



# SENIOR CITIZEN'S ROUNDTABLE NEWS

2014

*Published by Greene County Department of Human Services since 1976*



The month of May was recently proclaimed Greene County Older Americans Month by the county legislature. At that meeting, several seniors received special recognition for their dedication to Greene County. L to R: NYS Senator Cecelia Tkaczyk; 2014 Senior of the Year, Rebecca Shields; 2014 Outstanding Contribution by a Senior, Stephen Tuomey; Certificate of Merit recipients Maureen Forrester, Evelyn Jennings, Rabbi Dennis Ross (for Robert Mazon) and Greene County RSVP Coordinator Ruth Pforte.



## SUE ORMEROD, DFA HAMLET BUS DRIVER RETIRES

Not only did June 1 mark the start of a new month, it also marked the end of a career. It is on that day, Sue Ormerod, the hamlet van bus driver begins her retirement.

Sue began her career with Greene County in 2003 and was recently recognized for 10 years of service. For most of those years, she has provided the bus service to the senior citizens of Greene County for their shopping and errands.

Much happiness & good health is wished to Sue as she enters retirement. Think of us on the snowy, cold days ahead when you roll over & get to sleep in.

**SENIOR CITIZEN'S  
ROUNDTABLE NEWS**  
is published monthly by  
**GREENE COUNTY  
DEPT. of HUMAN SERVICES**  
411 Main St. Catskill, NY 12414  
719-3555 Toll Free (877)794-9266  
[aging@discovergreene.com](mailto:aging@discovergreene.com)

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Cortney Carlson  
Danielle Kane-Wade  
Maureen Murphy Ruth Pforte  
Carol Provost Gwen Starke  
Carrie Vedder - Youth Case Worker

Drivers:  
Hamlet Bus Sue Ormerod  
Nutrition Vans Janet Osborn  
Patrick Murphy

Bethany Village Case Manager  
Patricia Gessner

The office is open 8:30am - 5pm  
Monday thru Friday, with the excep-  
tion of July & August (4:30pm).  
Agency staff specialize in a variety  
of subjects. **While walk-ins can  
sometimes be seen, staff who can  
best assist you may be unavailable.**  
**We recommend you call ahead for  
an appointment.**

**TO SUBSCRIBE**  
To receive electronically, please  
email [aging@discovergreene.com](mailto:aging@discovergreene.com)  
with your name & email address  
**US Postal delivery:** Please contact  
the address/phone number above.

**TO ADVERTISE:**  
To help defray costs of publishing,  
the RoundTable News will accept  
paid advertisements. For further in-  
formation, contact Ken at 719-3555.

Greene County Department of Human Services operates  
the Rivertown Senior Center in Athens,  
as well as Senior Nutrition Sites throughout the county:

**\* Rivertown Senior Citizens Center**  
Tami Bone, Senior Center Manager  
2nd & Warren St., Athens  
(518) 945-2700

Staff:

JoanAnn Rouse Shane Dillon John Lawrence Lana Marrone

**\* Acra Senior Service Site**  
Sandra Sherman, Meal Site Manager  
Acra Community Center,  
Old Rte. 23B, Acra  
(518) 622-9898  
Staff: Elaine Cherrington

**\* Coxsackie Senior Nutrition Site**  
*at Town of Coxsackie Senior Center*  
Renee Raffiani, Meal Site Manager  
Mansion Street, Coxsackie  
(Former Knights of Columbus Hall)  
(518) 731-8901

**\* Catskill Senior Nutrition Site**  
*at Washington Irving Senior Center*  
Gethen Proper, Meal Site Manager  
15 Academy Street, Catskill  
(518) 943-1343  
Staff: Martha Schilling

**\* Jewett Senior Service Site**  
Jewett Municipal Building  
Route 23C, Jewett  
(518) 263-4392  
Staff: Gayle Ruvolo (Site contact)  
MaryAnn Brink  
Patricia Merwin

### **CONGREGATE MEALS**

Each site serves a hot noon-time lunch, Monday - Friday for a suggested do-  
nation of \$3.00. They are closed on legal holidays and inclement weather.

