

Raising Awareness * Fostering Collaboration * Improving Services



Columbia-Greene Interagency Yellow Pages

Directory of Programs and Services

2013

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Dear Health Care and/or Human Services Professional:

On behalf of the 2013 Columbia-Greene Interagency Awareness Day planning committee, we are pleased to provide you with the latest edition of this Yellow Pages Directory of Programs and Services. This directory is intended to serve as a resource to assist professionals working with residents in both counties that have specific health care needs. It includes a wide range of agencies, organizations and groups that are either located within either county or include them both in their service territories. Every attempt has been made to assure the accuracies of the submissions. However, if there is an error or omission, please notify us and we will make the necessary change and notify directory recipients by email. We hope to host another IAD event in the spring of 2015. In the meantime, we hope that you find this document and the companion Quick Reference Chart useful tools in carrying out the important work that you do to improve the quality of life for all Columbia and Greene County residents.

Sincerely,

**Theresa C. Mayhew, Cornell Cooperative Extension of Columbia & Greene Counties
Katie Scheu Morelli, Columbia County Department of Health
2013 IAD Co-chairs**

Tcm5@cornell.edu

Katie.Morelli@columbicountyny.com

Columbia County

Alight Center, Inc.

192 Fairview Avenue, Hudson, NY 12534

(518) 822-9008

Fax: (518) 751-2029

Website: www.alightpc.org

Contact: Laurie Anderson, Director of Client Services

Email: alightpc@gmail.com

Objectives: To provide services that meet the physical and emotional needs of women and men facing an unplanned pregnancy.

Services Provided: Referrals to a medical office housed in our facility that provides free pregnancy testing and ultrasound for pregnancy verification. Classes on birthing, infant care, breast feeding, and parenting young children. Material aid, adoption support/information.

Hours: Vary.

Target Population: Women approximately 13 - 45 years of age.

How to Apply for Services: Call or stop in.

COARC

P.O. Box 2, 630 Route 217, Mellenville, NY 12544

(518) 672-4451

Fax: (518) 672-0187

Website: www.coarc.org

Contact: Kenneth R. Stall, Executive Director

Email: info@coarc.org

Objectives: COARC's mission is to expand abilities, one person at a time, so individuals experiencing disabilities can achieve their individual goals.

Services Provided: Advocacy and Legal Services, Camp Mahican, Children's Services, Clinical Services, Coarc Contract Manufacturing, Community Habilitation, Consolidated Supports and Services, Day Habilitation Programs, Employment Services, Recreation Opportunities, Residential Services, Respite Services, Respite Program, Service Coordination, Supportive Community Services, The Starting Place Preschool & Day Care, Traumatic Brain Injury Services, Vocational Services.

Hours: 24 hours/day; 7 days/week.

Target Population: People with developmental disabilities, traumatic brain injuries, other disabilities.

Eligibility Criteria: OPWDD eligibility, TBI eligibility, ACCES-VR eligibility.

How to Apply for Services: Call (518) 672-4451 or visit www.coarc.org.

Columbia County Community Healthcare Consortium, Inc.

325 Columbia Street, Suite 200, Hudson, NY 12534

Phone: (518) 822-8820

Fax: (518) 828-1479

Website: www.columbiahealthnet.org

Contact: Claire Parde, Executive Director

Email: cparde@columbiahealthnet.org

Objectives: Increase access to quality healthcare through collaboration, education, information and service delivery.

Services Provided: Non-emergency medical transportation; enrollment assistance for NYS health insurance plans (Child Health Plus, Family Health Plus, Managed Care Medicaid); breast, cervical and colorectal screenings; tobacco-free action for education and advocacy for policy change regarding tobacco use; health-education Speakers Bureau; prescription access assistance for eligible residents.

Hours: Monday – Friday (except holidays): 8:30 am – 4:00 pm.

Target Population: Uninsured; underserved; Columbia county residents experiencing barriers to transportation for medical appointments.

Eligibility Criteria: Primary eligibility established by grant funding parameters.

How to Apply for Services: Call to schedule an appointment.

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Cancer Services Program

Phone: (518) 822-8741, ext. 318

Fax: (518) 828-3425

Contact: Andrea Bruce, Intake Coordinator

Email: abruce@columbiahealthnet.org

Objectives: To provide uninsured residents of Columbia and Greene counties with recommended cancer screenings.

Services Provided: No cost mammograms, pap smears/pelvic exams, clinical breast exams and colorectal cancer screenings – there are many local doctors to choose from.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Uninsured women age 40 and older; uninsured men age 50 and older.

How to Apply for Services: Call to schedule an appointment.

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Columbia-Greene Facilitated Enrollment Program

(518) 822-9600, ext. 303

Fax: (518) 828-4015

Contact: Lisa Thomas, Senior Program Director

Email: lisa@columbiahealthnet.org

Objectives: To assist individuals and families in applying for Child Health Plus, Family Health Plus and Medicaid Managed Care.

Services Provided: Assistance in applying for Child Health Plus, Family Health Plus and Medicaid Managed Care.

Hours: Monday – Friday: 8:30 am. – 4:00 pm.; some evening and weekend hours.

Target Population: Uninsured; underinsured.

How to Apply for Services: Call (518) 822-9600.

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Medical Transportation Service

(518) 822-8020

Fax: (518) 828-1479

Contact: Paul Knott, Transportation Coordinator

Email: paul@columbiahealthnet.org

Objectives: To provide medical transportations for Columbia county residents who have no other means of transportation.

Services Provided: Non-emergency, door to door medical transportation service.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Seniors and low-income families.

Eligibility Criteria: Must be a Columbia County resident.

How to Apply for services: Call for information.

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NY Connects, Columbia County

(518) 828-2273, ext. 328

Fax: (518) 828-1479

Contact: Lynda Scheer, Program Coordinator

Email: Lynda@columbiahealthnet.org

Objectives: NY Connects, Columbia County is a trusted resource in our community that provides the free information and assistance you need to make informed decisions about long term care.

Services Provided: Information on services currently available; referrals to agencies that may help in the care of loved ones; assistance in obtaining services.

Hours: Monday – Friday: 9:00 am – 4:00 pm.

Target Population: Elderly and disabled of all ages.

How to Apply for Services: Call or email.

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Prescription Access Program

(518) 822-8820, ext. 328

Fax: (518) 828-3425

Contact: Lynda Scheer, Program Coordinator

Email: Lynda@columbiahealthnet.org

Objectives: Help Columbia, Greene and northern Dutchess County residents to obtain needed prescriptions if they are unable to afford them or lack prescription coverage.

Services Provided: Discount cards; patient assistance program; application help; help accessing other resources.

Hours: Monday – Friday: 8:30 am – 4:00 pm.

Target Population: Columbia, Greene and northern Dutchess County residents.

How to Apply for Services: Call or email.

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Rip Van Winkle Tobacco-Free Action

(518) 822-0999, ext. 305

Fax: (518) 828-1479

Website: www.rvwtobaccofree.org

Contact: Karen dePeyster, Program Director

Email: Karen@columbiahealthnet.org

Objectives: Promote cessation and NYS Smokers Quitline; increase availability of rental housing that has a non-smoking policy in the lease; increase the number of smoke-free parks, playgrounds, beaches and other outdoor public spaces; reduce tobacco advertising and the visibility and accessibility of tobacco products.

Services Provided: Educational materials on tobacco-related topics provided to human service organizations to make available to their clientele; information on the legal and financial issues of a

non-smoking policy for rental property and technical assistance in implementing a non-smoking policy to existing sites, or new and renovated construction provided to landlords and property managers; free custom No Smoking signs for businesses that restrict smoking around entryways or on grounds; free information, sample resolutions and custom signs to assist towns, villages and other municipalities in adopting smoke-free outdoor air policies; education and advocacy for policies and practices that reduce tobacco advertising and visibility of tobacco products in retail stores.

Hours: Monday – Friday: 8:30 am – 4:00 pm.

How to Apply for Services: Call or email.

Columbia County Department of Health (CCDOH)

325 Columbia Street, Suite 100, Hudson, NY 12534

Phone: (518) 828-3358

Website: <http://www.columbiacountyny.com/depts/health2/>

Contact: Angella Timothy, Public Health Director

Email: angella.timothy@columbiacountyny.com

General Email: ccdoh@columbiacountyny.com

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CCDOH Certified Home Health Agency (CHHA)

(518) 828-3358, ext. 1295

Fax: (518) 671-6737

Contact: Dianne Wolff, Supervising Public Health Nurse **Email:** Dianne.Wolff@columbiacountyny.com

Objective: To provide high quality, intermittent home care services to Columbia County residents recovering from surgery or an acute episode of illness.

Services Provided: Skilled Nursing, Physical Occupational and Speech Therapies, Medical Social Worker and aide services. Services are provided to qualified adult clients with physician's orders and a documented, acute need for care at home. Homecare services are short term and may be covered by private insurance or Medicare.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Adults.

Eligibility Criteria: Determined at the time of referral.

How to Apply for Services: Call (518) 828-3358 and ask for the Home Care Intake Nurse.

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CCDOH Early Intervention and Preschool Services

(518) 828-4278

Fax: (518) 671-6738

Objectives: To provide services to eligible infants, toddlers and preschool children, under the age of 5 years of age, who are deemed to have a developmental delay.

