



**GREENE COUNTY SENIOR NUTRITION PROGRAM**

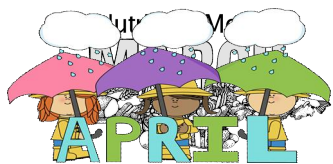
ALL PERSONS OVER 60 ARE INVITED TO ATTEND

SUGGESTED DONATION IS \$4.00

Served Daily: Bread w/Promise Spread; Low-fat milk; Coffee or Tea. Tartar sauce served on fish days.

2015	Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 2 - 6	LEMON PEPPER FISH BAKED POTATO ZUCCHINI, CARROTS & GREEN BEANS TANGERINE	MACARONI & CHEESE STEWED TOMATOES 3 BEAN SALAD APRICOTS	MEATLOAF w/Gravy MASHED POTATOES SPINACH BIRTHDAY CAKE <i>(Diet Dessert Subst)</i>	CHICKEN & BISCUITS WHIPPED POTATOES BROCCOLI V-8 JUICE CHOCOLATE MOUSSE <i>(Diet Dessert Subst)</i>	CHEESE LASAGNA OLD FASHIONED MIXED VEGETABLES TOSSED SALAD FRESH SEASONAL FRUIT
MARCH 9 - 13	KNOCKWURST <i>(Low-salt Diet Subst)</i> SAUERKRAUT BAKED BEANS CARROTS TROPICAL FRUIT	CHICKEN DIJON MASHED POTATOES CALIFORNIA BLEND VEGETABLES APPLESAUCE & COOKIES <i>(Diet Dessert Subst)</i>	SALISBURY STEAK w/Gravy POTATOES O'BRIEN CARROTS & PEAS BANANA PUDDING <i>(Diet Dessert Subst)</i>	ROAST PORK w/gravy OVEN BROWNED POTATOES WINTER SQUASH STRAWBERRIES, BANANAS & PINEAPPLE in Jell-O <i>(Diet Dessert Subst)</i>	BAKED ZITI SPINACH FRESH SEASONAL FRUIT
MARCH 16 - 20	CHICKEN CACCIATORE over Linguine OLD FASHIONED MIXED VEGETABLES PEARS	CORNED BEEF w/ CABBAGE PARSLEY POTATOES CARROTS CHOCOLATE MINT PUDDING w/Whipped Topping <i>Diet Dessert Subst</i>	PORK CHOP w/gravy FRESH SWEET POTATO CAULIFLOWER Au GRATIN PINEAPPLE DELIGHT <i>(Diet Dessert Subst)</i>	ROAST BEEF w/Gravy MASHED POTATOES GLAZED WHOLE BABY CARROTS OATMEAL RAISIN COOKIE <i>(Diet Dessert Subst)</i>	BROCCOLI CHEESE FISH RICE PILAF CALIFORNIA BLEND VEGETABLES CRANBERRY JUICE FRESH SEASONAL FRUIT
MARCH 23 - 27	CHICKEN DIVAN CARROTS & PEAS TROPICAL FRUIT	PORK CHOP w/Gravy RED CABBAGE OVEN BROWNED POTATO WINTER SQUASH CINNAMON APPLESAUCE	BEEF STEW GREEN BEANS ORANGE JUICE PINEAPPLE UPSIDE DOWN CAKE <i>(Diet Dessert Subst)</i>	ROAST TURKEY w/Gravy & Cranberry Sauce STUFFING MASHED POTATOES OLD FASHIONED MIXED VEGETABLES PEACHES	VEGETABLE LASAGNA ITALIAN VEGETABLES TOSSED SALAD FRESH SEASONAL FRUIT
MARCH 30 - 31	VEAL PARMESAN w/Linguini SPINACH PEARS	CHICKEN CHOW MEIN over Rice ORIENTAL MIXED VEGETABLES PEACHES			