All congregate meals include:

Meat or Alternative Entrée Vegetables & Fruit Bread & Milk Dessert  
We ask that you call at least one day ahead to make sure you are included in  
the lunch count.



**Please  
consider a  
contribution  
to the Greene  
County Aging  
Services  
Foundation**

## **Seniors Helping Seniors**

The Greene County Aging Services Foundation, Inc. raises funds to support some of the essential programs of the Department of Human Services.

The Foundation reimburses the kind, generous volunteers who transport local seniors to medical appointments. With cutbacks at all levels of government and the costs associated with Hurricane Irene, the County is in need of our support more than ever.

Volunteers provide this essential benefit out of goodness of their hearts, but very few of these wonderful people can afford to carry out this effort without some reimbursement for vehicle costs.

We, as seniors, recognize the value that such programs bring to our communities. Let us remember that many of our loved ones, friends and families have received personal benefits from this important service.

Please select one of the donation levels listed below:

\_\_\_ \$5 Senior Friend      \_\_\_ \$10 Senior Supporter  
\_\_\_ \$20 Senior Benefactor      \_\_\_ \$50 Senior Patron  
\_\_\_ Other

Please make checks payable to the Greene County Aging Services Foundation Inc., and mail to the Foundation c/o Department of Human Services, 411 Main Street, Catskill, NY 12414



# GREENE COUNTY SENIOR SERVICE CENTERS

## ACRA SENIOR SERVICE CENTER 622-9898



**Acra Community Center**  
**Old Route 23B, Acra**

Aging Information & Assistance/  
Medicare Minute:  
2nd monthly Wednesday, 11 am

Cairo Crafters:  
1st & 3rd monthly Wednesday  
1 pm

## COXSACKIE SENIOR SERVICE CENTER 731-8901



**Town of Coxsackie Sr. Center**  
**127 Mansion St., Coxsackie**

Aging Information & Assistance/  
Medicare Minute:  
3rd monthly Mon, 11 am

Blood Pressure: 2nd Mon., 11 am  
Exercise Class: Tues/Thurs 10:30 am  
Knitting: Tuesday, 11am  
Line Dancing: Friday, 10am

## JEWETT SENIOR SERVICE CENTER 263-4392



**Jewett Municipal Building**  
**Route 23C, Jewett**

Aging Information & Assistance/  
Medicare Minute:  
4th monthly Fri - 11 am

Blood Pressure:  
2nd monthly Tues - 11am

## CATSKILL SENIOR NUTRITION SITE



**Washington Irving Senior Center**  
**15 Academy Street, Catskill**  
**943-1343**

Aging Information & Assistance/  
Medicare Minute:  
2<sup>nd</sup> Thurs of month, 11am

### CENTER ACTIVITIES

*Sponsored by Town of Catskill*

- \* **Mon:** Crafters - 1 pm
- \* **Tues:** Line Dancing - 10:30 am  
Weight Watchers - 11am  
Cards & Games - 1 pm
- \* **Wed:** Water Colors - 10am  
BINGO - 10:30 am  
Movie of Week - 1pm
- \* **Fri:** Exercise Class - 11 am



**RIVERTOWN  
SENIOR CENTER**  
**945-2700**

**2nd & Warren St.**  
**Athens**

Aging Information & Assistance/  
Medicare Minute:  
2<sup>nd</sup> Mon of month, 11am

1st Mon. of month - "Movie Time" - 12:30

Tuesday & Friday: Exercise 11:00 ó 11:30

2nd & 4th Tues. of month: Crafters 1pm ó 2pm

Wednesday: Certified Zumba Gold classes, 10am  
Karaoke 10:30 ó 11:00

Thursday: Cards, Games, Billiards 1:00 - done




Friday: Group games  
("Mind Your Mind", "Name That Tune", etc.)  
11:30 ó lunchtime