Services Provided: Some examples of services provided in both programs are Speech, Occupational and Physical therapies, Special education, Counseling and center-based programming.

Hours: Administration: Monday – Friday: 8:00 am – 4:00 pm. Services, however, can be provided to accommodate the schedule of the family.

Target Population: Infants, toddlers and preschool children under the age of five years.

Eligibility Criteria: A child must be suspect in having a delay in one or more of the developmental domains. With parental consent, an evaluation will be done to determine eligibility following this criteria: 33% delay in one domain, 25% delay in two or more domains. Or, 2 standard deviations below the mean in one domain, or, 1.5 standard deviations below the mean in two or more domains.

How to Apply for Services: Any parent who suspects their child may have a delay in their development may call our office and they will be guided to the appropriate contact. In general, based on the child's date of birth, a child under the age of three would be referred to the Early Intervention Program; or, if the child is almost 3 or older, that child would be referred to the Committee on Preschool Special Education in the school district in which the child and family reside.

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CCDOH Environmental Health Division

(518) 828-3358, ext. 1238

Fax: (518) 828-2666

Contact: James Rich, Director of Environmental Health

Email: james.rich@columbiacountyny.com

Objectives: Implement regulatory programs to protect the health of the public in accordance with the NYS Sanitary Code and all other applicable regulations.

Services Provided: Emergency on-call services for rabies incidents; food service establishments; Adolescent Tobacco Use Prevention (ATUPA); beaches and pools; Clean In-Door Air Act (CIAA); children's camps; campgrounds; festivals and mass gatherings; childhood lead poisoning prevention; DEC programs; DEC hazardous spill response; temporary residences; rabies clinics and responses; West Nile Virus; migrant housing; mobile home parks; nuisances; public water; realty subdivisions; private subdivisions; individual on-lot sewage development; commercial sewage; permitted facilities; tick identification.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: General Public.

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CCDOH Maternal and Child Health Division

(518) 828-3358

Fax: (518) 828-8472

Contact: Judy Hettesheimer, Supervising Community Health Nurse

Email: Judy.Hettesheimer@columbiacountyny.com

Objectives: To provide assessments and support for families with young children.

Services Provided: Nursing support and education during pregnancy, help with obtaining resources, health assessments of mother and baby after delivery at home visits, and breastfeeding support. Call for more information about special programs – lead poisoning prevention, children with special health care needs.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: All Columbia County residents during the prenatal and postpartum period and pediatric clients up to age 21.

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CCDOH Migrant Program

(518) 828-3358, ext. 1252 **Fax: (518) 828-1200**

Contact: Kathryn Roberts, RN, Migrant Program Coordinator

Email: Kathryn.Roberts@columbiacountyny.com

Objectives: To protect and promote the health of the migrant farm worker population of Columbia and surrounding counties through prevention, primary care, and the assurance of quality health care.

Services Provided: Outreach clinics held at area farms offering blood pressure, vision, and diabetes screenings along with immunizations and tuberculosis testing; Physician visits available through Columbia Memorial Hospital and Hudson River health Care; Access to dental visits and vaccinations; Translation and transportation through the Community Health Worker; Prenatal visits to point of delivery as well as birth certificates; OB/GYN visits; Applications and visits to WIC office; Pediatric office visits; Health Dept. STD and Immunization clinics; Translation and interpretation regarding legal, medical, and insurance matters.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Migrant and seasonal farm workers and their families in Columbia and surrounding counties.

How to Apply for Services: Call Irish Falkner, Community Outreach Worker, at (518) 567-2756 or Kathryn Roberts, Migrant Coordinator, at (518) 828-3358 ext. 1252.

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CCDOH Public Health Division

(518) 828-3358, ext. 1257 **Fax: (518) 828-1200**

Contact: Desmond Muller, Supervising Community Health Nurse

Email: Desmond.Muller@columbiacountyny.com

Objectives: To investigate cases of infectious disease in the county to help prevent the spread of disease; to provide education, testing services, and immunizations; and to prepare for and respond to public health emergencies.

Services Provided: Investigate infectious disease cases; interview patients and contacts to stop the spread of disease; conduct community education; conduct directly observed therapy for patients with tuberculosis; Sexually Transmitted Disease (STD) clinic, Immunization Clinic (children ages 18 and under may be eligible for free vaccines); outreach clinics in the community (flu clinics); community education to promote vaccination; plan and train for public health emergencies; respond to public health emergencies.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

STD Clinic Hours: Every Tuesday: 4:30 -- 5:30 pm. All services are free and confidential.

Immunization Clinic Hours: Tuesday, 1:00 - 3:30 pm and every third Wednesday of the month: 4:00–6:00 pm. By appointment only -- please call (518) 828-3358, option #4 to make an appointment.

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CCDOH Public Health Preparedness Program

(518) 828-3358, ext. 1247

Fax: (518) 828-1200

Website: <http://www.columbiacountyny.com/depts/health2/emergency.html>

Contact: Chuck Kaiser, Public Health Emergency Preparedness Coordinator

Email: Chuck.Kaiser@columbiacountyny.com

Objectives: To provide the development and oversight of Public Health Emergency Preparedness. This includes planning, preparing, and protecting the community from natural or manmade public health threats including biological, chemical and radiological agents. The Public Health Preparedness Program helps the county to get ready for emergencies by planning, training, conducting drills, and educating community members. We collaborate with other county, state and federal agencies, along with Columbia Memorial Hospital and Columbia County emergency services.

Services Provided: Community education, training, planning, and coordinating drills, for municipalities, private organizations, and industry to help mitigate and respond to a public health emergency.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Columbia County Department of Human Services (CCDHS)

325 Columbia Street, Hudson, NY 12534

Michael W. Cole, Director of Community Services

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CCDHS/Mental Health Center

325 Columbia Street, Suite 300, Hudson, NY 12534

(518) 828-9446, ext. 2246

Fax: (518) 828-9450

Contact: John Lyons, Director for Care Coordination Services

Email: jlyons@govt.co.columbia.ny.us

Objectives: Coordination of Care/Case Management so that medical, behavioral health and social services needs are addressed in a comprehensive manner.

Services Provided: Coordination of Care/Case Management Housing SPOA (Single Point of Access) for adults with mental illness.

Hours: Monday – Friday: 8:00 am – 5:00 pm.

Target Population: Children and Adults.

Eligibility Criteria: Mental Health Needs.

How to Apply for Services: Call (518) 828-9446, ext. 2246.

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CCDHS Mental Health Clinic

325 Columbia St., Hudson, NY 12534

(518) 828-9446, ext. 2277 **Fax: (518) 822-8096**

Contact: Rosemarie Ansel, Deputy Director/Director of Operations

Email: ransel@govt.co.columbia.ny.us

Objectives: Provide mental health treatment to the residents of Columbia County.

Services Provided: Individual and group therapy for the residents of Columbia County. In addition, we offer psychiatric evaluations and medication management.

Hours: Monday, Tuesday, and Friday: 8:00 am – 5:00 pm.; Wednesday and Thursday: 8:00 am – 8:00 pm; Crisis Line – 24 hours: (518) 828-9446

Target Population: Age 5 and up.

Eligibility Criteria: Must be a resident of Columbia County.

How to Apply for Services: Call (518) 828-9446 and ask to schedule an intake assessment.

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Single Point of Access (SPOA)

325 Columbia St., Hudson, NY 12534

(518) 828-9446, ext. 2282 **Fax: (518) 822-8096**

Contact: Margaret Kennedy Children's Single Point of Access (SPOA) Coordinator

Email: mkennedy@govt.co.columbia.ny.us

Objectives: To assess the mental health case management needs of children and families who have been referred through the Single Point of Access (SPOA) process and make service referrals.

Services Provided: Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

Hours: Monday – Friday: 9:00 am – 5:00 pm. SPOA Level of Care meetings are scheduled twice a month on Tuesdays between 1:00 & 3:00 pm.

Target Population(s): Youth with a mental health diagnosis having behavioral problems which are interfering with success at home, at school or in the community.

Eligibility Criteria: Mental health diagnosis.

How to Apply for Services: Contact SPOA Coordinator for an application.

Columbia County Department of Social Services

P.O. Box 458, Hudson, NY 12534

(518) 828-9411, ext. 110 **Fax: (518) 828-5401**

Contact: Judith Richards, Director of Administration and Training

Email: jrichards@govt.co.columbia.ny.us

Services Provided: The department strives to promote the health, safety, economic opportunity, and general well-being of the county's families and children through the compassionate delivery of service in the least restrictive way.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Adult Services, Children's Services (Foster Care, Adoption, Child Protective and Preventive), Medicaid, Temporary Assistance, Supplemental Nutritional Assistance Program, Child Support, Legal Services, Day Care Eligibility Services, and Employment Services.

Eligibility Criteria: Columbia County children and families.

How to Apply for Services: On-line and in-person at the department.

Columbia County Office of the Aging

325 Columbia Street, Hudson, NY 12534

(518) 828-4258

Fax: (518) 822-0010

Website: www.columbiacountyny.com/depts/ofa

Contact: Kary Jablonka, Administrator

Email: ofa@columbiacountyny.com

Objectives: Supporting the independence and quality of life for seniors (individuals over 60 years of age) through advocacy and service delivery to help older citizens remain in their own homes connected to family, friends, and the community.

