM	LEMON PEPPER
APRIL			w/Gravy	W/Pineapple Sauce	FISH
1-3			OVEN BROWNED	WHIPPED	SCALLOPED
1-5		8 PHOLE	POTATOES	POTATOES	POTATOES
			CALIFORNIA	ASPARAGUS	BROCCOLI
			MIXED	LEMON MERINGE	FRESH SEASONAL
			VEGETABLES	PIE	FRUIT
			BROWNIE		
			(Diet Dessert Subst)		
	TURKEY BURGER	PORK CHOP	CHICKEN	HUNGARIAN	STUFFED PEPPERS
		w/Gravy	QUARTERS w/Gravy	GOULASH	over Rice
APRIL	w/Peppers & Onions	STUFFING	WHIPPED	over Noodles	CORN
6 - 10	SCALLOPED POTATOES	FRESH SWEET	POTATOES	WHOLE BABY	ROMAINE
Flappy aster		POTATO	CALIFORNIA	CARROTS	LETTUCE
	OLD FASHIONED MIXED	GREEN BEANS	MIXED	AMBROSIA	FRESH SEASONAL
A CONTRACTOR	VEGETABLES		VEGETABLES	(Diet Dessert Subst)	FRUIT
Contractive corr	APPLESAUCE	CRANBERRY JUICE	BIRTHDAY CAKE		TROLL
	AITLESAUCE	TROPICAL FRUIT	(Diet Dessert Subst)		
		I KUPICAL FKUII			
	2 HOT DOGS	CHICKEN	BROCCOLI	ROAST PORK	CHEESE LASAGNA
APRIL	w/Sauerkraut	PICCATA	CHEESE FISH	w/Gravy	CALIFORNIA
	(Low-salt Diet Subst)	MASHED	RICE PILAF	SPICED APPLE	BLEND
13 - 17	BAKED BEANS	POTATOES	OLD FASHIONED	RING	VEGETABLES
	PEAS & CARROTS	CARROTS	MIXED	BROCCOLI	ROMAINE SALAD
	FRUIT COCKTAIL	MANDARIN	VEGETABLES	FRESH SWEET	FRESH SEASONAL
		ORANGES	TROPICAL FRUIT	ΡΟΤΑΤΟ	FRUIT
				BREAD PUDDING	
				(Diet Dessert Subst)	
	CHICKEN DIJON	BAKED HAM	SHEPHERD'S PIE	ROAST TURKEY	CHEF'S
APRIL	WHIPPED	w/Pineapple sauce	BROCCOLI	w/ Cranberry Sauce	
20 - 24	POTATOES	(Low-salt Diet Subst)	SPICE CAKE	DRESSING w/Gravy	CHOICE
	CARROTS	FRESH SWEET	(Diet Dessert Subst)	MASHED	ES)
	PINEAPPLE	ΡΟΤΑΤΟ	,	POTATOES	
	CHUNKS	BRUSSEL		CALIFORNIA	
		SPROUTS		MIXED	
		MANDARTIN		VEGETABLES	
		ORANGES		PEACHES	
	LEMON PEPPER	MACARONI &	MEATLOAF	CHICKEN &	
APRIL	FISH	CHEESE	w/Gravy	BISCUITS	
27 - 30	BAKED POTATO	STEWED	MASHED	WHIPPED	
	ZUCCHINI,	TOMATOES	POTATOES	POTATOES	
	CARROTS & GREEN BEANS	3 BEAN SALAD	SPINACH	BROCCOLI	
	GREEN BEANS TANGERINE	APRICOTS	BIRTHDAY CAKE	V-8 JUICE	
	TANODIMINE		(Diet Dessert Subst)	CHOCOLATE MOUSSE	
				(Diet Dessert Subst)	
				(Diet Dessert Subst)	