# GREENE COUNTY NUTRITION PROGRAM

**ALL PERSONS OVER AGE 60 CAN ATTEND LUNCH at ANY SITE**

**SUGGESTED DONATION: \$3.00**

**All meals include Bread with Promise spread; Milk; Coffee and Tea**

2014	Monday	Tuesday	Wednesday	Thursday	Friday
<p>JULY 1 - 4</p> 		<p>CHICKEN RICE CHINESE VEGGIES ORANGE JUICE APRICOTS</p>	<p>SEAFOOD PASTA SALAD MARINATED CARROTS GARDEN VEGETABLE SALAD TROPICAL FRUIT</p>	<p>ROAST BEEF w/Gravy WHIPPED POTATOES BROCCOLI PARMESAN CHOCOLATE CHIP COOKIES <i>Diet Dessert subst</i></p>	 <p><b>INDEPENDENCE DAY</b></p> <p><b>ALL SENIOR NUTRITION CENTERS CLOSED</b></p>
<p>JULY 7 - 11</p>	<p>KNOCKWURST <i>Low-Salt Diet Subst</i> BAKED BEANS SAUERKRAUT ITALIAN BLEND VEGETABLES APRICOT NECTAR APPLESAUCE &amp; COOKIES <i>Diet Dessert subst</i></p>	<p>BAKED CHICKEN QUARTERS w/Gravy WHIPPED POTATOES FRENCH CUT GREEN BEANS V8 JUICE TROPICAL FRUIT</p>	<p>MEATLOAF w/Gravy SCALLOPED POTATOES CALIFORNIA MIXED VEGGIES LIME JELLO w/PEARS <i>Diet Dessert subst</i></p>	<p>SLICED COLD TURKEY over Romaine Lettuce w/Garnish PASTA VEGETABLE SALAD CARROT RAISIN SALAD BERRY CRISP <i>Diet Dessert subst</i></p>	<p>SPAGHETTI &amp; MEATBALLS BROCCOLI TOSSED SALAD w/Romaine WATERMELON</p>
<p>JULY 14 - 18</p>	<p>AMERICAN GOULASH SPINACH PEACHES</p>	<p>BAKED HAM w/Pineapple Sauce <i>Low-Salt Diet Subst</i> FRESH SWEET POTATOES BROCCOLI PEARS</p>	<p>CHICKEN FLORENTINE MASHED POTATOES BEANS, BROCCOLI, CAULIFLOWER &amp; CARROTS OATMEAL COOKIE</p>	<p>POT ROAST w/Gravy PARSLEY POTATOES CARROT COINS w/Orange Sauce BROWNIE <i>Diet Dessert subst</i></p>	<p>CHICKEN CRANBERRY APPLE SALAD over Romaine Lettuce MACARONI SALAD MARINATED TOMATO, CUCUMBER &amp; ONION SALAD HONEYDEW MELON</p>
<p>JULY 21 - 25</p>	<p>BROCCOLI CHEESE FISH FILET RICE PILAF OLD FASHIONED MIXED VEGETABLES CRANBERRY JUICE SLICED PEACHES</p>	<p>BAKED CHICKEN CUTLET w/Fajita Seasoning, Peppers &amp; Onions POTATO SALAD LOCAL FARM FRESH ZUCCHINI CORNBREAD APRICOTS</p>	<p>MACARONI TUNA SALAD w/Tomato Wedges MARINATED CARROTS 3 BEAN SALAD MANDARIN ORANGES</p>	<p>PORK CHOPS w/Gravy STUFFING APPLESAUCE WHIPPED POTATOES SPINACH BIRTHDAY CAKE <i>Diet Dessert subst</i></p>	<p>BEEF STRONGANOFF Over Noodles CALIFORNIA MIXED VEGETABLES CANTALOUPE</p>
<p>JULY 28 - 31</p>	<p>CHICKEN DIVAN BROWN RICE BUTTERNUT SQUASH NECTARINES</p>	<p>LEMON PEPPER FISH POTATOES O'BRIEN SPINACH CHOCOLATE MOUSSE <i>Diet Dessert subst</i></p>	<p>ROAST PORK w/Gravy SWEET POTATO BROCCOLI RICE PUDDING <i>Diet Dessert subst</i></p>	<p>CHEESE LASAGNA ITALIAN BLEND VEGETABLES TROPICAL FRUIT</p>	





# NUTRITION NOTES

## **JULY:** **National Grilling** **& Picnic Month**

The month of July is a time when one starts thinking of barbecuing on the grill and having an old-fashioned picnic. However it also is a time when bacteria multiply faster and can cause food poisoning (also known as food-borne illness). Following a few simple guidelines can prevent an unpleasant experience.

