


**GREENE COUNTY DEPARTMENT of HUMAN SERVICES - AGING NUTRITION PROGRAM**

ALL PERSONS OVER 60 (and spouses) ARE INVITED TO ATTEND SUGGESTED DONATION IS \$3.00  
SERVED DAILY: SLICE BREAD (Unless noted differently) w/PROMISE SPREAD; MILK, COFFEE & TEA

	Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 2 - 6	  ALL SENIOR SERVICE CENTERS CLOSED  NO MEALS SERVED or DELIVERED	BRATWURST on a Hotdog bun w/SAUERKRAUT <i>Low-Salt Diet Subst</i>  BAKED BEANS  OLD FASHIONED MIXED VEGETABLES  PINEAPPLE JUICE  APPLESAUCE & COOKIES  <i>Diet Dessert Subst</i>	BEEF STEW  GREEN BEANS  ORANGE BLOSSOM PUDDING   <i>Diet Dessert Subst</i>	BAKED CHICKEN w/Gravy  CRANBERRY SAUCE  BRUSSEL SPROUTS  WHIPPED POTATOES  DINNER ROLL  BROWNIE  <i>Diet Dessert Subst</i>	CHEESE LASAGNA  SPINACH  TOSSED GREEN SALAD  ITALIAN BREAD  FRESH PEAR
SEPT 9 - 13	CHICKEN CHOW MEIN over Brown Rice  PEAS & CARROTS  FRENCH CUT GREEN BEANS  TROPICAL FRUIT	HUNGARIAN GOULASH over Noodles  OLD FASHIONED MIXED VEGGIES  PINEAPPLE JUICE  APPLESAUCE & COOKIES  <i>Diet Dessert Subst</i>	ROAST PORK w/Gravy  SWEET & SOUR CABBAGE  OVEN ROASTED POTATOES  FRESH SQUASH  DINNER ROLL  BIRTHDAY CAKE  <i>Diet Dessert Subst</i>	MEATLOAF w/Gravy  MASHED POTATOES  BRUSSEL SPROUTS  APRICOTS	CHICKEN & BISCUITS  WHIPPED POTATOES  BROCCOLI  CANTALOUPE
SEPT 16 - 20	MACARONI & CHEESE  STEWED TOMATOES  3-BEAN SALAD  CRANBERRY JUICE  APRICOTS	LEMON PEPPER FISH w/Tartar Sauce  EXCALLOPED POTATOES  CALIFORNIA MIXED VEGETABLES  APRICOT NECTAR  TROPICAL FRUIT	CORNED BEEF w/Cabbage <i>Low-Salt Diet Subst</i>  PARSLEY POTATOES  SLICED CARROTS  CHOCOLATE PUDDING w/Whipped Topping  <i>Diet Dessert Subst</i>	SWEDISH MEATBALLS over Egg Noodles  OLD FASHIONED MIX VEGETABLES  ORANGE JUICE  APPLE CRISP  Diet Dessert Subst	WHITE CHICKEN CHILI over Brown Rice  CARROTS  GREEN BEANS  CRANBERRY JUICE  CORNBREAD  FRESH SEASONAL FRUIT
SEP 23 - 27	CHICKEN PARMESAN  ROTINI in Tomato Sauce  ITALIAN MIXED VEGETABLES  TROPICAL FRUIT	SHEPHERD'S PIE  BROCCOLI  ORANGE JELL-O w/Mandarin Oranges  <i>Diet Dessert Subst</i>	PORK CHOP w/Gravy  SAUERKRAUT  FRESH SWEET POTATOES  CAULIFLOWER PARMESAN  OATMEAL RAISIN COOKIE  <i>Diet Dessert Subst</i>	ROAST TURKEY w/Stuffing & Gravy  CRANBERRY SAUCE  WHIPPED POTATOES  CALIFORNIA MIXED VEGETABLES  PUMPKIN PUDDING w/Whipped Topping  <i>Diet Dessert Subst</i>	BAKED TILAPIA w/Lemon & Tartar sauce  BAKED POTATO  BRUSSEL SPROUTS  V8 JUICE  FRESH GRAPES
SEP 30	CHICKEN DIJON  RICE PILAF  SPINACH  ORANGE JUICE  PEACHES	