Services Provided: In-home assistance with personal care and homemaking tasks for those unable to meet their own needs; home delivered meals; hot meals, leisure time, and recreation at one of seven 60+ Food and Friendship Centers; legal assistance; health insurance information, counseling and assistance program; medical transportation; nutrition education and counseling; weatherization assistance; home energy assistance program (HEAP); connections for caregivers (including respite services); case management; shopping assistance; information and referral.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Seniors, age 60+.

Eligibility Criteria: 60 years of age and older.

How to Apply for Services: Contact the Office for the Aging at (518) 828-4258.

Columbia County Veterans Service

401 State Street, Hudson, NY 12534

(518) 610-0941

Contact: Gary L. Flaherty

Email: NYVETCOUNCIL@yahoo.com

Objectives: Providing maximum services to veterans and active duty members.

Services Provided: Assistance with submitting claims for all veterans' benefits, assist veterans returning from the war zones with re-integration into the community/family, provide mentoring in the courts for any veteran who has been in trouble with the law and has issues with their war experiences, assist with arranging funerals, helping veterans' widows with the benefit process, participate in the Battle Buddy Program, coordinate with the Veterans' Administration for all services veterans are

entitles to, provide daily transportation to/from VA Hospital appointments to include wheelchair bound.

Hours: The director is available 24 hours/day, including weekends and holidays.

Target Population: Veterans, their families and widows.

Eligibility: As determined by the Department of Veteran Affairs.

How to Apply for Services: Contact the Director/or on duty secretary at 401 State Street, Hudson.

Office phone: (518) 828-3601.

Columbia County Youth Bureau

401 State Street, Hudson, NY 12534

(518) 828-7213

Fax: (518) 822-9485

Contact: Jessica M. Nabozny, Executive Director

Email: Jessica.Nabozny@columbiacountyny.com

Services Provided: No direct services – administrative.

Hours: Monday – Friday: 8:00 am – 4:00 pm.

Target Population: Youth, up to age 21.

How to Apply for Services: Request for proposals – must be not for profit agency/program.

Columbia Opportunities, Inc.

540 Columbia Street, Hudson, NY 12534

(518) 828-4611

Fax: (518) 828-4614

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Community Action Center

540 Columbia Street, Hudson, NY 12534

(518) 828-4611, ext. 228

Fax: (518) 828-4614

Toll-Free: 1-888-565-1240

Website: www.columbiaopportunities.org

Contact: Tina M. Sharpe, Executive Director

Email: tsharpe@columbiaopportunities.org

Objectives: Columbia Opportunities' mission is to help solve poverty related problems in our community. Our goal is to provide opportunities to families and individuals so they may attain the skills, knowledge and resources they need to become self-reliant.

Services Provided: Child care; child development; crisis intervention; educational services; emergency services; financial assistance; information/referral; parenting support; transportation; volunteer opportunities; youth program; housing assistance; emergency food; weatherization.

Hours: Monday - Friday: 8:30 am – 4:30 pm.

Targeted Population: low-income individuals and families of all ages in Columbia County.

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COI - Community Services Program

540 Columbia Street, Hudson, NY 12534

(518) 828-4611, ext. 208

Fax: (518) 828-4614

Toll-Free: 1-888-565-1240

Contact: Kathryn Applegate

Email: kapplegate@columbiaopportunities.org

Objective: To provide emergency intervention for food and shelter needs, problem solving for income and family issues and advocacy to insure that individuals and families have access to all available and necessary assistance.

Services Provided: Crisis intervention, financial assistance, emergency food, information and referral.

COI offers limited financial assistance for a variety of emergency needs in partnership with the Berkshire Taconic Foundation Neighbor-to-Neighbor Fund and the Hudson River Bank & Trust Foundation. Customers have access to telephones and the internet to assist with job and housing searches and to arrange for social service and medical appointments.

Hours: Monday - Friday: 9:30 am – 4:30 pm.

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COI - Hudson Family Literacy Program

C/O Hudson City School District

John L Edwards Elementary School, 360 State Street, Hudson, NY 12534

(518) 828-4360, ext. 4322 or 4350

Contact: Sophia Becker

Email: BeckerS@hudsoncityschooldistrict.com

Objective: This program supports and guides adult and adolescent learners as they meet their educational and vocational goals. It also helps to develop the home as a learning environment for everyone in the family.

Services Provided: Through a partnership between COI and the Hudson City School District and collaborations with other local education and community-based programs, the Hudson Family Literacy Program offers literacy services to families. Services for children include an early childhood classroom experience, after school program, monthly Family Night and summer activities. This program is available to residents of the Hudson City School District. Adult and adolescent learners participate in English language classes, high school equivalency programs, and vocational training. Hudson Family Literacy offers both home and center based services. Income eligibility guidelines must be met.

Hours: Vary according to the needs of the families served.

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COI - Head Start

540 Columbia Street, Hudson, NY 12534

(518) 828-6312, ext. 220

Fax: (518) 828-4614

Toll-Free: 1-888-565-1240

Contact: Cindy Andrus

Email: candrus@columbiaopportunities.org

Objective: This comprehensive early childhood education program provides 3 and 4 year old children and their families a HEAD START for the years to come through education, social, health, nutrition and support services.

Services Provided: Education, social, health, nutrition, and support services. Home based, combination, and center-based services are provided throughout Columbia County. Head Start classrooms are currently located in: Chatham, Philmont, Craryville, Valatie, and Hudson. Income eligibility guidelines must be met.

Office Hours: Monday - Friday: 8:30 am – 4:30 pm. Classroom schedules vary according to location.

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Home Energy Assistance Program (HEAP)

540 Columbia Street, Hudson, NY 12534

(518) 828-4611, ext. 202

Fax: (518) 828-4614

Toll-Free: 1-888-565-1240

Contact: Sophie LaLumia

Email: slalumia@columbiaopportunities.org

Objective: Columbia Opportunities, Inc. is an alternate certifier for the Home Energy Assistance Program (HEAP) providing easier access to benefits for eligible households.

Services Provided: During the heating season COI accepts HEAP applications from Columbia County residents. This program provides help with a household's annual energy costs. HEAP also offers an emergency benefit. People may apply in person or by mail. The 2013 heating season ended on March 15, 2013. Through a partnership with HeartShare Human Services of NY, COI also serves as an intake site for the National Grid Care & Share Program. The Care & Share Energy Fund is designed to provide limited financial assistance to HEAP eligible households in National Grid's New York service area who are experiencing an energy-related emergency. People may apply by appointment.

Hours: Monday - Friday: 8:30 am – 4:30 pm. Evening hours available during the heating season.

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COI Housing Choice Voucher Rental Assistance Program

PO Box 88 - 2 Rock Street, Philmont, NY 12565

(518) 672-6612

Fax: (518) 672-7271

Toll-Free: 1-877-889-3331

Contact: Gail Paone

Email: gpaone@columbiaopportunities.org

Objective: This program helps low-income families, senior citizens and individuals with disabilities to live in affordable and decent rental housing throughout Columbia County, NY.

Services Provided: The Housing Choice Voucher program provides federal housing subsidies to income eligible families living throughout Columbia County, including the City of Hudson.

Income eligibility guidelines must be met. Area landlords are also encouraged to contact the program for information. **As a result of the sequestration of federal funds, COI is not accepting any new applications for the Housing Choice Voucher Program until further notice.**

Hours: Monday - Friday: 8:30 am – 4:30 pm.

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COI Voluntary Income Tax Assistance Program (VITA)

540 Columbia Street, Hudson, NY 12534

(518) 828-4611, ext. 228

Fax: (518) 828-4614

Toll-Free: 1-888-565-1240

Contact: Tina Sharpe

Email: tsharpe@columbiaopportunities.org

Objective: The VITA program provides free tax preparation assistance to taxpayers who cannot afford the services of a paid tax preparer. Special attention is given to low income working parents and individuals who are eligible for the Earned Income Credit.

Services Provided: Free tax preparation by IRS certified volunteers, electronic filing of tax returns, and direct deposit of tax refunds.

Income guidelines must be met.

Hours: Evening hours during the tax season. Scheduled appointments between 8:30 am and 4:30 pm year round.

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COI Weatherization Program

PO Box 88, 2 Rock Street, Philmont, NY 12565

(518) 672-7268

Fax: (518) 672-7271

Toll-Free: 1-877-889-3331

Contact: James Reutenauer

Email: jreutenauer@columbiaopportunities.org

Objective: Assist Columbia County residents to make energy efficiency improvements to their homes.

Services provided through the following programs:

Weatherization Assistance Program

This program helps income-eligible households by reducing their energy costs and improving the safety of their homes through the installation of energy efficiency measures. Both single-family and multi-family buildings may be weatherized. Services are available to homeowners, renters and landlords with income eligible tenants. Income eligibility guidelines must be met.

EmPower New York Program

Sponsored by the New York State Energy Research and Development Authority (NYSERDA), this program also assists households with a limited income to take control of their energy use. COI will evaluate the home and provide energy efficiency services such as high-efficiency lighting, refrigerator replacement, and insulation. This program is also available to people who may have received our regular weatherization services in the past.