### **Wash your hands**

Wash hands with soap and water for at least 20 seconds before and after handling food. If you're eating where there's no source of clean water, bring water, soap, and paper towels or have disposable wipes or hand

sanitizer available.

### **Marinate food in the refrigerator**

Don't marinate on the counter. Marinate in the refrigerator. If you want to use marinade as a sauce on cooked food, save a separate portion in the refrigerator. Do *not* reuse marinade that contacted raw meat, poultry, or seafood on cooked food unless you bring it to a boil first.

### **Keep raw food separate**

Keep raw meat, poultry, and seafood in a separate cooler or securely wrapped at the bottom of a cooler so their juices won't contaminate already prepared foods or raw produce. Don't use a plate or utensils that previously held raw meat, poultry, or seafood without washing them in hot, soapy water. Have a clean platter

and utensils ready at grill-side for serving.

### **Cook food thoroughly**

Use a food thermometer to make sure food is cooked thoroughly to destroy harmful bacteria. Refer to a Safe Minimum Temperature chart for safe minimum internal temperatures for foods. Partial precooking in the microwave oven or on the stove is a good way to reduce grilling time. Just make sure the food goes immediately on the preheated grill to finish cooking.

### **Keep hot food hot** **and cold food cold**

- Don't let hot or cold perishables sit out for longer than two hours, or one hour if the outdoor temperature is above 90° F. When reheating fully cooked meats, grill to 165° F or until steaming hot.
- Transport food in the passenger compartment of the car where it's cooler - not in the trunk.

## **2014 NYS SENIOR FARMERS MARKET NUTRITION PROGRAM**



- Are you over 60 years of age?
- Is your monthly income below \$1,772 for one or \$2,392 for two or do you receive SSI, Public Assistance or Section 8 Housing?
- Would you like to receive a booklet containing twenty dollars (\$20) worth of coupons redeemable for fresh fruits and vegetables?

If you answer yes to the above and  
your household has not already received Farmer Market coupons this year ...  
**CONGRATULATIONS - YOU ARE ELIGIBLE!!**

### **COUPON BOOKLETS CAN BE OBTAINED AT:**

GREENE COUNTY DEPARTMENT OF HUMAN SERVICES: MONDAY - FRIDAY, 9AM - 4PM

**CALL 719-3555 TO OBTAIN DISTRIBUTION DATES FOR BELOW:**  
RIVERTOWN SENIOR CENTER, ATHENS

ACRA SENIOR NUTRITION SITE (ACRA COMMUNITY CENTER)

WASHINGTON IRVING SENIOR CENTER, CATSKILL

TOWN OF COXSACKIE SENIOR CENTER

JEWETT SENIOR NUTRITION SITE (JEWETT MUNICIPAL BUILDING)

SENIOR HOUSING LOCATIONS

NYS Participating SFMNP in Greene County:  
Coxsackie Riverside Farmers Market  
Open Wednesday thru September, 4pm - 7pm

The Farmer's Market Coupon program is sponsored by  
NYS Department of Agriculture and Markets  
NYS Department of Health New York State Office for Aging  
Cornell Cooperative Extension  
U. S. Department of Agriculture Food and Nutrition Service