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	Monday	Tuesday	Wednesday	Thursday	Friday
<b>APRIL 1 - 3</b>			<b>POT ROAST</b> w/Gravy <b>OVEN BROWNED POTATOES</b> <b>CALIFORNIA MIXED VEGETABLES</b> <b>BROWNIE</b> <i>(Diet Dessert Subst)</i>	<b>BAKED HAM</b> W/Pineapple Sauce <b>WHIPPED POTATOES</b> <b>ASPARAGUS</b> <b>LEMON MERINGE PIE</b>	<b>LEMON PEPPER FISH</b> <b>SCALLOPED POTATOES</b> <b>BROCCOLI</b> <b>FRESH SEASONAL FRUIT</b>
<b>APRIL 6 - 10</b> 	<b>TURKEY BURGER</b> w/Peppers & Onions <b>SCALLOPED POTATOES</b> <b>OLD FASHIONED MIXED VEGETABLES</b> <b>APPLESAUCE</b>	<b>PORK CHOP</b> w/Gravy <b>STUFFING</b> <b>FRESH SWEET POTATO</b> <b>GREEN BEANS</b> <b>CRANBERRY JUICE</b> <b>TROPICAL FRUIT</b>	<b>CHICKEN QUARTERS</b> w/Gravy <b>WHIPPED POTATOES</b> <b>CALIFORNIA MIXED VEGETABLES</b> <b>BIRTHDAY CAKE</b> <i>(Diet Dessert Subst)</i>	<b>HUNGARIAN GOULASH</b> over Noodles <b>WHOLE BABY CARROTS</b> <b>AMBROSIA</b> <i>(Diet Dessert Subst)</i>	<b>STUFFED PEPPERS</b> over Rice <b>CORN</b> <b>ROMAINE LETTUCE</b> <b>FRESH SEASONAL FRUIT</b>
<b>APRIL 13 - 17</b>	<b>2 HOT DOGS</b> w/Sauerkraut <i>(Low-salt Diet Subst)</i> <b>BAKED BEANS</b> <b>PEAS &amp; CARROTS</b> <b>FRUIT COCKTAIL</b>	<b>CHICKEN PICCATA</b> <b>MASHED POTATOES</b> <b>CARROTS</b> <b>MANDARIN ORANGES</b>	<b>BROCCOLI CHEESE FISH</b> <b>RICE PILAF</b> <b>OLD FASHIONED MIXED VEGETABLES</b> <b>TROPICAL FRUIT</b>	<b>ROAST PORK</b> w/Gravy <b>SPICED APPLE RING</b> <b>BROCCOLI</b> <b>FRESH SWEET POTATO</b> <b>BREAD PUDDING</b> <i>(Diet Dessert Subst)</i>	<b>CHEESE LASAGNA</b> <b>CALIFORNIA BLEND VEGETABLES</b> <b>ROMAINE SALAD</b> <b>FRESH SEASONAL FRUIT</b>
<b>APRIL 20 - 24</b>	<b>CHICKEN DIJON</b> <b>WHIPPED POTATOES</b> <b>CARROTS</b> <b>PINEAPPLE CHUNKS</b>	<b>BAKED HAM</b> w/Pineapple sauce <i>(Low-salt Diet Subst)</i> <b>FRESH SWEET POTATO</b> <b>BRUSSEL SPROUTS</b> <b>MANDARTIN ORANGES</b>	<b>SHEPHERD'S PIE</b> <b>BROCCOLI</b> <b>SPICE CAKE</b> <i>(Diet Dessert Subst)</i>	<b>ROAST TURKEY</b> w/ Cranberry Sauce <b>DRESSING</b> w/Gravy <b>MASHED POTATOES</b> <b>CALIFORNIA MIXED VEGETABLES</b> <b>PEACHES</b>	<b>CHEF'S CHOICE</b> 
<b>APRIL 27 - 30</b>	<b>LEMON PEPPER FISH</b> <b>BAKED POTATO</b> <b>ZUCCHINI, CARROTS &amp; GREEN BEANS</b> <b>TANGERINE</b>	<b>MACARONI &amp; CHEESE</b> <b>STEWED TOMATOES</b> <b>3 BEAN SALAD</b> <b>APRICOTS</b>	<b>MEATLOAF</b> w/Gravy <b>MASHED POTATOES</b> <b>SPINACH</b> <b>BIRTHDAY CAKE</b> <i>(Diet Dessert Subst)</i>	<b>CHICKEN &amp; BISCUITS</b> <b>WHIPPED POTATOES</b> <b>BROCCOLI</b> <b>V-8 JUICE</b> <b>CHOCOLATE MOUSSE</b> <i>(Diet Dessert Subst)</i>	