NYSERDA Home Performance with Energy Star Program

This program offers valuable financial cash back incentives, grants, and low interest financing that help make energy efficiency improvements affordable for most people. COI can work with homeowners with an annual gross income up to \$284,000. Free energy audits are available if the annual household income is less than \$142,000.

Hours: Monday – Friday: 8:00 am - 4:00 pm.

How to Apply for Services: Contact the program for applications.

Greater Hudson Promise Neighborhood

431 East Allen Street, Hudson, NY 12534

(518) 828-8660, ext. 119

Website: www.ghpn.blogspot.com

Contact: Joan E. Hunt, Project Manager

Email: jhunt@cathcharch.org

Objectives: We will create sustainable school-community solutions for children and families with the Hudson City School District that value our diverse community and unify efforts to improve academic achievement; strengthen parental engagement; promote physical, emotional, and social well-being; develop leaders for 21st century careers; and establish safe, healthy environments.

Hours: Monday, Tuesday, Thursday, Friday: 8:30 am – 4:30 pm; Wednesday: 11:00 am – 7:00 pm.

Target Population: All children and families in the Hudson City School District.

How to Apply for Services: Please call or email to get involved.

Housing Resources of Columbia County

252 Columbia St. Hudson, NY 12534

(518) 822-0707, ext. 17

Fax: (518) 822-0367

Contact: Stephanie Lane, Executive Director

Email: slane@housingresources.org

Services provided: Affordable Rentals, Home Improvement Program, Home Buyer Education, Credit Counseling, Foreclosure Prevention Services, Down Payment Assistance Program.

Hours: Monday – Thursday: 8:00 am – 6:00 pm.

Target Population: All Served/Low-Moderate Income.

How to Apply for Services: Call for information.

Hudson Teen Theatre Project

325 Post Hill Road, Craryville, NY 12521

(917) 886-8156

Contact: Carol Rusoff, Founder/Director

Email: paprikash@earthlink.net

Objectives: Hudson Teen Theatre Project's mission is to provide a free total immersion program for local teens in the collaborative and creative process of making theatre.

Services Provided: The project is centered on theatre education and training in all its aspects.

Participants learn to value the collaborative process of making theatre in a safe and non-competitive atmosphere. HTTP's intensive ensemble structure encourages the understanding of mutual trust.

HTTP is a unique opportunity for teens to explore their potential and discover themselves as it strives to nurture the growth of life and art skills and stretch participants' abilities in a creative and invigorating environment. Four to eight week sessions are both process and goal oriented, offering a myriad of theatre experiences from improv to Shakespeare. HTTP celebrated its 10th anniversary in 2012.

Target Population: Local teens.

How to Apply for Services: Call Hudson Opera House (518) 822-1438.

Ichabod Crane Clergy Association

P.O. Box 127, Valatie, NY 12184

(518) 758-6526

Contact: Reverend James Slater

Email: jhsiii@fairpoint.net

Objectives: To coordinate ministries of the churches in the Ichabod Crane School District

Services Provided: Valatie Food Pantry; CROP walk; Community Ecumenical Emergency Fund; Clothing Barn; free winter dinners; ecumenical worship services; cancer support group.

Hours: 24/7

Target Population: People living in the Ichabod Crane School District.

How to Apply for Services: Contact local clergy.

Social Security

747 Warren Street, Hudson, NY 12534

(877) 828-1691

Fax: (518) 828-8976

Website: www.socialsecurity.gov

National Toll-free Number: 1-800-772-1213 (available 7 am -- 7 pm)

TTY: (800)325-0778 (available 7 am -- 7 pm)

Services Provided: Retirement, survivors benefits, disability insurance; Medicare.

Hours: Monday, Tuesday, Thursday & Friday: 9:00 am to 3:00 pm; Wednesday: 9:00 to 12 noon.

How to Apply for Services: Internet, phone/office appointment.

Twin County Recovery Services, Inc. – Columbia County

802 Columbia Street, Suite 2, Hudson, NY 12534

(518) 751-2083, ext. 320

Fax: (518) 751-2086

Contact: Beth Schuster, Executive Director

Email: beths@twincountyrecoveryservices.org

Objective: Serve Columbia and Greene County residents impacted by alcohol and/or substance abuse problems.

Services Provided: Out-patient clinics, community residences, community prevention, Drinking Driver Program.

Hours: Vary Depending on program. Out-patient: Monday – Friday, 8:00 am – 7:00 .m.

Target Population: Those with alcohol and substance abuse problems.

Eligibility criteria: Diagnostic.

How to Apply for Services: Call or stop in.

Valatie Ecumenical Food Pantry

First Presbyterian Church 3212 Church Street, Valatie

**Mailing Address: P.O. Box 267, Valatie, NY 12184
(518) 392-4627**

Contact: Donald Campbell, Chairman

Email: FoodPantry@kinderhookny.us

Objectives: To supplement the nutritional needs of the hungry in our part of Columbia County.

Services Provided: Provide food to last a family approximately five days each month as needed.

Hours: Mondays: 12:00 pm – 2:00 pm; 1st, 3rd and last Wednesday of the month: 6:00 – 8:00 pm; 2nd and 4th Saturday of the month: 9:00 – 11:00 am.

Target Population: Ichabod Crane School District Residents.

Eligibility Criteria: Must show proof of residency in ICS school district.

How to Apply for Services: Show up at pantry during hours of operation, or call (518) 392-4627.

Greene County

Catskill Mountain Housing Development Corp.

448 Main Street, Catskill, NY 12414

(518) 943-6700, ext. 11

Fax: (518) 943-0113

Website: www.cmhdc.org

Contact: Lawrence Krajeski, Executive Director

Email: larry@cmhdc.org

Objectives: Catskill Mountain Housing assists elderly, family and special needs households to purchase, build, rehabilitate or lease safe affordable housing on an equal opportunity basis.

Services Provided: CMHDC provides financial assistance for repairs to single family homes; purchase assistance for first time homebuyers; general housing counseling; affordable rental housing for seniors and disabled persons.

Hours: Monday — Friday: 9:00 am - 4:30 pm.

Target Population: Low and moderate income residents of Greene County.

How to Apply for Services: Applications can be obtained at our office or requested by mail or Email.

Community Action of Greene County, Inc.

7856 Route 9W, Catskill, NY 12414

(518) 943-9205, ext. 101

Fax: (518) 943-0343

Website: www.cagcny.org

Domestic Violence Hotline: (518) 943-9211

Contact: Florence Ohle, Executive Director

Email: fohle@cagcny.org

Objectives: Community Action is the designated anti-poverty agency for Greene County and provides services and programs to help low income and vulnerable individuals and families achieve self sufficiency

Services Provided: Columbia Greene Domestic Violence Program (both residential and non-residential services); Weatherization Assistance Program; Wheels for Work auto loans; GED Instruction; National Work Readiness Instruction; Healthy Homes case management; Pay it Forward Community Thrift Store; Family Development Credentialing, Emergency services which include homelessness prevention; food pantry, clothing and furniture; utility assistance; and seasonal programs such as Here Comes Christmas, Back to School, Coat and Blanket Drive & Volunteer Income Tax Assistance (VITA).

Hours: Office Hours: Monday – Friday: 8:30 am - 4:30 pm. Closed 12 – 1:00 pm for lunch.

Target Population: Low income, at risk.

Eligibility Criteria: Dependent on grant criteria.

How to Apply for Services: Walk in or call office.

See page 28 for Columbia-Greene Domestic Violence Program

Greene County Department of Human Services

(Serving Greene County Department for the Aging & Greene County Youth Bureau)

411 Main Street, Catskill NY 12414

(518) 719-3555 Fax: (518) 719-3798

Website: <http://greengovernment.com/> Under Departments, click Human Services

Contact: Terry McGee Ward, Executive Director

Email: aging@discovergreene.com

Objectives: Department for Aging: Our goal is to ensure a network of supportive services to assist the County's senior residents to maintain their dignity and independence within their communities.

Youth Bureau: We're responsible for helping coordinate youth services for children and young people in Greene County, birth to 21. Major responsibilities include advocacy and the funding of programs aimed at improving and enhancing the welfare of Greene County children and youth.

Services Provided: Aging: We provide such direct services as information and assistance, legal services, caregiver support, energy assistance, entitlement counseling, transportation and the operation of volunteer programs. Additional supportive services coordinated through the main office include transportation to medical appointments and the Long Term Ombudsman Program. Such long term care services as case management, homemaker/personal care services, home-delivered meals, respite services, senior companions and personal emergency response systems provide necessary support to frail home-bound older persons. Over 300 seniors per day enjoy a noon-time dinner at either a senior service center or through our home delivered meal program.

Youth: We run the Pre-PINS (Persons In Need of Supervision) program for Greene County. We provide technical assistance to municipalities, private agencies and groups in program development, evaluation, financial planning, program management and training.

Hours: Monday – Friday: 8:30 am – 5:00 pm.

Target Population: Aging: Age 60 & older; Youth: Birth - 21

Eligibility Criteria: Varies per service – Age is primary eligibility factor for both.

How to Apply for Services: Contact office directly.