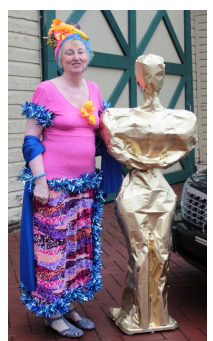


## **RECIPE of the MONTH:** **BANANA-VANILLA** **COFFEE SMOOTHIE**

1/2 cup nonfat milk  
1/2 cup strong-brewed coffee  
(Use 1 - 2 Tbsp. ground coffee  
per 1/2 cup water)  
1 cup frozen non-fat coffee yogurt or low-fat ice cream  
1 large peeled frozen banana,  
cut into 4 pieces  
1 tsp. vanilla extract  
Pour milk and coffee into  
blender. Add frozen yogurt, banana and vanilla. Purée until  
thick and creamy. Pour into tall  
glasses. OPTIONAL: Top each  
with crushed banana chips  
Makes 3 servings . . . Per serving  
- 120 calories; 0g fat; 26g carbohydrates; 5g protein; 1g fiber  
and 60 mg sodium

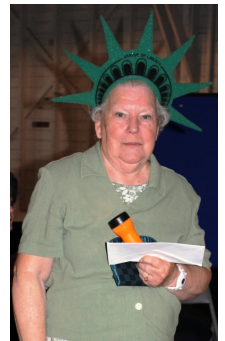


# 4th Annual Greene County Senior Citizens Day





# May 15, 2014



GREENE COUNTY DEPARTMENT OF HUMAN SERVICES  
WOULD LIKE TO THANK OUR AWARD WINNING DONORS –  
WITHOUT THEIR COOPERATION,  
OUR 4<sup>TH</sup> ANNUAL SENIOR CITIZENS DAY  
WOULD NOT HAVE BEEN SUCCESSFUL!

*Bimbo's Bakery*

*Ed Bloomer & Tami Bone in memory of Irene Bloomer*

*CDPHP*

*Carrols Corp. (Burger King of Catskill)*

*Catskill High School Media Club*

*Catskill Police Department*

*Catskill Rescue Squad*

*The Historic Community Theatre*

*Crystal Rock*

*DiStefano's Meat Market*

*Ginsberg's*

*Greene County: Buildings & Grounds; Real Property Tax Service  
& Economic Development, Tourism & Planning*

*H. P. Hood*

*Humana Insurance*

*Mahalo*

*Price Chopper*

*Richard's Funeral Home*

*Stewart's Shops*

*West Athens-Lime Street Fire Company*





## ARE YOU A GREENE COUNTY VETERAN?

### DO YOU NEED TRANSPORTATION TO/FROM THE CATSKILL CBOC FOR MEDICAL APPOINTMENTS?

IF YOU ANSWERED YES, PLEASE CONTACT THE GREENE COUNTY VETERANS SERVICE AGENCY.

Starting on June 2, 2014, the Greene County Veterans Service Agency will transport Greene County Veterans who meet certain eligibility requirements to/from the Catskill CBOC at Greene Medical Arts Center in Jefferson Heights, Catskill, for medical appointments.

Veterans must show a valid need for transportation, be enrolled in VA Healthcare & present their VA Healthcare ID card.

Transportation is available: Tuesdays & Thursdays beginning at 8:30am and will depart at 1:30pm. Reservations must be made one full week in advance.

**For further information, call (518) 943-3703**



### GREENE COUNTY'S GOT TALENT

Seniors from the Washington Irving Senior Center in Catskill have formed a choral group known as ðThe Whipsö. The ladies, under the direction of musician Michael DeBenedictus, performed at the Greene County Senior day. In the photo above, they get ready for their guest performance at Greene County Day at the NYS Volunteer Firemen's Home in Hudson.

