

MARK YOUR CALENDAR

OCTOBER:
National Breast
Cancer Awareness
Month

16
Great Northeast
ShakeOut

20-24
National Health
Education Week

NOVEMBER:
American
Diabetes Month

ORIENTATION DATES

Orientation will
be held regularly
for new members
at Greene County
Emergency
Operations and
Training Center
at 25 Volunteer
Dr., Cairo.

TBA

Greene NY MRC Newsletter

SEPTEMBER 2014

NATIONAL PREPAREDNESS MONTH

Would you be ready if there were an emergency?

Starting in 2004, National Preparedness Month, sponsored by FEMA, has been observed in September annually. One of the many goals is to educate the public about how to prepare for emergencies, including natural disasters, mass casualties, biological and chemical threats, radiation emergencies and terrorist attacks.

Get an Emergency Kit

If disaster strikes your community, you might not have access to food, water, or electricity for some time. By taking time now to prepare emergency water supplies, food supplies and a disaster supplies kit, you can provide for your entire family. (Don't forget pets!)

Make an Emergency Plan

Make plans with you family and friends in case you're not together during an emergency. Know how you'll reach each other, where you'll meet, and what you'll do in different situations. Ask about planning at your workplace and your child's school or daycare center.

Be Informed

Being prepared means staying informed. Check all types of media—websites, radio, and TV for news and local updates. Greene County Public Health shares information on both our [Facebook](#) and [Twitter](#) pages. During an emergency in Greene County, Emergency Management provides real-time information to the community with the [CodeRED](#) notification system. Click [HERE](#) or see the link on our website at [greenegov.com](#) to sign-up!

BE DISASTER AWARE



TAKE ACTION TO PREPARE



FEMA

AMERICA'S
PrepareAthon!



PET PREPAREDNESS

Don't forget about the furry member of your family. Make sure to plan for pets as well. Whether you are sheltering in place or evacuating, caring and planning for your pets is much like your own personal preparedness. Make a back-up plan so that neighbors, friends, or family can care for your pet if you are unable to reach them. See our Pet Emergency Supply Kit list below:



- Pet Food
- Bottled Water
- Collar with ID Tag
- Medications
- Veterinary Records
- Cat Litter/Pan
- Manual Can Opener
- Food Dishes
- Carriers and/or leashes



Join Us
for the
World's Largest
Earthquake Drill.



www.shakeout.org

Become a member of the
GREENE NY MEDICAL
RESERVE CORPS:

[ServNY Registration](#)

LIKE US ON FACEBOOK:
[Facebook.com/GreeneNYHealth](https://www.facebook.com/GreeneNYHealth)

FOLLOW US ON TWITTER:
[Twitter.com/GreeneNYHealth](https://twitter.com/GreeneNYHealth)



2015 GREENE CO. MED EXERCISE

Initial planning is currently underway for a 2015 Greene County MED Exercise to be held in the 1st quarter of 2015. This exercise is being conducted to meet both NYSDOH and CDC guidance that Greene County has effective plans in place to dispense life-saving medications to the population in the event of a bio-terrorism event.

The Greene NY MRC will play a crucial role in helping to make this exercise a success. Training and exercise dates will be announced soon and we encourage all members (medical and non-medical) to participate!



Photo: Arlington County MRC (VA) during a mass dispensing exercise

THE GREAT NORTHEAST SHAKEOUT

All of our community (especially MRC volunteers) are challenged to drill (drop, cover, and hold on) on **October 16th at 10:16 AM** as part of the Great ShakeOut.

The ShakeOut began in Southern California in 2008 as a drill designed to educate the public about how to protect themselves during a large earthquake, and how to get prepared. Great Shakeout Earthquake Drills are now held all over the world. In 2012, more than 19.5 million participated in ShakeOut drills. Over 22 million people were estimated to have participated in the drill in 2013. To learn more about the Great ShakeOut visit <http://www.shakeout.org/>

Plan to participate or recruit friends, family, and co-workers to participate with you? Send me an e-mail by October 17th to let me know!

Questions or Comments?

Please Contact:
W. Sean Holland
Emergency Preparedness
Coordinator, MRC Unit Coordinator
(518) 719 -3611
wholland@discovergreene.com

Greene NY