Greene County Early Recognition and Screening Program

905 County Office Building, Cairo, NY 12413

(518) 622-9163, ext. 183

Fax: (518) 622-8592

Contact: Deborah Johnson, Early Recognition Specialist **Email:** djohnson@discovergreene.com

Objectives: To screen school aged children for social, emotional, and behavioral health, to help parents understand behaviors that make up social, emotional and behavioral health; To catch problems sooner rather than later in order to provide intervention and insure that all children function at their potential at every stage of their lives.

Services Provided: Free, voluntary and confidential screening of school aged children. Scores are sent directly to parent or caregiver.

Hours: Monday – Friday: 9:00 am – 5:00 pm.

Target Population: School-age children.

Eligibility Criteria: Age requirements and must live in Greene County.

How to Apply for Services: Response to written materials sent in the mail or contact Deb Johnson at djohnson@discovergreene.com or (518) 622-9163, ext. 183.

Greene County Family Planning

411 Main Street, Catskill, NY 12414

(518) 719-3580

Fax: (518) 719-3797

Website: www.greenecountyfamilyplanning.com

Contact: Laura Churchill, Program Administrator

Objectives: To reduce the incidence of unintended pregnancies; to promote healthy pregnancies; to reduce the prevalence of sexually transmitted diseases.

Services Provided: Complete physical exams; STI testing and treatment; HIV counseling and testing (rapid (finger prick), standard blood testing, confidential or anonymous); pap smears, breast exams; testicular exams; vaccines (GARDASIL, Hepatitis A and B); condoms (free at front desk); birth control; emergency contraception; preconception counseling; pregnancy test (options counseling); education; provider for cancer services program.

Hours: Monday, Tuesday, Thursday, Friday: 8:30 am – 4:30 pm; Wednesday: 8:30 am – 6:30 pm.

Target Population: Women; men; teens of child-bearing age.

Greene County Mental Health

905 County Office Building, Cairo NY 12413

(518) 622-9163

Fax: (518) 622-8592

Website: www.greenegovernment.com/mhene

Contacts: Maggie Graham, Director of Community Services; Jason Fredenberg, Clinical Director; Jim Falduti, Adult Team Supervisor; Doug Engel, Children's Team Supervisor.

Objectives: Greene County Mental Health Center is a licensed NYS Office of Mental Health outpatient mental health clinic treatment center. A full contingent of professionals including psychiatrists, psychologists, social workers, nurses, and nurse practitioners work together to provide a comprehensive system of care for the mental health needs of Greene County residents. The Greene County Mental Health Center treats adults, children and adolescents.

Services Provided: Individual and group therapy; Family treatment; School-based treatment services; Case management; Medication management; Consultation to the Greene County Department of Social Services and Child Protective and Adult Protective Services; Psychiatric consultation to primary care providers; Crisis evaluation; Forensic/family court evaluation; Consultation to adult homes.

Hours: Monday – Friday: 9:00 a.m. – 5:00 p.m.

Target Population: Greene County residents in need of Mental Health Services.

Eligibility Criteria (if any): Children under the age of 17 must be accompanied by an adult.

How to Apply for Services: Contact the Clinic at (518) 622-9163 to schedule an appointment.

Greene County Public Health

411 Main Street, Catskill, NY 12414

(518) 719-3600

Fax: (518) 719-3871

Website: www.greenegovernment.com

Contact: Marie Ostoyich, RN, MS, CDE, Director of Public Health

Email: publichealth@discovergreene.com

Objectives: Greene County Public Health is dedicated to providing sufficient resources to protect and improve the overall health and well-being of its residents. The six commitments are commitment to people, commitment to service, commitment to a healthy community, commitment to preservation, commitment to growth, and commitment to leadership. We are committed to opportunity, equality and the continual betterment of Greene County.

Services Provided: *Early Intervention Program* provides cost free screening evaluations and services for eligible children through age three who have developmental delays. *Children with Special Health Care Needs Program* provides free assistance for children through age 21 in finding medical and related community services (including insurance). *Physically Handicapped Children's Program* provides financial assistance for hearing and orthodontic services for children through age 21. *Preschool Special Education Program* provides educational services to children ages 3 to 5 who have a disability that affects their learning. The department is also involved with emergency preparedness, general health education, immunizations and clinics for adults & children, lead poisoning prevention and screening, Lyme disease education, and rabies clinics (vaccinations) for pets.

Hours: Most services are available Monday -- Friday between 9:00 am -- 5:00 pm. Evening immunization clinics are available the third Wednesday of the month from 4 -- 6:00 pm by appointment.

Target Population: Greene County residents.

Eligibility Criteria: Greene County resident, additional eligibility criteria is available by program.

How to Apply for Services: Contact Greene County Public Health: (518) 719-3600.

Greene County Rural Health Network

159 Jefferson Heights, Suite A112, Catskill, NY 12414

(518) 943-5072 **Fax:** (518) 943-5084

Website: www.greenehealthnetwork.com

Contact: Ron Rouse, Executive Director

Email: RRouse2272@aol.com

Objective: To improve the health status of Greene County residents.

Services Provided: Small business start-up grants to health care providers for innovative program ideas

Hours: 24/7.

Target Population: All Greene County residents.

How to Apply for Services: RHN typically approaches providers and works with them to craft a start-up program.

Jewett Food Pantry

513 Route 17, Jewett, NY 12444

(518) 734-4473

Contact: Jeanne Soule, Director

Objectives: To reach those living in the Mountain Top towns of Greene County who are in need of food with a monthly allotment of 3 meals per day, 6 days per person.

Services Provided: Free 'clothing closet'; when available -- furniture (couches, cribs, beds) and household appliances (stoves, refrigerators); as well as other household supplies such as toilet paper, diapers, and sanitary items.

Hours: 12 noon – 2:30 pm, Sundays.

Target Population: Those with a Social Services benefit card; or individuals/families that are 175% above poverty level.

How to Apply for Services: Come in on a Sunday.

Twin County Recovery Services, Inc. – Greene County

428 West Main Street, Catskill, NY 12414

(518) 943-2036

Fax: (518) 943-0513

Contact: Jane Doris, Clinical Director

Email: janedoris52@yahoo.com

Objectives: Alleviating effects of chemical dependency and abuse.

Services Provided: Evaluation; group and individual counseling; consultation; referral; school-based education.

Hours: Monday – Thursday: 8:00 am – 7:00 pm; Friday: 8:00 am – 5:00 pm; Saturday: 9:00 am – 12:00 pm.

Target Population: Greene County residents.

Eligibility Criteria: Diagnostic appropriateness.

How to Apply for Services: Call (518) 943-2036, ext. 10.

Regional

ACCES-VR

80 Wolf Road, Suite 200; Albany, NY 12205

(518) 485-7748

Fax: (518) 457-4562

Website: <http://www.acces.nysed.gov/vr//>

Contact: Bryan D. Baszczuk, Employment Specialist

Email: bbaszczu@mail.nysed.gov

Objectives: Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR) offers access to a full range of employment and independent living services that may be needed by persons with disabilities through their lives.

Services Provided: Through its administration of vocational rehabilitation and independent living programs, VR coordinates policy and services relating to: transition services for students with disabilities from school to adult services; vocational rehabilitation services for working age individuals with disabilities; independent living services for people with disabilities of all ages; and business services for hiring a qualified diverse workforce.

Hours: Monday – Friday: 8:00 am -- 5:00 pm.

Target population: Persons with disabilities who want to work.

Eligibility Criteria: ACCES-VR eligibility is based on a person meeting the following basic criteria:

Does the person have a disability? Does the disability have a significant impact on the person's employability? Can the person benefit from ACCES-VR services? Are ACCES-VR services necessary for the person to get and/or maintain employment?

How to Apply for Services: Individuals can apply for ACCES-VR services themselves, be referred by their physicians and/or treatment providers, or be referred by their schools if they are students. ACCES-VR offers orientation sessions where individuals can learn about the types of services available. Applications and related forms are available at the orientation sessions. To begin the application process: contact the Albany District Office ((518) 473-8097) for information and/or to register to attend a group orientation session.

Adult Learning Institute (ALI) at Columbia-Greene Community College

4400 Route 23; Hudson, NY 12534

(518) 828-4181, ext. 3431

Fax: (518) 828-8543

Website: www.sunycgcc.edu

Contact: Margaret Choinsky, Office Manager

Email: ali@sunycgcc.edu

Objectives: To provide an opportunity for educational, cultural, and social experiences for mature adults. ALI's goal is to encourage older people to continue to learn, to expand their horizons, to make new friends, and to experience the joy of lifelong learning.

Services Provided: Provide educational, cultural and social experiences for older adults.

Hours: Monday – Thursday: 9:00 am. – 1:00 pm.; morning and afternoon program hours vary.

Target Population: Seniors.

Eligibility Criteria: Membership organization; annual dues.

How to Apply for Services: Contact the ALI Office.

AIDS Council of Northeastern New York

927 Broadway; Albany, NY 12207

(518) 434-4686

Website: www.aidsCouncil.org

Contact: Michele McClave, Executive Director

Email: info@aidscouncil.org

Objectives: The AIDS Council of Northeastern New York is a not-for-profit human service agency whose mission is to reduce the risk, fear, and incidence of HIV infection, encourage the independence of people living with or affected by HIV/AIDS, and promote understanding of their needs.