*Photo by Charles Adsit*

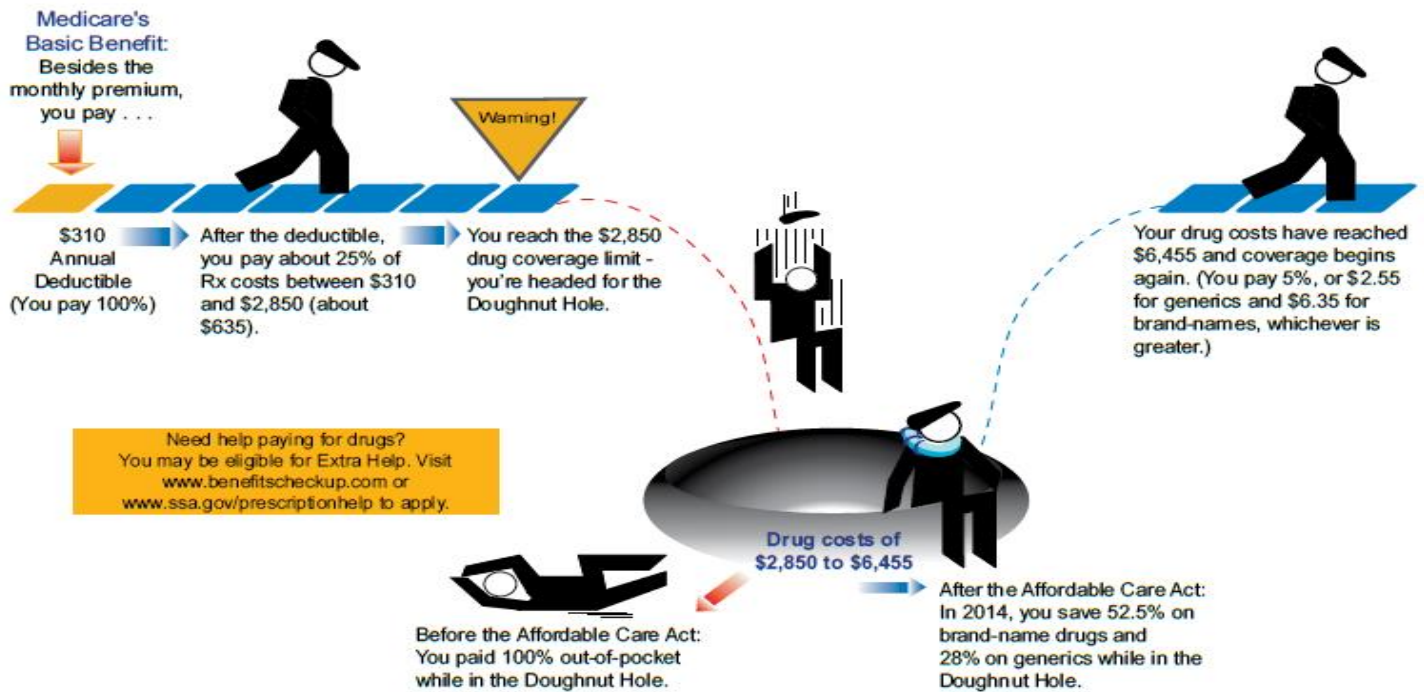
## Fourth of July Word Search

Y	E	M	X	G	P	H	L	J	E	C	C	W	V	O	I
Z	P	F	O	U	R	T	H	P	I	O	N	K	O	D	B
O	O	U	M	Z	M	Y	Y	N	L	P	Y	D	N	B	D
T	O	I	R	T	A	P	C	O	W	O	Z	A	Q	W	S
K	Y	X	F	B	Q	I	N	J	D	T	L	G	F	T	X
R	J	K	R	Q	P	I	Z	B	L	G	C	I	A	D	J
P	M	S	E	A	E	C	X	U	N	O	A	T	D	E	Q
V	H	T	E	S	P	G	R	E	N	N	E	L	S	C	X
W	U	R	D	H	V	A	I	G	U	S	M	R	F	L	Y
O	M	I	O	H	N	K	R	Y	H	A	A	D	D	A	T
O	G	P	M	Q	L	E	W	K	M	T	A	H	N	R	R
M	Y	E	C	H	S	X	S	E	S	P	I	C	T	A	E
I	T	S	S	S	S	K	R	O	W	E	R	I	F	T	B
J	L	V	K	S	I	I	A	P	T	R	C	N	X	I	I
B	U	N	R	C	C	T	Z	K	E	E	K	V	S	O	L
E	D	A	R	A	P	H	C	V	G	X	L	Y	I	N	S

Find the words about our nation's birthday horizontally, vertically and diagonally.