Services Provided: Provides care management including assessment, coordination of care and facilitates access to services for HIV infected individuals; and offers support services including transportation, housing case management, nutrition, counseling and financial assistance services as well as social/recreational programming and support groups for persons living with HIV and AIDS.

-Provides a full range of HIV/STI/Hepatitis prevention interventions including community outreach, Peer training, education for at-risk youth, HIV, STI and Hepatitis C testing, substance use information and referral services and an HIV information hotline.

Hours: Monday-Friday: 9:00 am - 5:00 pm.

Target population: Individuals who are HIV+/AIDS or at risk for HIV.

Eligibility Criteria: Varies depending on program.

How to Apply for Services: Call (518) 434-4686 for more information.

Alzheimer's Association of Northeastern New York

4 Pine West Plaza, Suite 405; Albany NY 12205

(518)867-4999, ext. 203

Fax: (518) 867-4997

Website: www.alz.org/northeasternny

Contact: William Hinrichs, Director of Programs and Services

Email: whinrichs@alz.org

Objectives: Our Mission: To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Services Provided:

Helpline – Families are only a phone call away from getting information, education and support related to Alzheimer's disease, caregiving and community resources through our 24 hours/day, 7 days/week Helpline. To reach a Helpline Specialist, call (800) 272-3900.

Care Consultation – Personalized sessions for individuals and families with Alzheimer's Association staff to help them better understand the Alzheimer's disease process and develop an action plan for the future. To set up a care consultation, please call (518) 867-4999 or (800) 272-3900.

MedicAlert/Safe Return® – MedicAlert® + Alzheimer's Association Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's or a related dementia that wander or who have a medical emergency.

Support Groups – The NENY Alzheimer's Association offers more than 37 support groups throughout our region for people in the early stages of Alzheimer's disease as well as family members, friends and caregivers of those diagnosed with Alzheimer's disease and related dementias. Group members learn more about the disease, share experiences and strategies to face daily challenges, and provide support and encouragement.

Education Programs – Educational programs, professional trainings and caregiver conferences are offered throughout the year to provide knowledge and practical tips for understanding and caring for persons with Alzheimer's disease. Programs are listed in our newsletter and on our website, www.alz.org/northeasternny.

Hours: 24/7 call 1 (800) 272-3900.

Target Population(s): Individuals impacted by dementia and their families.

How to Apply for Services: No application process; simply call to access our free services.

American Cancer Society

1 Penny Lane, Latham, NY 12110

(518) 220-6901

Fax: (518) 783-2057

Website: www.cancer.org

Objectives: To assure newly diagnosed cancer patients that they are not alone in this journey.

Services Provided: *Road to Recovery* transportation to and from cancer treatment (dependent upon volunteer driver availability); *Look Good...Feel Better* program for women undergoing cancer treatment; *Reach to Recovery* for breast cancer survivors; free wig bank. Also provide basic cancer information as well as referrals to other community resources.

Hours: 24/7

Target population: Anyone diagnosed with cancer or anymore looking for cancer detection services or information.

How to Apply for Services: Call 1-800-227-2345 to initiate contact.

American Foundation for Suicide Prevention (AFSP)

P.O. Box 486; East Greenbush, NY 12061

(518) 791-1544

Website: www.afsp.org/capitalregionny

Contact: Laura Marx, Area Director for Capital Region

Email: lm Marx@afsp.org

Objectives: AFSP is a leading national non-profit exclusively dedicated to understand and preventing suicide through research, education and advocacy and to reaching out to people with mental illness and those impacted by suicide. We do this by: funding scientific research; providing educational programs for professionals, as well as the community; promoting policies and legislation that impact suicide and prevention; and, provide programs and resources for survivors or suicide loss.

Services Provided: Community education presentations, survivor outreach programs, educational films for high schools, college students and physicians, Interactive Screening Program, general resource information.

Hours: Monday -- Friday: 9:00 am – 5:00 pm.

Target Population(s): Open to anyone in the community.

How to Apply for Services: (518) 791-1544 or lm Marx@afsp.org.

Catholic Charities of Columbia and Greene Counties

431 East Allen Street, Hudson, NY 12534

(518) 828-8660, ext. 118 **Fax:** (518) 828-4016 **Website:** www.catholiccharitiescgc.org

Contact: Theresa Lux, Executive Director

Email: tlux@cathcharcgc.org or info@cathcharcgc.org

Objectives: Serves, Empowers, and Advocates for those in need regardless of race, creed or lifestyle.

Services Provided: Women, Infant, and Children (WIC); Kinship Caregiver; Nutrition Outreach Education Program (NOEP) to assist with SNAP (food stamp) enrollment; Supervised Visitation and Parent Mentoring; Parent Education in homes and in group classes; Substance Abuse Prevention Education; Food Pantry; Disaster Relief; and Emergency Assistance.

Hours: Monday, Tuesday, Thursday, and Friday: 8:30 am - 4:00 pm; Wednesday: 11:00 am – 7:00 pm; other hours vary by program.

Target Population(s): Poor and vulnerable children and families.

Eligibility Criteria: Varies by Program.

How to Apply for Services: Call or visit.

Center for Disability Services

314 South Manning Boulevard, Albany, NY 12208

(518) 437-5562

Fax: (518) 437-5551

Website: www.cfdsny.org

Contact: Christine B. Hoffay, Enrollment Specialist

Email: hoffay@cfdsny.org

Objectives: Our mission is to enable and empower people, primarily those with disabilities, to lead healthy and enriched lives.

Services Provided: Dental – specialty medical services and health care – primary health care – residential placement – various respite programs – service coordination – supported employment – day programs – outpatient therapy – mental health services - durable medical equipment – home modifications - (some programs have certain criteria that need to be met).

Hours: Vary.

Target Population: People with developmental disabilities.

Eligibility Criteria: Depends on program.

How to Apply for Services: Call Enrollment Department: (518) 437-5562.

Columbia Memorial Hospital

71 Prospect Avenue, Hudson, NY 12534

(518) 828-8013 (M-F)

Fax: (518) 828-8119

Website: www.columbiamemorial.com

Contact: Mary Daggett, Director Community Health Services Email: mdaggett@cmh-net.org

Services Provided Primary and Acute Healthcare Services

Hours: 24 hours/day, 7 days/week (518-828-7601)

Common Ground Dispute Resolution

11 William Street, Catskill, NY 12414

(518) 943-0523

Fax: (518) 943-4915

Website: www.commongroundinc.org

Contact: Dawn K. Wallant, Executive Director

Email: dwallant@commongroundinc.org

Objectives: To provide mediation and conflict resolution services to the residents of Greene and Columbia Counties.

Services Provided: Custody mediation, elder care mediation, civil and minor criminal dispute resolution, housing disputes, parent education, peer mediation and youth education.

Hours: Monday – Friday: 9:00 am – 5:00 pm.

Target Population: All.

How to Apply for Services: Call (518) 943-0523 or visit the website.

Columbia-Greene Domestic Violence Program (of Community Action of Greene County, Inc.)

53 South Jefferson Avenue, Catskill, NY 12414

(518) 943-9205, ext. 101 Fax: 518-943-0343

Contact: Barbara Palmateer, Director

Website: www.cagcny.org

Email: bpalmateer@cagcny.org

Objectives: Provide emergency shelter, advocacy and support services to victims of domestic violence and their children, as well as to educate and inform the community on issues surrounding the subject of domestic violence.

Services Provided: Emergency shelters in both Columbia and Greene Counties; a transitional apartment building; 24 hour hotline; non-residential services including: support counseling, aftercare, advocacy, referral and community education.

Hours: Office: 8:30 am to 4:30 pm; Hotline and shelters: 24/7.

Target Population: Victims of domestic violence and their families.

How to Apply for Services: Call the Hotline: 518-943-9211.

Cornell Cooperative Extension of Columbia & Greene Counties

479 Route 66, Hudson, NY 12534

(518) 828-3346

Fax: (518) 828-3069

6055 Route 23, Acra, NY 12405

(518) 922-9820

Fax: (518) 622-0115

Contact: Chuck Brooks, Executive Director

Email: cb657@cornell.edu

General email: columbiagreene@cornell.edu

Website: www.columbiagreene.org

Objective: The Cornell Cooperative Extension educational system enables people to improve their lives and communities through partnerships that put experience and research knowledge to work.

Services Provided: Educational information on energy conservation, youth development, parenting skills, gardening, wellness, and nutrition behaviors delivered through workshops, classes, webinars, newsletters, exhibits, and local media.

Hours: Monday – Friday: 8:30 am – 4:30 pm; closed for lunch between 12 and 1:00 pm.

Target Population: Columbia and Greene County residents.

Eat Smart New York (ESNY) Food Stamp Nutrition Education Program: Helps limited income individuals and families to acquire the knowledge, skills, attitudes and changed behavior necessary to improve their diets and make the best use of available food dollars. Free sessions will help individuals and families improve their diet within the limits of a food budget. Nutrition Program Educators work in small group setting providing free nutrition lessons.

Target Population: Food Stamp recipients or eligible limited-income individuals and families, including seniors, and pregnant and parenting teens.