AMERICA  
BBQ  
BAND  
COLONIES  
CONGRESS  
DECLARATION  
ENGLAND  
FIREWORKS  
FLAG  
FOURTH  
FREEDOM  
LIBERTY  
PARADE  
PARK  
PATRIOT  
PICNIC  
STARS  
STATES  
STRIPES

## MEDICARE Part D Prescription Drug Benefit for 2014



**ncoa**  
National Council on Aging

For more information, visit the National Council on Aging at [www.ncoa.org](http://www.ncoa.org).  
Special thanks to FamiliesUSA ([www.familiesusa.org](http://www.familiesusa.org)) for giving us permission to use and adapt this graphic.

### HAMLET SHOPPING BUS



The Greene County Department of Human Services offers a hamlet shopping bus to Greene County residents over age 60 living in the towns of Athens, Cairo, Catskill and Coxsackie. Our friendly driver will pick seniors up at their door and bring them to area stores for shopping. The bus is handicap accessible. We ask that you call at least **one (1) business day** in advance to make arrangements to be picked up: (518) 719-3555

**SCHEDULE:**  
**Tuesday: Cairo**

**Wednesday morning: Athens/Coxsackie**

**Wednesday Afternoon: Town of Catskill**

### **HOW CAN I GET FURTHER INFORMATION?**

Contact Greene County Department of Human Services/Department for the Aging at 719-3555 or toll-free at (877) 794-9266 and ask for the Hamlet Bus service.

### **WE VALUE YOUR OPINION**

As with everything today, inflation has gotten the best of the RoundTable News. We have attempted to stay within our budget, but the escalating costs of printing and postage are taking a toll on us.

In an effort to cut costs, please advise us if you wish to continue to receive your monthly RoundTable News. For those who receive in bulk, maybe you might see a need to adjust your supply quantity.

Have you considered going Green(e)? This would immensely help us save costs each month. Plus you would receive a **FULL-COLOR VERSION** of the RoundTable News! If interested, just send your name & email address to: [aging@discovergreene.com](mailto:aging@discovergreene.com) SUBJECT: RTN email subscription.

Please take a moment to complete the questions below & return to us at: Greene County Dept of Human Services, ATTN: RoundTable News, 411 Main St, Catskill NY 12414; or call (518) 719-3555 and ask for Maureen, or drop a note to the email address above.

NAME: \_\_\_\_\_

Can we send to you electronically?

YES ☐ Email: \_\_\_\_\_

NO ☐ Continue to mail to me at the address on record

☐ Increase what we receive

☐ Decrease what we receive Desired # \_\_\_\_\_

☐ I no longer wish the RoundTable News sent to me/my business.





# Volunteers Reap What They Sow



Lead With Experience



## Volunteer Service

RSVP  
Lead With Experience

### Are You Interested In...?

- Driving a senior to a medical appointment
- Delivering meals to a homebound senior
- Helping at a senior center with meals
- Regularly visiting or phoning a homebound person
- Helping at blood pressure clinics
- Participating in a crafters' group
- Being a senior advocate
- Assisting at a blood drive
- Assisting Hospice patients
- Working at a thrift store
- Teaching a driver safety class
- Manning an information desk
- Helping with activities at a nursing home

These are just some of the many RSVP volunteer opportunities in Greene County

To volunteer or for further information,  
contact Ruth Pforte, Volunteer Coordinator  
Greene County Department of Human Services, Aging Division  
(518) 719-3555 or Toll-free (877) 794-9266

6/2014

## Volunteers Needed



Drivers needed to deliver meals to homebound seniors in Town/Village of Catskill.

Do you enjoy driving? Would you like to help homebound seniors get to medical appointments?

Volunteer drivers can choose the travel/distance they are available to provide.

Medical Transportation



Volunteers are needed for the information desk at Greene Medical Arts Center in Catskill on Tuesday afternoons, and mornings on Wednesday and Thursday. Duties include assisting clientele with locating physician's offices, diagnostic testing areas and more.