Epilepsy Foundation of Northeastern New York

3 Washington Square, Albany, NY 12205

(518) 456-7501

Fax: (518) 452-1282

Website: www.epilepsyfoundation.org/efneny

Contact: Deborah Bain, Program Coordinator

Email: dbain@epilepsyneny.com

Objectives: The mission of the Epilepsy Foundation is to stop seizures and SUDEP, find a cure and overcome the challenges created by epilepsy through efforts including education, advocacy and

research to accelerate ideas into therapies. One of our primary goals is to provide accessible, current information about epilepsy/seizure disorders to individuals with epilepsy, parents, family members, and friends. We also provide information about epilepsy to professionals in the community through our inservice training programs.

Services Provided: Information and referral, service coordination; counseling, school and community education, advocacy, support groups.

Hours: Monday – Friday: 8:30 am – 4:00 pm.

Target Population: Individuals with epilepsy, their families, caregivers, and friends.

Eligibility Criteria: Diagnosis of epilepsy/seizure disorder.

How to Apply for Services: Call (518) 456-7501.

Family of Woodstock, Inc. Child Care Council

160 Fairview Avenue, Suite 207, Hudson, NY 12534

(518) 822-1944

Fax: (518) 822-8233

Website: www.familyofwoodstockinc.org

Contact Person: Cheryl Brush-Elsinger

Email: cbrush@familyofwoodstockinc.org

Objectives: To support the community by expanding and promoting high quality child care that meets the needs of children and their families.

Services Provided: Provide support to families and child care providers to protect the healthy development and well being of children

Hours: Monday—Friday: 8:00 am – 4:00 pm.

Target Population(s): Families and child care providers.

How to Apply for Services: Contact our office.

Fidelis Care

25 Market Street, Poughkeepsie, NY 12601

(845) 483-1292, Ext. 25111

Fax: (845) 483-1296

Website: www.fideliscare.org

Contact: Carl Garofolo, Jr. Outreach Specialist

Email: cgarofol@fideliscare.org

Contact: Mercedes Torres, Marketing Supervisor

Email: mtorres@fideliscare.org

Objectives: Facilitates enrollment into government sponsored health insurance programs.

Services Provided: Child Health Plus; Family Health Plus; Medicaid; Medicare, Medicare Dual Advantage, Managed Long Term Care (MLTC, i.e. Fidelis Care At Home)

Hours: Monday – Friday: 8:30 am – 5:00 pm & by appointment.

Target Population: Adults, children, seniors, and families.

How to Apply for Services: Call 1-888-343-3547.

Independent Living Center Hudson Valley, Inc.

802 Columbia Street, Hudson, NY 12534

(518) 828-4886

Fax: (518) 828-2592

Website: www.ilchv.org and www.ilusa.com

Contact: Jacqueline Bachman, Peer Advocate

Email: jbachman@ilchv.org

Objectives: Rooted in a philosophy of ILC, a leader in eliminating barriers, inspiring opportunities, promoting self-determination, economic freedom and full and equal participation by people with disabilities in all aspects of community living.

Services Provided: We are non-residential, consumer-controlled and community based, providing: advocacy; technical assistance; peer counseling; benefits advisement; employment support; housing information; student and family services; architectural barrier consultation; barrier removal; Work Incentives Planning and Assistance (WIPA); and deaf and hard of hearing specialized expertise.

Hours: Monday – Friday: 9:00 am – 5:00 pm.

Target Population: Serves people of any age with disabilities (toward self-reliance).

Eligibility Criteria: For all individuals with a disability and family members.

How to Apply for Services: Call ILCHV office for referral to advocates.

Interim HealthCare

1735 Central Avenue, Albany, NY 12205

(518) 610-8145

Website: www.interimhealthcr.com

Contact: Shelli Crogan, Director of Community Relations

Email: scrogan@interimhealthcare.com

Objectives: To help people remain safe and independent in their homes.

Services Provided: Companionship, personal care, medication management, light house-keeping, safety, doctor appointments, errands.

Hours: Monday – Friday: 8:00 am - 5:30 pm.

Target Population: General population.

How to Apply for Services: Call Interim HealthCare's Office.

Legal Aid Society of Northeastern New York

55 Colvin Avenue, Albany, NY 12206

(518) 462-6765

Fax: (518) 427-8352

Website: www.lasnny.org

Contact: Wendy Wahlberg (non-intake contact- Deputy Director)

Email: wwahlberg@lasnny.org

Objectives: The Legal Aid Society of Northeastern New York provides effective, free civil legal services and education to and advocacy for people with low income or other barriers to accessing the legal system. We secure basic needs, protect and preserve legal rights, provide equal access to justice and seek fairness and dignity for our clients. Our service area covers 16 counties in Northeastern New York including Columbia and Greene.

Services Provided: Our organization provides free legal services to low (and sometimes moderate) income clients in Columbia and Greene Counties in civil, not criminal legal matters. Our income restrictions vary so we encourage a call to our office to determine eligibility for our services which are always free. In Columbia and Greene Counties we can provide representation with Landlord Tenant, Foreclosure, Income Maintenance, SSI/DIB, Immigration, Children's Law, HIV/AIDS and Domestic Violence issues. We can also provide advice or brief service in other civil (non-criminal) matters.

Hours: Albany office is open 9:00 am. – 5:00 pm, Monday—Friday. Some intake is done on a first come first serve basis at 9:00 a.m. every day except Thursday. Intake for other projects is done on an ongoing basis throughout the business day. Initial intake is done by phone. Staff travels to meet clients in Columbia and Greene Counties on an as needed basis.

Target Population: Low income and very low income, although this varies and can include moderate income households.

Eligibility Criteria (if any): Must call in for intake - varies by grant.

How to Apply for Services: Call (518) 462-6765 or 1 (800) 462-2922 to do an intake, and for more information.

The Leukemia & Lymphoma Society

5 Computer Drive West, Suite 100, Albany, NY 12205

(518) 438-3583

Fax: (518) 438-6431

Website: www.lls.org

Contact: Michael Grignon, Patient Services Manager

Email: Michael.Grignon@LLS.org

Objectives: To cure leukemia, lymphoma, Hodgkin's Disease and multiple myeloma and improve the quality of life of patients and families.

Services Provided: Patient financial support, patient social support, educational materials/ programs and opportunities for advocacy engagement.

Hours: Monday — Friday: 8:30 am – 4:30 pm.

Target Population: Blood cancer patients/ family members, survivors and healthcare professionals.

Eligibility Criteria:

- For financial support—receiving active treatment for a blood cancer diagnosis.
- For social support programs—blood cancer patient/ survivor or family member.
- For educational materials/ programs and advocacy engagement—anyone.

How to Apply for Services: Contact Michael Grignon at (518) 438-3583 or Michael.Grignon@lls.org.

Literacy Connections North

Hudson Area Library

400 State Street, Hudson, NY 12534

(518) 697-8227

Website: www.literacyconnections.org

Contact: Marian Thompson, Project Manager or Terez Limer, Program Coordinator

Email: colgreene@literacyconnections.org

Objectives: To serve Columbia and Greene counties by providing trained volunteers to help adults improve their literacy and/or English speaking skills.

Services Provided: One-on-one tutors for basic readers and group tutoring for English language learners; provide volunteer readers to elementary schools; accept adult client referrals from human services agencies from both counties; provide NYS reading and speaking assessments to students to ascertain grade level and speaking ability.

Hours: Tuesday, Thursday, Friday: 10:00 am – 2:00 pm; Wednesday: 2:00 – 8:00 pm

English Classes: Hudson Area Library: Wednesdays 6:00 – 8:00 pm, Thursdays 10:00 am – noon;

Haines Falls Library: Mondays 5:30 – 7:30 pm; Valatie Community Center: Tuesdays 6:30 – 8:30 pm;

Catskill Library: Tuesdays 6:00 – 8:00 pm.

Target Population: Adults with low literacy skills and/or lack of English skills. Students must be adults, 16 years of age or out of school.

How to Apply for Services: Fill out an application by calling or visiting our Hudson library office. Students may drop in during office hours. No pre-registration is required for English classes.

National Grid

1125 Broadway, Albany, NY 12204

(518) 433-3840

Fax: (518) 433-3380

Website: www.nationalgrid.com

Contact: Barbara Michalski, Consumer Advocate **Email:** Barbara.michalski@nationalgrid.com

Objectives: To assist special needs and low-income and special needs customers by meeting their energy needs through early intervention, crisis bill paying management, and outreach and education.

Services Provided: Help connect you with agencies that provide services to our communities; services to homebound customers; presentations to consumer groups and agencies on financial assistance programs, energy-saving tips; and payment options.

Hours: Monday—Friday: 8:00 am – 4:30 pm.

Target population: Special needs; elderly; disabled.

How to Apply for Services: Call.

Northeast Career Planning

(Hudson Location) *This office serves both Columbia and Greene Counties*

Facility Address: 1 Vapor Trail, Hudson, NY 12534

Mailing Address: P. O. Box 1218, Hudson, New York 12534

(518) 312-4831, ext. 301

Fax: (518) 953-1449

Website: www.northeastcareer.org

Contact: Jennifer Searing-Burke, Program Coordinator

Email: jsearing@northeastcareer.org

Objectives: Northeast Career Planning is an organization designed to serve people with barriers to employment through the provision of various educational, training and support services and to

establish linkages with government services, employers, schools and other community based resources to assist individuals to realize their employment and/or self-sufficiency goals.