If interested in one of these positions or the many more available, contact Ruth Jones Pforte  
Greene County Dept. of Human Services  
(518) 719-3555  
or Toll free at (877) 794-9266



## GREENE COUNTY'S NEWEST OMBUDSMAN



Gwen Starke, Greene County Ombudsman Coordinator, is shown presenting Rebecca Shields of Catskill her certification as a NYS Ombudsman. The Long Term Care Ombudsman Program (or LTCOP) is a federal advocacy program dedicated to protecting people living in long term care facilities. In New York State, the Office for the Aging operates LTCOP through its Office of the State Long Term Care Ombudsman.

The heart of the Long Term Care Ombudsman Program is its corps of specially trained and certified volunteer ombudsmen. Potential Ombudsman Volunteers must attend a training program of 36 hours in order to be certified. These dedicated Ombudsmen spend an average of four to six hours a week in each of their assigned facilities, advocating for the residents.

Congratulations Rebecca on your achievement and dedication.



Rebecca Dawes of Community Action of Greene County Inc. is shown with Easter Baskets made by RSVP's Catskill Crafters and were distributed locally to women in the Domestic Violence Program.



## WONDERFUL PROGRAM

Recently, the Athens Rivertown Crafters made bags that will be used by the residents of Bethany Village in West Cossackie. In photo are Lynn Brunner, who designed and made the bags, with Joy Mayo, RSVP Library volunteer. The bags will make it easier for the residents to carry book selections made during the Heermance Memorial Library periodic visits.



*Save the Date*

Annual RSVP Volunteer Recognition Luncheon  
Thursday October 9<sup>th</sup>, 2014

Volunteers remember to sign-in  
when volunteering  
& submit those hours to our office

*Invitation to follow*

# APPLICATIONS NOW AVAILABLE

## For Senior Apartments

Autumn Grove Apartments - Catskill

Orchard Estates - Catskill

Kaaterskill Manor - Catskill

Fairground Estates - Cairo

Windham Willows - Windham

Hemlock Nob - Tannersville

One Bedroom Apartments of Subsidized Housing

For elderly and/or Disabled

Income Restrictions Apply

Rental Assistance and Universally Accessible Units

Applicants will be on waiting list

Call or Write

**Catskill Mountain Housing Development Corporation**

P.O. Box 473 • 448 Main Street

Catskill, New York 12414

(518)943-6700

TTD# (800)662-1220



*Paid Advertisement*



A special thank you to CDPHP for a \$2500.00 grant that went to Home-bound Transportation to help offset volunteer mileage costs.



**A plan for life.**



Regina Brennan  
In appreciation for services

Your kind support and generosity by donating to the Greene County Department of Human Services will help provide services to a needy, older adult of the county.

## GREENE COUNTY SENIOR CITIZENS CLUBS

### ATHENS:

**ATHENS SR. CITIZENS**

2nd & 4th Monday, 1:15pm

Rivertown Senior Center

### COXSACKIE:

**BETHANY VILLAGE**

**TENANTS ASSOC.**

3rd Wednesday, 1:15pm

Van Heest Hall

### GREENVILLE:

**GREENVILLE GOLDEN YEARS**

1st Wednesday, 1:30pm

American Legion Hall

### CAIRO:

**CAIRO GOLDEN AGERS**

2nd & 4th Wednesday, 1:30pm

Acra Community Center

### COXSACKIE AREA SRS.

2nd & 4th Wednesday, 1:15pm

Van Heest Hall,

Bethany Village

### MOUNTAIN-TOP:

**MTN. TOP**

**GOLDEN AGERS**

4th Thursday, 1:30pm

Tannersville Village Hall

### CATSKILL

**CATSKILL SENIOR**

**FELLOWSHIP**

3rd Thursday, 1:00pm

Washington Irving Center

### SR. CITIZENS of COXSACKIE

1st & 3rd Monday, 1:30pm

Coxsackie Center

### W-A-J-P-L

**GOLDEN AGERS**

1st & 3rd Monday, 1:30pm

Hensonville Town Bldg.

### RIP VAN WINKLE

**SENIOR CITIZENS**

2nd Thursday, 1:00pm

Washington Irving Center



*Calling All Seniors!*