Services Provided: Various individualized educational and vocational programs. Services include: job readiness screening; vocational assessment; vocational counseling; career exploration; resume preparation; job readiness preparation; job seeking skills; job development and placement; job retention and support; referrals to additional service providers; transition coordination; consultation for youth to find employment and boost career development.

Hours: Monday – Friday: 8:30 am – 4:00 pm.

Target Population: Individuals with barriers to employment/disabled youth.

Eligibility Criteria: Referral from VESID/school districts; youth in transition; individuals with disabilities.

How to Apply for Services: Call for details.

Northeast Parent and Child Society

530 Franklin Street, Schenectady, NY 12305

(518) 346-1284, ext.7531

Fax: (518) 372-2869

Website: www.neparentchild.org

Contact: Kim Cummins, Deputy Chief of Services

Email: Kim.Cummins@neparentchild.org

Objectives: Our mission is to Protect Children, Preserve Families and Strengthen Communities. All Agency objectives tie to this mission.

With most community members anxious to help resolve the current crisis facing our most vulnerable children, Northeast is developing a variety of community partnerships throughout the region to facilitate success in creating a safety net for the children and families we exist to serve. The desired outcomes to be achieved by this process include:

- Strengthened community capacity to provide better care for their troubled children
- Increased prevention of family dissolution through stronger community support
- Marked reduction in out-of-home and out-of-community placements
- Expanded number of foster parents, adoptive parents, mentors, and child advocates
- Better informed citizenry regarding the needs and issues of vulnerable children
- Increased quality-of-life activities and opportunities available to foster children
- Improved accessibility to community resources for at-risk children and families

Services Provided: Northeast Parent & Child Society provides residential, special education, family foster care, children's mental health, family preservation, and career development programs to over 7,000 children and family members each year.

Hours: Standard business hours are Monday - Friday, 8:30 am – 5:00 pm. Residential Services and Foster Care Services are 24-hour programs. Many home and community-based programs have crisis on-call for nights/ weekends/holidays for client support.

Target Population: Children and families who have experienced abuse, neglect, maltreatment or trauma. Children in need of out-of-home therapeutic placements. Children in need of special education services. Adolescents and young adults seeking educational and career preparation opportunities. Other specific target populations are defined by each program's purpose.

Eligibility Criteria: Varies by program/ service area.

How to Apply for Services: Varies by program/ service area. Most services are accessed via referral by DSS/ OCFS or other service providers. Some services accept self-referral, as well.

Northeastern Association of the Blind (N.A.B.A.)

301 Washington Avenue, Albany, NY 12206

(518) 463-1211, ext. 234

Contact: Cheryl Lawyer, Outreach

Website: www.naba-vision.org

Email: clawyer@naba-vision.org

Objectives: NABA provides vision rehabilitation services to help all ages remain active, independent and “age successfully” as they experience vision loss. Programs and services include low vision exams, vision aids, vision rehabilitation therapy, vocational assistance, technology training, orientation & mobility and counseling. Services are free to the legally blind. Low vision education programs (“Understanding & Living with Vision Loss – What *YOU* can do!”) are available to groups, schools, professionals, senior centers and health care organizations.

Services Provided: Vision rehabilitation therapy; low vision services; low vision eye exams; education programs.

Hours: Monday—Friday: 8:00 am – 4:00 pm.

Target Population: All legally blind and vision impaired.

How to Apply for Services: Call.

Parent Network of the Capital Region (PNCr)

1190 Troy-Schenectady Road, Latham, NY 12110

(518) 640-3320

Fax: (518) 640-3401

Website: www.pncrny.org

Contact: Elizabeth De Libero, Coordinator

Email: info@pncrny.org

Objectives: We provide training and support to families who have children with disabilities. Our goal is to assist parents in understanding the special education system and how to best advocate for their children. We also work with families and schools to assist both in the development of positive, collaborative relationships.

Services Provided: Information and training on special education related issues for parents of students with disabilities; assistance with navigating special education process, individualized education programs and more; and one to one assistance on the phone or in person.

Hours: Monday — Friday: 8:30 am – 4:30 pm; weekends & evenings by request.

Target Population: Parents of students, ages 3-21, with disabilities.

How to Apply for Services: Call or email.

Parsons Child and Family Center

60 Academy Road, Albany, NY 12208

(518) 426-2768

Fax: (518) 431-1663

Website: www.parsonscenter.org

Contact: Sharon A. Mahota, Chief of Case Management Services **Email: mahotas@parsonscenter.org**

Objectives: To support children and families as they create their futures.

Services Provided: Parsons offers a continuum of mental health and child welfare services ranging from prevention intervention to residential placements.

Hours: Vary by program and service.

Target Population: At risk families and youth.

How to Apply for Services: County SPOA, local Department of Social Services, or call (518) 426-2600.

Questar III – BOCES

Facility Address: 131 Union Turnpike, Hudson, NY 12534

Mailing Address: 10 Empire State Blvd; Castleton, NY 12032

(518) 479-4953

Fax: (518) 477-9833

Website: www.questar.org

Contact: Dennis Di Donato, Director – Adult Education

Email: dennis.didonato@questar.org

Services Provided: ESOL (English for Speakers of Other Languages) and GED preparation services to individuals, as well as workforce training opportunities in manufacturing, welding, automotive, health care and food service; diagnostic reading and math testing.

Hours: Vary, some services available online.

Target Population: Unemployed or underemployed adults.

Eligibility Criteria: 21 years and older.

How to Apply for Services: Call 518-479-6839.

REACH Center/Mental Health Association of Columbia-Greene Counties

713 Union Street, Hudson, NY 12534

(518) 828-4619, ext. 203 and Toll Free: (888) 943-2472

Fax: (518) 828-1196

Website: www.mhacg.org

Contact: Julianne Baumann, LMSW, Program Director

Email: jbaumann@mhacg.org

Objectives: To eliminate interpersonal violence and promote, represent, and address the interests of survivors of such crimes in Columbia and Greene Counties and to serve these communities by advocating for the needs of victims of the violent crimes.

Services Provided: Crisis counseling; trauma therapy, outreach, educational programs, crime victim advocacy and accompaniments, professional trainings, community awareness events, victim compensation claim support. All services are free and confidential.

Hours: Monday – Friday: 8:30 am – 4:30 pm; 24 hour crisis hot-line (888)943-2472.

Target population: Innocent victims of crime/abuse and their families/loved ones.

How to Apply for Services: Call (518) 828-4619 or (518) 943-4482.

Ulster-Greene ARC

311 West Bridge Street, Catskill, NY 12414

(518) 943-9592 or 1-800-324-8272

Fax: (518) 943-7087

Website: www.ugarc.org

Contact: Elizabeth Rowntree, Regional Director

Email: info@ugarc.org

Objectives: Ulster-Greene ARC is a private not-for-profit agency founded in 1956 by families in Ulster and Greene Counties who insisted that their children with disabilities have the same opportunities as anyone else. Our mission is “to offer people with intellectual and other developmental disabilities opportunities to live and experience full lives”. We are guided by the core values of: Respect, Integrity, Compassion and Excellence; Ulster- Greene ARC believes each person is unique and provides individualized supports to all who are a part of our programs.

Services Provided: Autism Specific Services; Clinical Services; Education & Mentoring for Parents or Peers; Environmental Assessments & Modifications; Geriatric Specific Services; Guardianship & Trust Counseling; Housing & Residential Options; In-Home Supports & Training; Life Skills Assessments & Training; Pre-School & School Aged Services; Respite & Social Supports; Retirement Options & Planning; Self-Advocacy Awareness & Outreach; Service Guidance, Direction & Coordination; Technological Supports & Adapted Equipment; Transition from School to Adulthood; Vocational Training & Career Discovery Center.

Hours: Administrative office hours, Monday – Friday: 8:30 am – 5:00 pm.

Target Population(s): People with Intellectual and Developmental Disabilities including Autism.

Eligibility Criteria: Medicaid Waiver.

How to Apply for Services: Contact Ulster-Greene ARC’s Welcome Center at 1 (800) 324-8272 or email us at info@ugarc.org.

United States Department of Agriculture (USDA): Rural Development

225 Dolson Avenue, Suite 104, Middletown, NY 10940

(845) 343-1872, ext. 4

Fax: (845) 343-2630

Website: www.rurdev.usda.gov

Contact: George R. Popp, Area Specialist

Email: george.popp@ny.usda.gov

Objectives: To assist very low-income owner-occupants of single family dwellings with repairs, modernization, or modifications of their homes and to provide financing to low and very low-income persons who cannot obtain credit from other sources, to obtain adequate housing in rural areas.

Services Provided: Section 504 Loan & Grant Repair Program; Section 502 Loan Program (with subsidy for qualified applicants) to purchase a home.

Hours: Monday—Friday: 8:00 am – 4:30 pm.

Target Population: Very low and low-income people.

Eligibility Criteria: Must be income eligible and creditworthy.

How to Apply for Services: Contact Middletown, NY, Rural Development Office.
